Wednesday, October 1, 2008 | Issue number: 317 | www.mk-news.co.uk | 50p where sold

MKNEWS

Advertisement feature. Your MKNEWS is inside

The Milton Keynes Wedding Show

Friday October 3rd-Sunday October 5th at
Middleton Hall (next to John Lewis Store)
thecentre:mk Milton Keynes

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Saturday 12.00pm, 2.00pm, 4.00pm.
Sunday 12.00pm, 2.00pm, 4.00pm

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Friday October 3rd - Sunday October 5th at Middleton Hall

If you are lucky enough to be getting married in the next year or two, then this is a must show for you. Taking place in Middleton Hall, next to the John Lewis store, this is the region's largest Wedding Show, with possibly every supplier you need to help you plan your wedding. If you just want to browse and get advice, the very friendly exhibitors will be more than happy to help. As you may have discovered, it is a maze out there when you are hunting for everything from the perfect venue to that special dress...so much to do and organise! Well help is at hand at the show, with around 115 exhibitors. There are competitions to enter and admission is free too. The show runs from Friday until Sunday.

Many different venues at the show..... One major difference that singles out this show from many others is that there are lots of different venues exhibiting. This is the starting point of planning your wedding day, as without a venue booked, you cannot really plan much else. Take a look at the list of exhibitors on the back page of this supplement and you will get an idea of the vast choice available.

When are the Catwalk Shows?....

The catwalk shows displaying the dresses are always popular and a joy to watch. These are on Friday at12.45 lunchtime and 6.30pm (after work!), Saturday and Sunday at 12 midday, 2pm and 4pm. The Friday shows are different to the weekend shows.

Your carriage awaits

One of the unusual aspects of your day maybe a horse and carriage to arrive at the church you can see several of the carriages at the show, but not the horse!

Thanks to Zastron Photography for contributing to these photos

The Milton Keynes Wedding Show

Telephone 01908 305123
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A Day in a life of a
Bride
Images 1,2,3,4 & 5 thanks to Xpressions Studio
1
2
3
4
5
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Here is a list of exhibitors at the show...

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ACK Fountain Hire	01296 712288	www.ackfountainhire.com
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B&C Videos	01908 564477	www.bcvideos.co.uk
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Bannantynes Fitness Ltd	01908 668286	www.bannatyne.co.uk
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Best Western Buckingham Hotel	01280 822622	www.bw-buckinghamhotel.co.uk
Bless the Bride	01582 661409	www.blessthebridedunstable.co.uk
Bletchley Park/Zest Caterers	01908 272692	www.thezestgroup.com
Bloonies	01908 693321	www.bloonies.co.uk
Blue Mark Entertainment	01707 266937	www.bluemarkentertainment.co.uk
Bride & Joy	01908 377122	www.bride-and-joy.co.uk
Brides of Buckingham	01280 824631	www.bridesofbuckingham.co.uk
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Colin Aldous Photography	01525 370170	www.caphotos.co.uk
Colourblush Hair and Beauty	07985 989502	www.colourblush.co.uk
Covered Up Chair Covers	01908 631958	www.coveredup.org
Creations Flowers	01462 815995	www.creationsflowers.co.uk
Creative Cakes By Teresa	01908 561187	www.creative-cakes.co.uk
David Lester Photography	01525 384767	www.davidlesterphotography.co.uk
Days On Film	01296 640591	www.cpwedcam.co.uk
De-Vere Venues (Harben House)	01908 215600/2	www.deverevenues.co.uk
DNC Photography	01908 234138	www.dnc-photography.co.uk
Elenis Fashions	01582 507069	www.elenisfashions.co.uk
Enjoy Holidays	01908 288777	www.enjoyholidays.co.uk
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First Impresssions Hair & Beauty	07968 109222	www.hairmk.co.uk
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Hockleys	01604 881551	www.hockleyscakes.co.uk
Holiday Inn Newport Pagnell	01908 613688	www.courtyard.com/kyncy
Holiday Inn Central Milton Keynes	01908 698552	www.holidayinn.co.uk/miltonkeynes
Iced Delights Cakes	01525 716236	www.iceddelightscakes.co.uk
Isham Financial Centre	07734 772966/ 07940 509595	www.ishamfinancial.com
J'Adore Lingerie	01525 217882	website under construction
Jericco Designs (jewellery)	01442 865417	www.jericcodesigns.com
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Oxfordshire Registration Services	0845 129 5900	www.oxfordshire.gov.uk/weddings
Paul Marshall Photography	01908 526997	www.paulmarshallstudios.co.uk
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Premier Inns-Furzton	0870 9906396	www.premierinn.com
Pretty Perfect Make Up & Accessories	01908 614198	www.prettyperfect.net
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Say It With Cakes	01908 612514	www.sayitwithcakes.co.uk
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Style Events & Arrive In Style	01604 874612	www.arriveinstyleuk.co.uk
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Sweet Memories (Favours)	07934 325648/ 07934 325649	www.sweet-sweets.com
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The Bell Hotel	01296 714091	www.thebell-hotel.com
The Dressing Room	01604 622944	www.thedressingroomboutique.co.uk
The Dressmaker	01582 604464	www.dressmakerstudio.co.uk
The Fashion Sisters	01908 310843	romanyboy@btconnect.com
The Funky Cake Company	07756 549253	www.thefunkycakeco.co.uk
The Jazz Brothers	01442 822861	website under construction
The Suit Hire Shop	01525 384843	www.thesuithireshop.co.uk
The Wedding Planner	01462 452111	www.the-weddingplanner.com
The Wedding Workshop	01525 403233	www.weddingworkshop.co.uk
The Woburn Flower Shop	01525 290599	www.thewoburnflowershop.co.uk
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Titfers Hat Hire & Sales	01908 610687	www.titfers.com
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Villiers Hotel	01280 822444	www.villiershotels.com
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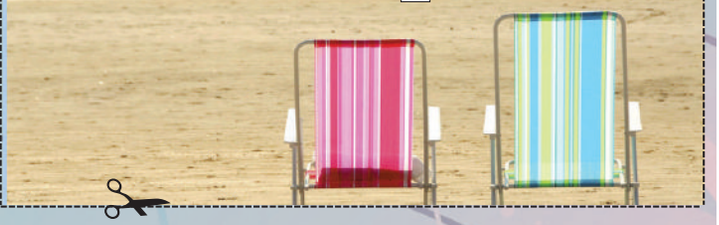

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Friday-Sunday, October 3rd -5th
Middleton Hall, next to John Lewis
thecentre:mk
Bridal catwalk shows on Friday 12.45 and 6.30pm, Saturday and Sunday, at 12midday, 2pm and 4pm.
(Friday shows different to Sat & Sun)
FREE ADMISSION

The Milton Keynes Wedding Show

Telephone 01908 305123
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MK NEWS

Wheels come off for pit-stop challengers

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Clip clop cops

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Probe into 'safety' at school for boys with problems

BY ROB GIBSON

rob.gibson@mk-news.co.uk

A SPECIAL school is under investigation and a member of staff has been suspended following serious allegations involving the health and safety of pupils.

Lessons were cancelled and The Gatehouse School in Stantonbury was closed on Monday last week while a council officer investigated the claims.

Letters have been sent out to parents informing them of the investigation and councillors from each political party have been briefed on the allegations.

A spokesman for Milton Keynes Council, which maintains the school, said: "We can confirm that one member of staff at Gatehouse School has been suspended pending the outcome of an inquiry into health and safety issues."

MK NEWS is unable to give any further details of the allegations for legal reasons.

The school, which opened in 1990, is a weekly boarding and day school for boys who experience emotional and behavioural difficulties and associated learning difficulties.

It currently caters for 58 boys aged between 12 and 16.

The council spokesman added: "Milton Keynes Council takes any potential breaches of Health and Safety regulations very seriously.

"We can confirm that there is no ongoing risk for the pupils.

"We are working closely with the school to minimise disruption to the pupils, families and staff."

MK NEWS contacted the school yesterday to speak to head teacher Suzanne Bell but she was unavailable for comment.

Acting head teacher Penny Rumble declined to comment.

A statement from the school on Milton Keynes Council website says: "We aim to provide a caring, positive, safe and stimulating environment which promotes the social, physical and moral development of the individual."

Why is this man jumping for joy? See story on page 5

INTERNET

For all your local news and sport seven days a week: **www.mk-news.co.uk**

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Stony man leapt to his death after killing his fiance

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

A MAN murdered his fiance before jumping to his death from the 16th floor of a skyscraper in Shanghai.

Derek Butler, 48, left a note to Chinese police saying he believed his wife-to-be was having an affair.

An inquest, held yesterday, heard that he stabbed her to death in the apartment they shared, before slitting his own throat and throwing himself out of the window on August 21, 2007.

Mr Butler, who worked in the motor industry, had lived in Shanghai for more than two years.

He was in a relationship with fiance Edith Hartig, a translator, for eight years after meeting her while he worked in Germany.

His two teenage daughters, who live with his ex-wife in Breton, Stony Stratford, visited him in China a week before he died.

He asked for their permission to marry Miss Hartig.

The couple sent an e-mail to friends saying they planned to make their engagement official on Miss Hartig's 40th birthday on August 24, when they would be in Tokyo.

They hoped to get married less than two months later in Las Vegas on October 1, 2007.

Derek Butler: Jumped to his death from a 16th-floor window

Days after his daughters returned home on August 14, Mr Butler's body was found and when Chinese police entered his apartment Miss Hartig's body was discovered.

Four notes by Mr Butler were left in the flat, including one to the police stating that he believed Miss Hartig was having a relationship with another man.

'We were to get engaged and married but I could not cope so I killed her,' he wrote.

He listed details of his fiance's parent's address in Warsaw, of his family and passwords for their computers.

His ex-wife, Susan Helm, said: "He was a very methodical sort of person, he would have liked to put the facts down without the emotion."

Mr Butler, who was born in Wolverhampton, was registered at his ex-wife's address in Stony Stratford so his body was returned to Milton Keynes Hospital.

A postmortem, carried out by consultant pathologist Dr Jalloh, revealed he died of multiple injuries including a skull fracture and brain damage.

He could only be identified through finger prints.

Coroner Rodney Corner concluded that Mr Butler had murdered Miss Hartig by stabbing her.

"As a result he was feeling remorse so he damaged his neck, probably with the same implement used to kill Edith, and jumped from the 16th floor of the apartment at such a height that he could not survive.

"He had clearly in his own mind come to the conclusion that his life could not go on and Edith's life could not be allowed to go on."

He said Mr Butler appeared to be in no doubt that his fiance was having an affair and this was the reason for his actions.

Mr Butler was working as a regional programme manager across Asia for TI Automotive, which supplies parts to the motor industry, at the time of his death and was studying for an executive Masters in Business Administration (MBA) in Shanghai.

Verdict: took his own life.

Internet 'auditions' for MK artists

PERFORMING artists are hoping to make it big with a little help from the web.

More than 70 artists have already signed up to the MK Performance Network.

Performers can create a profile on the website with everything about them including a biography, pictures, videos and music.

Venues and event organisers can then sign up and search for the kind of artist they need, do an 'instant audition' by looking at the performer's details and, if they are happy, agree a booking.

Director of the network, Andrew Hall, is calling for all kinds of performers to get involved including buskers, comedians, jugglers, stilt walkers, bands, dancers, fire-eaters, choirs and brass bands.

He said he and wife Shahnaz Hussain-Hall decided to set up the scheme, which is part of the national UK Performance Network, as Milton Keynes was in dire need of a platform to showcase artists who wanted to perform in the area.

"Artists were frustrated as they did not have access to venues and venues struggled to find artists," he said.

The scheme is being officially launched tomorrow with a VIP champagne reception at the Ramada Encore Hotel in thehub:mk.

"There are already 70 artists on the website and venues that have signed up include thecentre:mk, Midsummer Place, thehub:mk and the Ramada Encore hotel," he said.

B-Kay and Kazz on stage at thehub:MK on Friday – they are one of the 70 artists on the Performance Website

The website will also feature special monthly profiles on particular artists and venues and album promotions.

Plus Mr Hall, who also provides help and support for local artists through Kik Music, is working to set up performance zones around the shopping centres to give buskers and street performers space to entertain.

■ To get involved visit www.mkperformancenetwork.com, or for more information contact Debra Murray on debbie@mkperformancenetwork.com.

Under the clock: Members of thecentre:mk team

At the hub of race car wheel-change challenge

A QUICK lunch took on a whole new meaning at thehub:mk last week when workers tried to beat the clock in a pitstop challenge.

Formula One team AT&T Williams brought a replica car to Milton Keynes for teams of 8-12 people to change all four wheels in under five seconds.

To emulate the pressurised work the pit crew do on race days all teams were given instructions and practice sessions before competing in the adrenaline-fuelled challenge. Air guns were at the ready with the knowledge that the winning team would receive a baseball cap signed by AT&T Williams drivers Nico Rosberg and Kazuki Nakagima and a team photo as a memento of the day.

Children under 10 involved in drugs and sex crimes

BY JESSICA CUNNIFFE
jessica.cunniffe@mk-news.co.uk

CHILDREN aged ten and under were reported for cannabis possession, actual bodily harm, possessing a weapon with intent, harassment and sexual assault in Milton Keynes last year.

In an investigation by MK NEWS, raw police data of child suspects and alleged offenders reveals that in 2007/8, seven children aged ten or under were reported to be in possession of cannabis.

Nine children in this age group were suspected of committing 'assault occasioning actual bodily harm'.

There was even one report of a child aged ten or under assaulting a police officer.

In law under-tens cannot be charged with an offence and so by definition cannot commit a crime.

But figures from Milton Keynes Basic Command Unit give an insight into the sorts of crimes very young children are being suspected of in the city – such as two children aged ten or under being thought to possess weapons with intent.

Two in this age group were reported for sexual assault and four were suspected of burgling homes in 2007/8. Several were suspected of criminal damage and one of arson.

In the same year, 48 children aged 11-14 were allegedly found in possession of cannabis and 11 thought to intend to supply drugs.

> One youngster was reported for assault on a police officer

One person in this age group was even reported for dangerous driving and seven for 'aggravated vehicle taking'.

Five children aged between 11 and 14 were suspected of grievous bodily harm and one GBH with intent, while ten were reported to possess weapons with intent.

Two children in this age group were suspects of racially aggravated actual bodily harm.

Three reportedly raped a female over 16, and one a female under 16.

And 29 were thought to have stolen or taken a motor vehicle.

Reported incidents involving children aged 10 or under has halved in the past four years - falling from 164 in 2004/5 to 69 in 2007/8.

But the number of offences reportedly committed by children aged between 15-18 has fluctuated, from 2,828 in 2004/5 to 2,783, 2,983 and 2,696 in the proceeding years.

Chief Inspector Andy Standen said: "I don't think youth crime is any worse than it's ever been."

He added: "Our approach is about intervention before people get into the life of crime. Our re-offending rates are very good."

For 12 years Thames Valley Police have used restorative justice, bringing child offenders, even those under ten, to meet their victims.

Lee Westlake, manager of the Milton Keynes Youth Offending Team (YOT), said that youth crime is actually decreasing, including instances of drug use.

He said: "What we find is if young people are reportedly using substances it would be cannabis or alcohol. That doesn't represent a significant problem with drugs. What we do know very clearly is use of Class A drugs is minimal."

In fact, the YOT makes a particular effort to work with children aged eight to 13 in its 'platform 8-13' programme.

Richard Garside, director of the Centre for Crime and Justice, whose report this year said the government had not gone far enough to tackle youth crime, said that the majority of youth crime is not even picked up by police.

He added: "This data is an insight into certain police activities involving young people. It tells you something about the kinds of suspected offences involving young people in your area in a given period."

COUNCIL WARY OF BAILING OUT THREATENED POST OFFICES
SEE PAGE 6

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MK NEWS is proud to be the truly local newspaper for Milton Keynes and the surrounding areas. We provide the most widely read local newspaper for our readers and advertisers and are constantly looking at new ways to improve our service. If you have feedback for us, please contact anyone listed below

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MKNEWS

ABC

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Railway station copies – MK NEWS also hands out 2,000 copies per week to commuters at MK railway station on a Wednesday morning.

MK LETTERS

Letters to The Editor, MK NEWS, 1 Diamond Court, Fox Milne, Milton Keynes MK15 0DU | letters@mk-news.co.uk

Lights at the end of tunnel vision

SIR – When I think about the proposed (and largely approved) plans for expansion in Milton Keynes I don't know whether to laugh or cry.

It seems to me that those responsible are hopelessly naive or are on a crusade to outdo other cities with the amount of chaos they can create.

In recent times, I have had the dubious pleasure of having traffic lights installed in two locations within a few hundred yards of where I live (A5/Portway and Watling Street/Shenley Church End).

More often than not, a large number of these lights are faulty, sometimes missing one lamp on a light, sometimes all three. These faults persist for weeks on end, causing confusion and posing a potentially serious†traffic hazard. If the council can't maintain the lights we already have at a safe level, I dread to think what will happen when Watling Street is littered with them.

Also, with regard to abandoning the grid system, this is exactly the right thing to do to ruin things for car drivers who will lose the current advantage of having numerous options to get from A to B, for pedestrians, who will no longer be at a safe distance from heavy traffic and for public transport, which will have to cope with congested and inadequate thoroughfares.

The grid roads and redways are the most sensible option for private and public transport as well as pedestrians.

Cars can reach anywhere in the city quickly and easily and, with their central reservations, grid roads provide ideal corridors for innovative and efficient schemes such as a monorail system,as was highlighted in another letter last week (and as was included in the original plan for MK). Such a rail system would put efficient public transport within easy reach of most homes in Milton Keynes.

Obviously, someone has failed to mentioned to MK Partnership's chief executive, John Lewis, that MK is based on a one km grid which already puts everyone within 500 metres of an ideal transport route making his argument for city roads redundant.

Adrian Thomas
Loughton

■ SIR – John Napleton makes a valuable contribution to the debate on the future development Milton Keynes – we ignore his views at our peril.

Grid roads work and, with proper planning, will continue to work in the future.

The dispersal of employment, retail and other non-residential facilities across Milton Keynes makes a traditional city 'suburb to centre' model of public transport more difficult in Milton Keynes.

At any time of the day from any housing estate, people will want to travel to many different destinations within and outside of Milton Keynes.

Certainly we need good public transport provision for residents who are not able to drive, or for routes where there is a sufficient density of passengers to make it viable, but it would be utter folly to not to increase the capacity of the grid road system as housing expands.

At peak times, some grid roads are already at capacity and it is difficult for some residents to leave residential grid squares.

Without dualling some existing grid roads or failing to build new ones, for example by extending the V3 north of Grange Farm, the problem will get worse and Milton Keynes will lose one of its success stories.

Environmental reasons are often cited by those who want 'city streets' but I would argue that they ignore long-term developments.

Car technology is developing at such a pace that it will not be too long before it becomes the norm for family-sized cars to be wholly electric, hydrogen powered or be low CO2 emission hybrids.

Most major car manufacturers have such development plans for the next ten to fifteen years. It is not being environmentally unfriendly to argue for more grid road capacity.

Indeed, in the short term, it could be said that it is more damaging to the environment not to build more roads as increased congestion will increase emissions from stationary traffic.

Much of the existing success of Milton Keynes lies with the long-term vision of the original planners. We need more of the same foresight now.

Iain Stewart
Conservative Parliamentary Candidate for Milton Keynes South

■ SIR – Mike O'sullivan hasn't got a clue about transport, sustainable or otherwise.

By retaining the grid road system there is a ready-made set of transport corridors available for whatever mode replaces the car.

If the WEA goes ahead without grid roads the cost of providing it with sustainable transport in the future will be astronomical.

Buses are not an answer, they are merely a poor quality car.

Peter
Sent by e-mail

■ SIR – I have lived in this city over 20 years and whenever I have gone away to other towns in this country am always glad to return to Milton Keynes it is so easy to get from one side of the city to the other in such a short time.

There is not another place where you can do this, thanks to the early planners and the GRID ROADS.

I think the present planners have lost their way and will do serious damage if they carry on the way they are going.

I hope someone sees sense and sticks to the original plans made when this city was developed.

As for the bus services I cannot believe by changing the grid roads will make any difference to the bus services as they will still be hopless.

R Timlin
Sent by e-mail

Grid roads already allow for easy access to buses

SIR – I must comment on some points in your very full article last week on grid roads.

John Napleton is correct in believing that the intention is to make V4 a city street.

In 2004 our parish council was told that V4 was planned to become a city street.

When we objected and said that we could not agree to putting lives of pedestrians in danger and increasing the pollution from slow moving cars, they dropped the name but retained all the traffic lights and buildings close to the road edge.

Mike O'Sullivan stated 'we are going to be depending less on cars'. Cars are not the problem; carbon emissions are. There have been developments in electric cars. They can now achieve 60mph with a range of 40 miles, and all for only £14,000.

Renault is currently trialing electric cars in Israel.

Seventyone per cent of car drivers, in a recent survey, have already considered buying an electric car. The grid roads are needed to maximise the range for one battery charge.

John Lewis said something that needs clarification. He stated, in relation to the expansion areas, that 'city streets' will ensure that no home is more than 500m from bus routes.

He really should know better.

The original planners for MK designed grid squares as one km long, and placed bus stops half way along them. This ensured that no house was more than 500m from any bus stop and the buses could give a fast, predictable service using the grid roads; but John Napleton could have told him that.

John Hawthorn C Eng
Chairman, Bradwell Abbey Parish Council

Memorial no eyesore

SIR – With reference to Colin's e-mail, MK NEWS 17/09/08, I would suggest that the writer should have more consideration when a life has been taken in such tragic circumstances.

Everybody has their own way in dealing with death and if the family of Ricky wish to remember him in this way, then they should be allowed to go about it in the way they feel best.

The memorial is not an eyesore and is placed far enough away from the V3 so as to cause the minimal distraction.

As a Blackmoor Gate resident, it is a reminder to us all how life can change in an instant.

Martyn
Sent by e-mail

■ SIR – I have been following with growing interest over the past several weeks the issue of roadside memorials that seem to be appearing more and more frequently on our verges.

My brother was killed nine years ago in a motorbike accident that was the fault of a careless driver.

Every year, on September 17, the day of Danny's death, we go to the spot where his motorbike hit a telegraph pole and tie flowers and sometimes a card to it. We might stay and chat for a few minutes about how time flies then we make our way home again.

When the flowers have died my dad will go back and remove them and take any cards down.

During the rest of the year we go to his grave. There is no need (for us at least) to have a permanent memorial at the roadside for all to see.

Whether or not you feel they are appropriate or not, everybody looks at them and during that few seconds that your attention is diverted,your eyes are off the road.

That is all it took for my brother to be killed. The driver of the car was not paying full attention to his driving.

For safety's sake if nothing else, restrict the roadside memorials to a week or so then take them away.

Rae Hickey
Sent by e-mail

■ SIR – Kevin Joyce was one hell of a guy, a true friend.

Kevin's passing has inspired so many people to achieve better and that says it all about this man.

Even in his death he is an inspiration and what his family are doing is fantastic.

Kevin' memory will help alot of people for years to come.

Robert Ward
Sent by e-mail

School run rage

SIR – The traffic disturbance on Newton Road in Bletchley, caused by parents on the school run to Thomas Aquinans in the mornings, has reached new heights.

Not only are vehicles parked on the grass verges, some even mount the pavement and proceed to drive along it and, to add insult to injury, someone had the audacity to park their car in my neighbour's empty driveway, walk their children to the school and then hold a lengthy conversation with another by their irresponsibly parked car.

Granted, the school's situation does make parking a nightmare but please show respect for the residents who live in this area.

Most of you do not.

Sent by e-mail
Name and address withheld on request

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Letters must arrive by noon on Monday. Full name and address must be supplied. Details will be withheld in only exceptional circumstances. Letters should be kept short and to the point and may be edited.

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Car enthusiast died on way home from Ultimate BMW show

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

A MAN died after his convertible crashed into a roundabout driving from a show for BMW enthusiasts

Rui Manuel Cerqueira Ribeiro, 42, from Hertfordshire, had the soft-top down on his convertible BMW enjoying the sunshine last weekend when his car was involved in a collision in Newport Pagnell.

An inquest, opened last Wednesday, heard he was travelling from Olney towards Newport Pagnell when his car collided with the roundabout near to the Land Rover garage on the A422, London Road just before 3pm on Sunday, September 21.

The car overturned, hit a silver Peugeot 206 in the opposite carriageway and came to rest on its roof. He was pronounced dead at the scene by an ambulance doctor at 3.40pm.

His 19-year-old male passenger was airlifted to Coventry Hospital, where he remains in a critical but stable condition.

Mr Ribeiro was born in Portugal and lived with his wife Beverley in Biggs Grove Road, Cheshunt in Waltham Cross. He was director of a Portuguese tour company, in charge of its UK branch, and was travelling from Santa Pod race track in Northants, where he had attended The Ultimate BMW Show.

His friends were travelling in a car behind. The occupants of the Peugeot were not injured.

The inquest was adjourned until April to await the results of a post-mortem.

A statement from his family said: "Rui Ribeiro, husband of Beverley and father of Tiago and Jessica, was a strong and caring family man who came to England from Portugal to pursue happiness with Beverley. On arrival he could speak very little English but was a quick learner. He will be deeply missed by his family and many friends. In his short life he touched many people and will certainly never be forgotten.

"He was looked up to by many and was a role model for all especially his son and daughter."

Rui Manuel Cerqueira Ribeiro: The Portuguese-born BMW enthusiast had been to a Santa Pod show when he died at a traffic island near Newport Pagnell

Race abuse centres now handling all 'hate crime'

SPECIAL 'hate crime centres' have been set up dealing with all forms of discrimination in the city.

Currently there are 38 reporting centres where people can log incidents of racial abuse.

Set up ten years ago by MK Equality Council and the Community Safety Partnership the centres are based at housing offces, parish councils and youth centres.

But now the Anti Racial Harrassment Group has evolved into the Anti Hate Crime Group. This will mean people can report homophobic, gender, disability or faith-related incidents of a physical or verbal nature too.

Hannah O'Neil, from the Milton Keynes Equality Council, said: "Sometimes people don't even realise they've been a victim. They will be in the housing office saying my neighbour is calling me this. We use them really to pick up issues.

"People think I don't want to go to the police for whatever reason, but they can go to a reporting centre. We've got two case workers working on neighbourhood issues so we tend to use mediation to try and resolve problems."

Home Office figures suggest that the majority of all hate crime incidents happen near the victims' home and that most criminals live in the same neighbourhood as their victims.

Staff at the centres will start their training which will encompass hate crime in January.

Navrita Atwal, director of the Equality Council, said that racist crime in Milton Keynes has decreased by 17.6 per cent in just one year.

"Say if you are a black male or an Asian female and you might to report something on the grounds of age, they didn't really know where to go. But now the centres will be a one-stop shop for everything. So if you're black, you're gay, your disabled and been a victim of abuse you've got somewhere to go."

James has the key to the door

JAMES Hansford, left, has the keys to the door and doesn't even need to pay for them.

The 31-year-old has won a fully furnished two bedroom apartment at Wolverton Park, to live in for a year, totally rent free.

The competition was being offered by Places for People, Knight Frank, MK NEWS and Horizon Radio.

Once home to the Royal Train, and steeped in railway history, Wolverton Park is a stylish and contemporary new development of 1, 2 & 3 bedroom apartments, maisonette and townhouses.

Mr Hansford, who currently lives with his parents in Haversham, is looking forward to entertaining friends with dinner parties at his stylish new dining table.

"I think it is a great, I am ecstatic," he said.

"The furnishing looks really nice and it will mean lots more freedom for me."

"I have never won anything like this before, I came close to winning a £30,000 truck as a truck fest once but that is all."

It is also not far away from his work at TNT express delivery service's depot in Northfield.

"I am really looking forward to moving in, it looks like a nice place to have," he added.

MK DONS PLAYERS IN THE FAST LANE
SEE PAGE 13

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Council PO bail-out only 'delaying the inevitable'

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

MK Council has given city postmasters more time to find ways to keep branches open.

Councillors were warned in a cabinet meeting last Tuesday that any intervention to save branches will be expensive to taxpayers.

The council's efforts may also provide only a 'stay of execution' to delay the 'inevitable'.

Cabinet member Cllr Vanessa McPake said the council is faced with a 'very, very difficult head-versus-heart decision'.

"Of course we care about the service but we must be financially realistic in these matters," she said.

She explained that in order to keep any of the branches open the council must pay a service charge to the Post Office which amounts to more than the company currently pays to run them.

So the taxpayer will have to pay for the service both through national funding given to Post Office Ltd and the local council.

A £30,000 study that investigated options to continue post office services at four of the branches estimated that an initial fund of £60,000 would be needed to set up any scheme, with continuing running costs met from the council's budget.

Plus, the local authority is only allowed to help support the branches for three years.

Mobility scooter users, councillors and MP Mark Lancaster set off from Fishermead Post Office to protest over its possible closure

Cllr McPake added: "With great sadness I am suggesting that we do not put money in to develop a business case or to keep the branches open for three years, as it will only be delaying the inevitable and wasting taxpayers' money."

"We should never have been in this situation but we are."

She recommended that a fund be put aside for parish councils to help local people cope with the changes, such as by running training courses on using commercial banks for the elderly.

Cllr Norman Miles, Labour leader, called for the council to pay up and support branches for three years to give them a chance to either wind down or become self-sufficient.

The cabinet decided to defer its decision until the end of October to give postmasters, parish councils and communities more time to investigate other forms of funding or income to help their local branches become sustainable.

The council's intervention is the last chance for Little Brickhill and Weston Underwood post offices, which are among four that are set to be axed after a Post Office announcement last week.

Fenny Post Office in Aylesbury Street and Water Eaton branches will definitely close, as the Post Office believes the offices would 'pull an unacceptably high amount of business from other branches in the area'.

The future remains uncertain for offices in Conniburrow and Fishermead due to worries that their closure would overload Crown Walk in Central Milton Keynes.

The issue is being reviewed by Postwatch, the consumer body representing Post Office customers.

Sex remarks led to physio being struck off register

A PHYSIOTHERAPIST has been struck off after a panel decided that his treatment of a woman with back injuries was sexually motivated.

John Perrott, 55, of Blackmoor Gate, Furzton, appeared before the Health Professions Council (HPC), accused of touching the patient inappropriately and making inappropriate comments.

The 26-year-old patient was required to undress on three occasions after she went to him with a whiplash injury. As her wedding was six days off, Mr Perrott offered to conduct an internal examination to help childbirth, suggesting she may have a twisted pelvis.

A panel of the HPC Conduct and Competence Committee heard that Mr Perrott made several remarks of a sexual nature. He did not obtain written consent before undertaking an internal examination and had failed to explain the clinical justification for the procedure to the patient.

Mr Perrott attended a three-day hearing in London and has been struck off the HPC Register.

Panel chairman Collin Allies said Mr Perrott had failed to make any note or proper record of the patient's treatment because of the inappropriateness of the circumstances in which he had carried out an internal examination.and that what had occurred reflected a sexual or indecent motivation.

Mr Perrott, who can still work as an osteopath, said: "I made some light-hearted comments I should not have made. I hold my hands up and say I'm sorry."

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Football stars tell kids how to defeat racism

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

'SHOW racism the red card' was the message at stadiummk yesterday.

MK Dons played host to nearly 500 schoolchildren to ensure everyone can work and live in an environment free of racism and discrimination.

Children from 14 schools across Milton Keynes attended the event where a panel, which included ex-Fulham and West Ham striker Leyroy Resenior and former Crystal Palace defender Dean Gordon, spoke about their experiences.

A short DVD which featured Samuel Eto'o, Thierry Henry, Ryan Giggs and Dean Ashton was played before five Dons players took part in a question and answers session.

Carl Regan, Alan Navarro, Mark Wright, Sam Baldock and fitness coach Ade Mafe all discussed how to deal with racism and how to turn their backs on racists.

Baldock told them to 'rise above it and not retaliate' while Wright said he was 'lucky not to have been racially abused, although a few fans have shouted at me'.

The last word was left to Dons chairman Pete Winkelman who reiterated the message of the afternoon.

"What we've learnt today is that racism hurts people, it's nasty, it's unnecessary.

"Coming to a session like this you realise that the names you call people, the things you say are wrong. You don't need to do that, we can make a better time for people.

"We've got some fantastic players some who are white, some who are black, different religions, but they all work together to continue to be the team that we all watch at weekends. It's about learning and working together to make life better for people.

"I'm proud of people in Milton Keynes because we're going to make a difference."

Right: Dons players Carl Regan and Alan Navarro view a video during the Show Racism The Red Card event

Uni gifts Bletchley museum £5k

THE National Museum of Computing has been boosted by a £5,000 donation from a leading university.

The museum, at Bletchley Park, has already received support from IBM and PGP Corporation, which launched an initiative last month calling upon the technical community across the globe to support its development.

This week the School of Computer Science at the University of Hertfordshire pledged its support.

Professor Jill Hewitt, Head of the University's School of Computer Science, said: "Code-breaking activities at Bletchley during the war are an important part of international history. Today the National Museum of Computing based there is a fantastic educational resource enabling students to gain a unique perspective on the remarkable pace of computing advances.

"We believe that investment in this unique resource will be of enormous benefit to students and staff in our own institution, to the commercial and cultural development of our local region and to society as a whole in helping to understand the remarkable and increasing role of computing in our everyday lives."

Kevin Murrell, a trustee of The National Museum of Computing, said: "We want to encourage more students in the UK to study computer science, and to work in partnership with universities to raise the profile of computing through a range of projects.

"The growing support of the technical community locally and across the globe is immensely gratifying."

Opened in August 2008, the museum is home to Colossus, the world's first programmable electronic computer.

■ For more information or to make a donation visit www.pgp.com/stationx

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Fly-tipping ✔ Fly-posting ✔ Graffiti ✔ Street litter ✘

MILTON Keynes Council is being recognised as one of the best in the country at cleaning-up and taking action over the urban blights of fly-tipping, fly-posting and graffiti.

The council's record has been praised as 'good' in the final part of an in-depth two year survey into cleanliness across England run by Keep Britain Tidy for the Department for Environment, Food and Rural Affairs.

The extended Local Environment Quality Survey of England (LEQSE) tells each council how they are dealing with litter, fly-tipping, fly-posting and graffiti.

But the survey found that, like all councils, more work needs to be done to further improve the problem of street litter.

Milton Keynes was overall rated 'good' in the survey, and 'satisfactory' for street cleaning – more than 180 councils were unsatisfactory.

Andy Hudson, chief waste management engineer, said: "I am delighted that our campaign to deal with problems associated with graffiti, fly posting and fly tipping has been recognised nationally.

"Street litter continues to be a problem and a minority continue to spoil the environment for the vast majority of people.

"We will be working even harder to improve street cleanliness and we need residents to tell us when they see litter problems."

■ The Government made dropping litter an offence in 1990 and the Clean Neighbourhoods and Environment Act 2005 clarified that dropping litter anywhere in the open air (including on private land and waterways) is littering.

This act also dealt with making the dropping of cigarette-related litter and chewing gum an offence.

MK Chamber shows the way on green laws

WITH the credit crunch biting, fuel charges getting ever higher and ways in which to reduce your carbon footprint at the forefront of most news reports, the Milton Keynes and North Bucks Chamber of Commerce is holding an exhibition to encourage and help businesses to get to grips with their own environmental responsibilities.

The Environmental Exhibition is being held at Jury's Inn, Central Milton Keynes on Thursday, November 13 is aiming to raise the business community's awareness of the implications of new legislation, with advice on ways in which they can comply, and more importantly ways to help them to save money.

The exhibition will give companies the opportunity to promote products or services within the environmental sector that help reduce costs or simply reduce the impact businesses can have on the environment. If you are interested in taking a trade stand, please contact the Chamber on 01908 259005.

Admission to the exhibition will be free and not only will there be loads of information available on the trade stands, the event will be opened by a Ministerial address and speakers will be talking throughout the day giving specific information on environmental issues.

Speakers already confirmed include Trafficmaster who will be talking about 'Green Efficiencies for Fleet and Business' and ACS Office Solutions who will discuss the benefits of 'Virtualisation' and the 'WEE directive for IT disposal'.

■ For more information on the Chamber of Commerce Environmental Exhibition visit www.mk-chamber.co.uk or call 01908 259005.

LORD GREY PUPILS GET TO GRIPS WITH THE MUSIC INDUSTRY

Business studies students at Lord Grey School in Bletchley are being introduced to the music industry as part of a pilot being launched by the Young Enterprise Scheme. Year 9 students will be able to get involved with all aspects of the industry, from artist management, A&R, promotion, marketing and business. The 10 weeks course got off to a great start with specialist advice provided by local music expert Andy Jones from MKVibe. The scheme is designed to give pupils a real hands on feel for setting up a series of companies within the industry including a full record company with an end product being a gig by artists that the students find from within the school and the recording of tracks from these artists. Andy said 'it is a great project for the pupils to be working on, music is one of those industries that requires so many different skills and the launch last week was a great day for all involved. I was impressed with energy and enthusiam of all the students and how much initiative and ideas they were able to put in straight away. The industry has changed so much over the last 10 years with the internet explosion and I am a real believer that the current generation will be the ones to bring a whole new fresh impetus to the music scene. It is a great project for a Milton Keynes school to be involved in and I am looking forward to being able to help with advice.'

Youngsters from Lord Grey business studies classes are the 1st in the country to be setting up their own record company

Andy Jones

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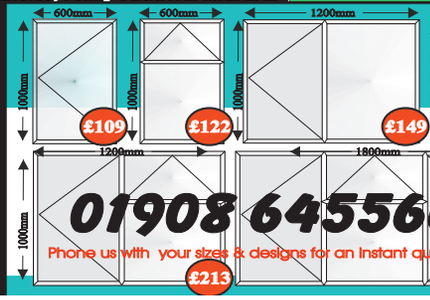

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First students welcomed at city University Centre

THE new University Centre Milton Keynes (UCMK) opened its doors to students for the first time on Monday.

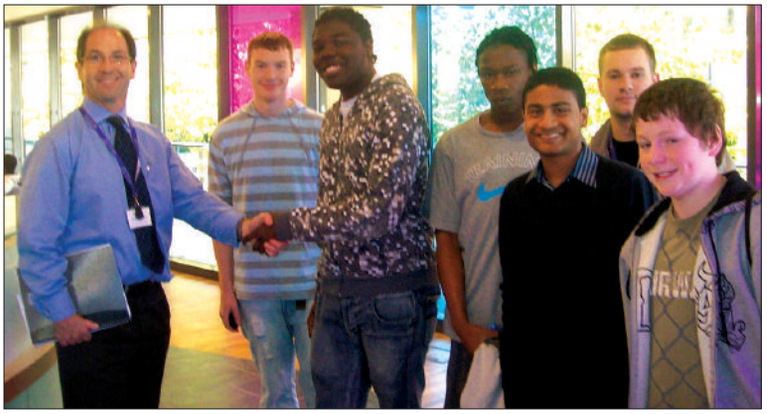
Excited new students arrived at the city's new higher education institution, which is based right in the heart of the business district at 200 Silbury Boulevard.

"We are overjoyed to see our first students joining us at our fantastic new facility," said Dr Keith Straughan, dean of UCMK.

"It's wonderful that young people in Milton Keynes now have the opportunity to study for a degree locally in such a state-of-the-art facility.

"The centre is a huge asset to a thriving progressive city like ours."

Milton Keynes Partnership provided an investment of £7.3m to purchase and refurbish the building which includes an impressive CISCO IT Academy, state-of-the-art graphic design studio and stunning atrium gallery.

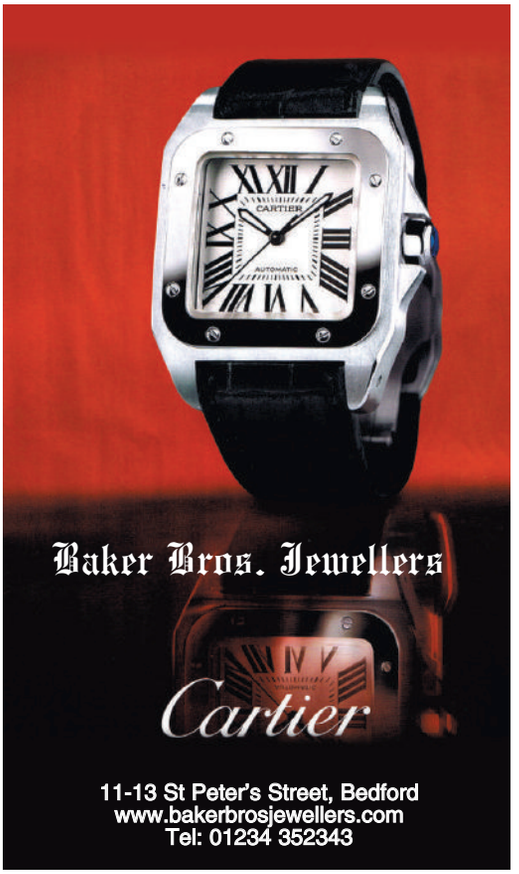


John Lewis, Chief Executive of Milton Keynes Partnership, said: "It is important for a vibrant young city like ours to have an enthusiastic student population who will achieve the skills to take our city forward."

> We are overjoyed to see our first students joining us at our fantastic new facility
>
> **– Dr Keith Straughan, dean of UCMK**

Dr Keith Straughan greets some of the forst students to enrol, including Matthew Groom, left

■ **To find out more about UCMK should call 0845 838 0880**



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Go-faster Dons stars take to the track

MK DONS fitness coach Ade Mafe proved he is the fastest man on field and on track when he won a team-building go-karting session.

The Dons took to the Daytona track to compete in a 24-lap race on Wednesday and it was the former sprinter who showed a secret desire to be the next Lewis Hamilton.

Mafe, who won gold in 200 metres at the 1989 European Indoor Championships, took the chequered flag ahead of skipper Dean Lewington in 40minutes 55.02seconds.

The boss, Roberto Di Matteo, came a respectable fifth while Jemal Johnson and Peter Leven will no doubt be subjected to some training ground teasing after failing to finish.

Crouch-style suits winner Ade Mafe

Luke Howell leads Dean Lewington as they lap the laggards

Skipper Deano finished second

Manager Roberto Di Matteo strides to the starting line

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Eleven make shortlist for restaurant award

THE wait is almost over to find out the best restaurants in Milton Keynes.

Restaurant of the Year 2008 winners will be announced later this month.

The awards, launched by MK NEWS, MK Web, Kimbells solicitors and Savills, aim to honour the best places to eat in MK.

The judges have now visited the 11 short-listed restaurants for this year's award and are now deliberating over their findings.

As mentioned previously, competition has been particularly fierce as evidenced by almost 20,000 public vote s being received by way of voting cards and on-line and the judges have been impressed with the quality across the board.

Obviously the quality of the food is of utmost important but equally significant is how enjoyable the experience of dining at a particular restaurant is.

The judges have therefore also been taking into account the atmosphere, service, value and overall dining out experience.

The judges have a wealth of expertise in the food industry, including one currently working for a food manufacturer in development, having originally trained as a chef. Another , in the industry for 35 years, was head chef at Cranfield School of Management, as well as running restaurants in 4 and five star hotels and expertise is also brought to bear by a judge from the Meat and Livestock Commission.

As a result of their enthusiasm to recognize all aspects of dining out in Milton Keynes they have requested that two further awards be given: Best Fine Dining and Best Working Lunch.

Representatives of all short-listed restaurants will be invited to a champagne reception hosted by organisers at Ramada Encore, the hub:mk on Wednesday, 22 Octoberwhen the awards will be presented to the winning restaurants.

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For more information, log on to www.thamesvalley.police.uk/specials or phone 01865 846612.

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Solo album from an old Bletchley boy

PETE Doherty's band mate is releasing his first solo album - on a label named after a Bletchley community centre.

Drummer Adam Ficek, formerly from Milton Keynes, has personally produced his album Roses Kings Castles on his label The Sycamore Club – which he named after the community centre on the Bletchley estate he grew up in.

He plays in rock band Babyshambles and decided to produce the album, his first solo effort named after the pseudonym under which he performs, in his bedroom in the two-week period when Pete Doherty took time out from the group.

"I always wanted it to be slightly DIY in the music and artwork," he said.

"Its far too easy to become clean and glossy in today's world of assumed perfection. I want people to feel they are becoming part of my process and me of theirs."

Babyshambles drummer Adam Ficek named his record label after the Bletchley community centre on the estate where he grew up. Inset: His new album Roses Kings Castles

More pleading guilty to domestic violence

MORE people have been pleading guilty in domestic violence cases after specialist courts were introduced in Milton Keynes.

The increase in these pleas saves victims the ordeal of a court case in Specialist Domestic Violence Courts, which were set up in May.

They offer victims extra support and specially trained staff to deal with their case, including specially trained magistrates, waiting areas where victims do not have to face their abusers, cases fast-tracked through the system to reduce the risk of a further attack, and a dedicated prosecutor.

Milton Keynes has two Independent Domestic Violence Advisors (IDVAs) employed by national charity Women's Aid who support victims of domestic violence – which accounts for 16 to 25 per cent of all violent crime.

They even assist victims make a safety plan if they need to escape the house quickly or find somewhere safe for them to stay.

DI Neil Dodds who works within the Public Protection Unit in Milton Keynes said: "It's still early days with the introduction of the specialist courts in Milton Keynes but the indication so far is that they are producing some positive results. In any domestic abuse case the best outcome has to be one that ensures the safety of the victim and brings the offender to justice.

"By working in partnership and using specially trained people who understand the issues and complexities of a domestic abuse case we can offer victims the extra support they need to help them through the court process. We hope the Specialist Domestic Violence Courts and the IDVAs will give victims more confidence in the law and provide a service based on listening to them and what they want."

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Pumpkin Patch
To make sure your kids are ready for every winter adventure get to the Pumpkin Patch store on Midsummer Arcade where you can wrap up in the latest winter style.
Get cosy with loads of layering to chase away the chill this winter and check out the new styles in store, with more arriving all the time.

Van Heusen
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Visit the mid-season sale at Shoe Studio in House of Fraser for a range of top designer brands and fantastic bargains. The Shoe Studio is located upstairs on the first floor.

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Milton Keynes Partnership Committee
Public Meetings

The next public meeting of the Milton Keynes Partnership Committee, Planning Sub Committee will take place on:

Date and time: Monday 13th October 2008 5.30pm

Venue: Guild Hall, City Church, CMK

For an agenda and more details of meeting either contact the Committee Secretariat at the address below or view them five working days prior to the meeting on: www.miltonkeynespartnership.info

Anyone wishing to address or submit questions to the Planning Sub Committee should contact the Secretariat in writing by 12noon **9th October 2008**

Milton Keynes Partnership Committee
CBXII, 414-428 Midsummer Boulevard, Central Milton Keynes, MK9 2EA.

E: committees@miltonkeynespartnership.info
T: 01908 353 636

Milton Keynes Partnership Committee has planning powers to determine major applications within the defined Urban Development Area (UDA), which covers the expansion areas to the east and west of Milton Keynes and a small area to the north of the city.

Milton Keynes Partnership

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Sunflower power at village school

BRADWELL Village School has won this year's search for Milton Keynes' tallest sunflower by The Parks Trust.

The sunflower competition was held between all primary schools in the city and Bradwell Village School's winning sunflower reached a towering 2.94m.

Each primary school was given some sunflower seeds for the Giant Yellow type of sunflower and asked to measure it weekly to see which school managed to grow the tallest flower. The Parks Trust compared the heights of all sunflowers from all entries and Bradwell Village came out on top followed closely by Knowles Junior School.

Rachel Sutton, Education Ranger at The Parks Trust, said: "With so much rain this summer, all the schools did brilliantly to grow such huge sunflowers. They're dedication and care demonstrates how enjoyable gardening and learning about nature can be and we hope that now they've got the gardening bug they will continue to grow plants in the future."

Sunflowers attract bird and insect life and are great plants for inspiring children to discover more about nature, animals, birds and plants in a fun and exciting way. The winning schools were awarded a variety of wildlife prizes for their school, including: a bird table starter set; butterfly feeding station; garden maypole and a bird box with a digital camera. Bradwell Village School was also awarded a specially commissioned painting of a sunflower by Clare Doughty, a Park Trust volunteer.

The competition was supported by Sutton Seeds through the donation of sunflower seeds and Reflections on Learning which provided the wildlife gardening prizes.

Raising the roof: Proud pupils at Bradwell Village School show off their prize-winning sunflowers

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Police officer found five empty vodka bottles in dead woman's home

AN inquest has failed to find how a woman died as her body was discovered up to four days after her death.

Thirty-eight-year-old Ruth Angela Cunningham from Hazelwood, Great Linford was found dead on her sofa on Wednesday, May 28.

An inquest, held last Wednesday, heard she had last spoken to a friend, Linda Fairlen, on Saturday, May 24.

She was not seen or heard from again and on Wednesday, May 28 her brother found her dead at home.

Emergency services were called and she was confirmed dead at the scene at around 1pm.

PC Robert Howes, who attended the scene, said: "There was a smell in the house and it was hot as the central heating was set on 28 degrees.

"I went to the living room and the deceased was under a blanket on the sofa.

"She was fully clothed in a dressing gown.

"There was two empty 35cl vodka bottles on the floor next to the couch.

"In the kitchen there was also three empty bottles on the side.

"It appeared she had been dead for some time."

Ms Fairlen told the inquest her friend had stopped reading messages on her mobile phone on the Saturday.

Dr K Y Lwin, pathologist, said her body was very decomposed so no cause of death could be confirmed.

Though only a small amount of alcohol was found in her blood, alcohol poisoning could not be ruled out.

The inquest heard Mrs Cunningham, who was born in Welwyn Garden City, suffered from an alcohol problem.

She was divorced and lived alone.

Coroner Rodney Corner concluded that the cause of death was not ascertainable.

Verdict: natural causes.

Bletchley meeting of 'great minds'

Second World War code cracker greets top computer award winner on 'pilgimage' to spy centre

Great minds: Mavis Batey chats to Dr Fran Allen at Bletchley park

TWO brilliant minds have met at Bletchley Park.

Dr Fran Allen, the first and only woman ever to win the Association of Computing Machinery's prestigious AM Turing Award, came face-to-face with Mavis Batey, accomplished World War Two codebreaker.

This remarkable event took place when Dr Allen, winner of what is regarded as the Nobel Prize for Computing, made a pilgrimage from the US to the Park.

Mrs Batey, 87, Bletchley Park Codebreaker from 1940 to 1945, was a key figure in the codebreaking intelligence which led to the Allied victory at the Battle of Cape Matapan; the biggest naval success since the Battle of Trafalgar.

Highlights of Dr Fran Allen's visit to Bletchley Park included demonstrations of the rebuilds of the Bombe and Colossus, the world's first electronic, semi-programmable computer, and an insight into the secrets of Ultra and Enigma by Mavis and her husband Keith, a mathematician and also a Second World War Bletchley Park Codebreaker.

Dr Brian Oakley, former president of the British Computer Society and now a Bletchley Park historian and tour guide, hosted the visit on September 19.

He said: "This was a monumental celebration of the last 70 years of intellectual triumphs of women in the fields of mathematics, codebreaking, science and computing and the colossal contribution of their achievements to technology and the modern age."

After her tour Dr Allen said: "Bletchley Park is a unique place where some of the most brilliant and focused minds of their generation lived and worked on one problem: breaking German codes during the Second World War.

"Visiting Bletchley Park is to feel the urgency, the joy of success and the despair of failure, to learn how the codebreaking worked and how it influenced the outcome of the war".

Dr Fran Allen also paid tribute to the work of the Bletchley Park Trust in its on-going campaign to transform Bletchley Park into a world-class heritage and educational centre, adding: "It was an enormous privilege for me to visit the place where the most phenomenal technological advances were made to achieve the astonishing aim of foreshortening the war by two years.

"It would be a global tragedy if these buildings were allowed to crumble away and I have great admiration for the Trust's work in its fight to obtain the funding needed in order to restore and preserve this crucial piece of history for future generations."

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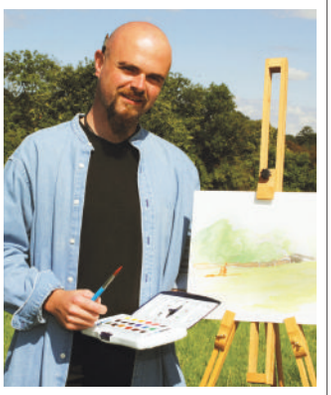

Brush up on watercolours

BY NICK FROM HOBBYCRAFT*

As an undergraduate studying animation, it's probably not surprising that I enjoy anything that involves wielding a pencil or paint brush. And while my ultimate ambition is to work at the world famous Pixar Animation Studios in California, there will always be room in my life for the 'real thing'.

It's probably why I love painting with watercolours so much. It encourages me to get out of the studio, to see things 'differently', and to enjoy a little 'me' time where I can escape from the pressures of next week's assignment!

Compared with the hi-tech complexity of digitally crafted masterpieces like The Incredibles and Walle, the process of turning raw paints into a piece of work should be a piece of cake – you think?

I've been painting for years and I can safely say that I've learnt the most from my mistakes!

I started small, creating postcard size Christmas trees for cards with just a few strokes of colour, and was soon experimenting with larger pieces. Like most things in life the more you practise the better you will get!

For anyone about to embark on this journey, my top tip is to join a local art class. You should be able to find them through your library, or join an adult education course.

To start with you'll need a few tubes of colour – for best results it's worth taking a trip to HobbyCraft and investing in good quality pigments like Daler Rowney and Winsor & Newton – as well as paper and brushes.

Always buy good paper that is specifically made for watercolours. HobbyCraft has a seriously impressive range of pads and papers from postcard to A2 size, as well as a fabulous range of surfaces for other mediums, from canvases and boards to mountboards and foamex.

When it comes to brushes, less is definitely more! Don't be tempted to buy huge packs with a surprisingly frightening number of brushes. You need just three to get started: rounds numbers 6 and 12, which come to a fine point, and a rigger, which comes to a needle point. They come in different qualities and it may be worth experimenting with cheaper synthetics before investing in the more expensive sables. You'll get a good choice of both at HobbyCraft.

It's a good idea to keep costs down to start with by practising with student quality paints and materials. And after all the hours of pleasure you get, if you end up with a painting, it's a bonus!

In time, you'll soon be talking pigments, brushes, surfaces and easels along with the best of them!

Find your nearest HobbyCraft at www.hobbycraft.co.uk

*Nick is working for HobbyCraft while he completes a degree in animation.

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editor@mk-news.co.uk

Silver eagle is an inspired choice for Chamber awards

A SILVER eagle on a black marble plinth is to be agiven to winners of MK Chamber of Commerce Business Awards.

Awards creator once again is artist and businesswoman Liisa Clark.

The orginal concept for the award was inspired by the Chamber's business magazine Vision.

Liisa said: "When you think of the eagle and the natural skills they have, you think of their targeted vision and the ability to wait until the right moment to strike with focused precision.

"To many the eagle also symbolizes power, strength and freedom, all of which encompass the entrepreneurial spirit that drives business in Milton Keynes.

"This year we see the eagle with its wings unfurled and spread proudly, preparing for flight and setting itself ready to soar and claim its position among the clouds.

"The creation process started out with a meeting with Rita Spada to discuss her ideas and thoughts about what she wanted the award to convey and also if she had any images already have in mind.

"I normally get lots of ideas and inspiration from initial meetings with clients and then go away and sketch out all of the ideas that come to mind."

The Chamber of Commerce award was first sculpted in clay and then cast in its metallic finish.

Liisa Clark with the silver eagle business award

The whole process for this award takes about four months from start to finish.

Liisa added: "It sounds like a lengthy period, but you have to take into account the whole design process of creating the initial idea all the way through to the final concept. The casting process on its own takes about two months.

"The award is set on a beautiful solid black marble base which represents the cliffs where the eagle nests.

"As I grew up in Milton Keynes I hope the awards can inspire not just the winners, but all businesses in MK to move to greater heights and help promote Milton Keynes to become an even greater influence in UK business."

MK NEWS is the media sponsor for the awards night on Thursday, October 9 at the MK Dons' stadiummk.

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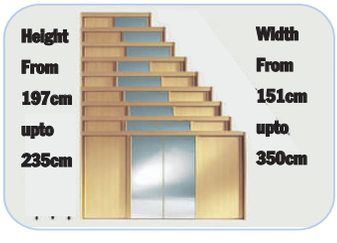

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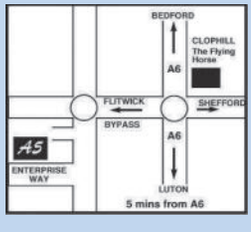

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Get in the pink for 'It's a girl thing'

Cancer Research UK charity sets out to raise cash and awareness

CANCER RESEARCH UK

BREAST cancer is the most common women's cancer in the UK.

Around 143 new cases are diagnosed in the MK area each year.

With one in nine UK women developing the disease at some point in their lives, Cancer Research UK's work to beat the disease remains crucial.

To mark the launch of the charity's 'It's a girl thing' breast cancer awareness campaign in October, Cancer Research UK is calling on all women in the South East to be breast aware, act now to reduce their risk of getting the disease, and do whatever they can to raise money to fund its lifesaving work.

Nationally, 44,000 women each year receive the devastating news that they have contracted the disease.

Thanks to research, survival rates have been steadily improving over the last 30 years and more women than ever before are successfully treated, but early detection is vital. Four out of five of all cases of breast cancer occur in women aged 50 and over, but it's important for women of all ages to know what's normal, report any unusual changes without delay, and attend screening when invited. And women over 70 who are not invited for screening can book three -yearly appointments with their local breast screening unit.

The charity is the largest single funder of breast cancer research in the UK, spending around £45 million on groundbreaking work into the disease last year.

Teams of researchers across the UK are dedicated to improving our understanding of the causes of breast cancer and investigating new ways to prevent, diagnose and treat the disease.

They are also helping to improve the quality of life for women living with breast cancer.

Helen Johnstone, Cancer Research UK spokesman in the South East, said: "Cancer Research UK's groundbreaking scientists and doctors have made a huge amount of progress in improving the diagnosis and treatment of breast cancer, with more women surviving than ever before. But, we could save even more lives if every woman was breast aware and attended screening when invited, as early detection is really important."

To help raise funds to beat breast cancer, men and women across the South East are being encouraged to take part in any of Cancer Research UK's events throughout the autumn or hold their own fundraising parties.

Helen added: "Whether you're a career girl, party girl, outdoors girl or a shopaholic girl, Cancer Research UK has plenty of ideas to get you started.

Alternatively, you can show your support by buying one of the charity's exclusive pink products. Limited edition celebrity-designed bath ducks will be available in Cancer Research UK shops throughout the region."

■ For more information log on to: www.cancerresearchuk.org

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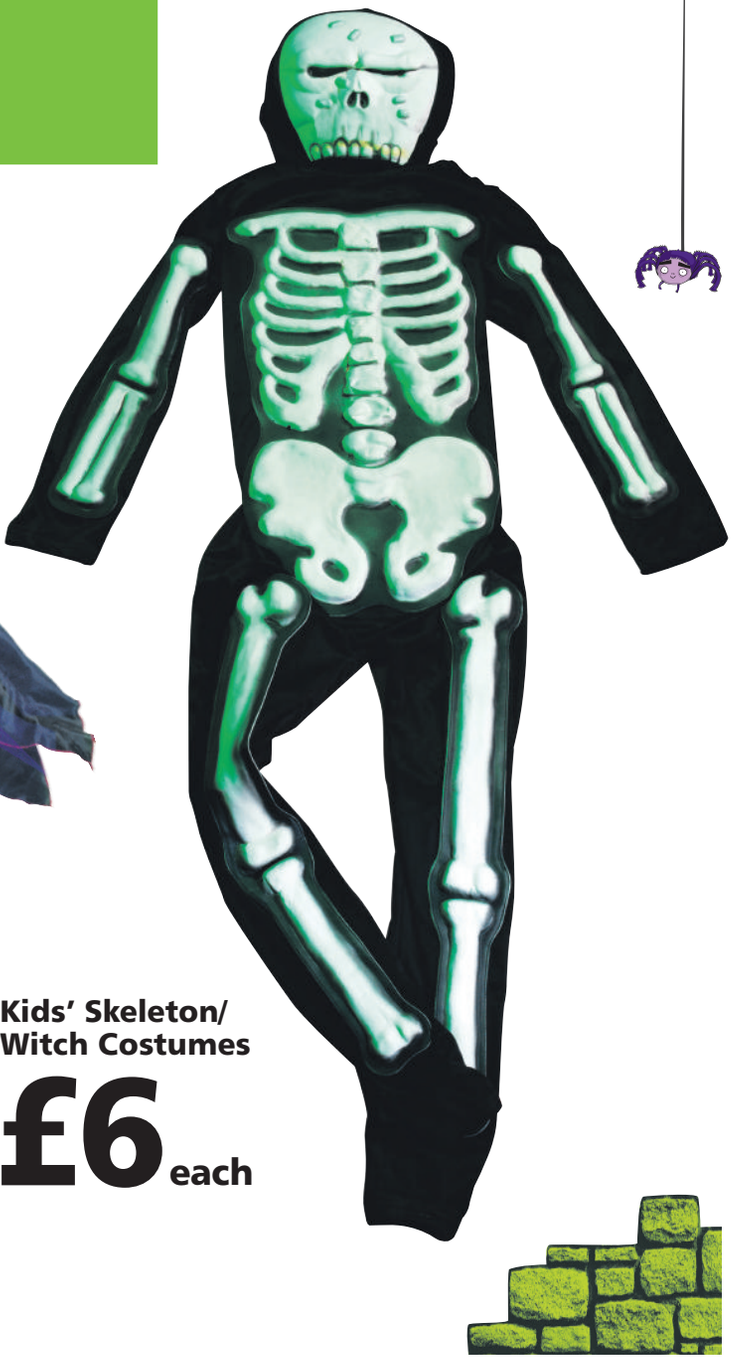

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MKANNOUNCEMENTS

Births

IAN & KAREN McMURDY
née Edwards
are pleased to announce the safe arrival of
JOSHUA JAMES
on the 19th September 2008.
Many thanks to all at Cygnet Wing for their help and support

JAMES & CATHERINE
wish to announce the birth of
OLIVER
on 20th September 2008
and would like to thank their wonderful family, friends and delivery suite staff at Bedford Hospital for all their help and support throughout.

To
RAY & GEMMA HENMAN
a beautiful daughter
CHARLOTTE JOANNE
on 15th September 2008.
A sister for Jake

Christenings

MILLIE COULSON
Enjoy your Christening
28th September
Lots of love Mummy, Daddy and both families xxx

Birthdays

To NICHOLAS JONES-MASON
Congratulations on your 18th Birthday
Wishing you a great and happy future
Love from nan, grandad and family

RHYS WILLIAMS
Happy 16th Birthday

Lots of love Mum, Dad, Nan, Lee. Nadine, Alfie & Keira

CRAIG FREESTONE
Happy 18th Birthday on 1st October

Lots of Love Mum, Dad and Nick

DANIEL KENNEDY
Happy 18th Birthday 27th September 2008

Love Mum, Dad & Craig

Happy 16th Birthday JOSHI
The Babe Magnet

Have a great Birthday
Love Dad, Mum, James and Lewis

JULIE ARNOLD

Happy 30th Birthday
Lots of love and best wishes
From all the family
xxxxxxxxxxxxx

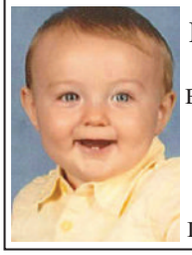
Happy 18th Birthday KIRSTY SCOTT

To a wonderful daughter Love Mum & Dad xx

MICHELLE POINTON
Happy 18th Birthday 2nd October

Lots of love Nan & Grandad Pointon

RYLEE MEEKINS



Is 1 Today!
Happy Birthday to our gorgeous little boy all our love and kisses Mummy and Daddy XXXX

SAMANTHA WARNER
is
40
1st October 2008
Lots of love Dad, Jane & Sara xxx

Anniversaries

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on your Golden Wedding Anniversary
Lots of love from all your family

TREVOR & SHEILA
Happy 25th

Medal's in the post!
Love SJ, Scott, Beth and Roux

In Memoriam

DEREK HARLOW
28th September 1998
Loving memories of a wonderful dad and grandad.
In our thoughts every day.
Sue, Sharon and families

DEBBIE HICKMAN
18th December 1978 - 26th September 2001
In our home you are remembered,
A mother's memories cling to your name,
You were truly loved in life.
And still we love you just the same.
Rest in peace darling daughter.
Kay Simmons and family xxx

FLACK Joan of Osprey Road, Flitwick. Passed away peacefully on 23rd September 2008. Aged 80 years. Dearly loved mum, nanny, great nanny and sister. Funeral Service takes place on Friday 3rd October 3.00pm at Flitwick Parish Church, followed by interment at Flitwick Cemetery. Family flowers only, donations if desired for British Heart Foundation or Keech Cottage Children's Hospice c/o Neville Funeral Service, The Old Church, Flitwick Road, Ampthill, Beds, MK45 2NT.

MONICA MARY HALL
1st October 2007
Your earthy work is now completed
Rest in Jesus land.
Sadly missed, loved and remembered always.
Your loving family Ralph, Jean, Howard, Ruth, Jennifer and your eight grandsons

STAN MOUNTAIN
28th September 2004
Deep in my heart precious memories are kept to love and to cherish and to never forget.
Love and miss you so much.
Edie

COLLEEN MARY HANSON KINSELLA
7th December 1955
26th September 2003
May the winds of love blow gently o'er a quiet and peaceful spot,
Where the one we love lies sleeping
she will never be forgot x
Love from mum and dad and family

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Mixed results for city's health care

BY LAURA HANNAM
laura.hannam@mk-news.co.uk

THE city's health care service has been rated 'fair' for urgent and emergency care.

But there is room for improvement, according to the Healthcare Commission (HCC)'s latest review of Milton Keynes Primary Care Trust's services.

The report looked at Accident and Emergency department at Milton Keynes Hospital, the Walk-in Centre, out-of-hours GP service, NHS Direct and the ambulance service.

The assessment was carried out in October 2007 and the results were released last week. It looked at a number of key criteria about the efficiency of urgent and emergency care services and the ease for local people using them.

The PCT received the maximum score for quality and safety in ambulance services and out-of-hours GP's handover to the patient's GP by 8am the following day.

Good scores were also received in relation to high priority assessments started within the target time by NHS Direct, facilities for people with disabilities and the number of people treated within four hours in the A&E department.

However, it was rated amongst the worst in the country for public satisfaction with phone access to GP surgeries, for systems to protect vulnerable children and adults, the percentage of accident and emergency handover to other services taking less than 15 minutes and for setting out an effective strategy to deliver urgent and emergency care.

It also scored poorly for public satisfaction with the opening hours of GP services, in ensuring patients see a doctor or nurse within an hour at A&E and, for the processes and systems in place to assure the quality and safety of care in A&E.

Safety Centre visit by city MP

MP Mark Lancaster with Safety Centre director Jan Alder

CITY MP Mark Lancaster visited the MK Safety Centre at Kiln Farm to highlight the work it carries out in educating children from across the region.

Through a series of real life scenarios, ranging from farmyard to household fires, petrol stations and building sites, the centre highlights the dangers children may face and how to deal with them. Most schoolchildren in Milton Keynes attend the centre in either Year 3 or Year 6.

Mr Lancaster said: "The safety centre is an excellent facility for children that has the tremendous ability to be both great fun for the kids as well as highly educational."

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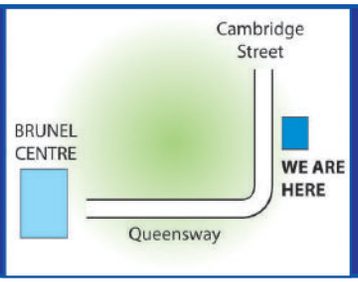

Top man: Abbey Learning boss Mark Clay with marketing student Nicholas Potter and tutor Anneke Edmonds

Marketing student on top of the world

A MARKETING student from Milton Keynes College has achieved the top score in the world.

Nicholas Potter, 35, who works at Abbey headquarters in the city, has been studying as a post graduate student with the Chartered Institute of Marketing (CIM).

He achieved an exceptional grade A for Marketing Communications in his Professional Diploma after attending evening classes for a year – beating the 25,000 students studying with the CIM in 90 countries.

He said: "I'm no swot, but I did work hard on the assignments so felt I would pass, however, it was a real shock to get such an outstanding score.

"I had a great tutor and everyone on our course passed. I think this says a lot about the standard of teaching at MK College – the proof is in the pudding."

His tutor Anneke Edmonds said: "When I read his paper I knew it was exceptional and he obviously got a grade A from me. But it has to be marked externally by the CIM and we were delighted to hear the fantastic feedback."

His course was sponsored by his employers. Mark Clay, head of Abbey Learning, said "We are absolutely delighted with Nicholas' achievement which is testament to all his hard work and efforts.

"At Abbey, we are committed to supporting our employees' career development and we have supported our marketing teams with sponsorships in order that they can attain Certificate and Diploma CIM qualifications.

"Our partnership with Milton Keynes College has been integral to the success of this programme."

Police 'special' recruitment drive

THE city's police chief has praised the role of Special Constables in keeping the streets safe.

Chief Superintendent Alan Baldwin was speaking on the eve of an annual recruitment drive which launches at Midsummer Shopping Centre on Saturday.

Mr Baldwin, BCU Commander for Milton Keynes, said: "We currently have 32 Special Constables in Milton Keynes and each once plays a vital role in keeping the streets safe for all the people who live, work and visit here.

"They work alongside regular police offices carrying out the same duties including patrolling, executing warrants, speed enforcement, interviewing and operating CCTV."

Special Constables are volunteer police officers with the same powers as regular officers, who tackle local issues, responding to incidents and policing events.

A recruitment trailer will be parked near the Oaktree and Special Constables will be available to chat about the role.

Special Chief Inspector Alistair Borland said: "I would urge anyone who has a few spare hours each month and wants to make a real difference to their community, to pop along to the events."

More information on 01865 846612 or email specialsrecruitment@thamesvalley.pnn.police.uk

Hotel guests asked for a quid for kids

A CITY hotel is to help disadvantaged children by asking guests to donate money this winter.

Hilton Milton Keynes is running a 'Small Change Big Difference' campaign to support Save the Children.

The hotel will be inviting guests to add an optional £1 onto their room bill during October, November and December.

Last year's national campaign raised £129,000 for Children with Leukaemia.

All proceeds raised will go to the charity's children's emergency fund, an ongoing programme of activity responding to emergencies all over the world.

Nursery kids get free toothpaste and brush

CHILDREN are getting the chance to brush up on their toothbrushing.

Oral health promoters at Milton Keynes Primary Care Trust (PCT) have invited young children who attend Milton Keynes Council day nurseries to take part in a tooth brushing pilot programme.

The scheme is being launched this month.

The children will receive new toothbrushes and fluoride toothpaste.

Their new toothbrushes will be stored in a special 'Brush Bus' – a brightly-coloured bus-shaped holder to help tooth-brushing time more fun.

The scheme will help nursery children learn about the importance of regularly brushing their teeth and to help make good oral hygiene a lifelong habit.

Young children under seven years of age should be supervised and helped when brushing their teeth.

Children aged over three years should have a pea-sized amount of fluoride toothpaste and a soft, small-headed brush that has been designed for children. Fluoride is a mineral that helps prevent tooth decay.

Children and adults benefit from brushing their teeth twice a day to maintain good oral health.

Young children should be given praise and encouragement when brushing their teeth in order to form a positive habit.

However, a good diet, and keeping sugary food and drink to mealtimes only are important in preventing tooth decay.

Sharon Jones, oral health promoter for the PCT said: "The Smile scheme is a fantastic way of helping young children to learn the importance of regular tooth brushing and the brush buses make it fun.

"Getting your child into a good oral health routine at a young age will help ensure that they continue to have good oral health when they are older."

All eight Milton Keynes Council day nurseries will be given Brush Buses, toothbrushes and standard fluoride toothpaste.

The scheme is funded by the 'Smile' Children's Dental Project.

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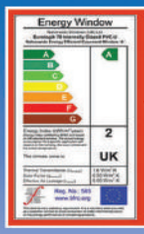

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MKNEWSBRIEFS

Eat – and fight hunger

THREE restaurants are inviting you to eat out to fight hunger this month.

The Crooked Billet in Newton Longville, The Old Green Man in Little Brickhill and The Plough in Wavendon are all taking part in Restaurants Against Hunger from October 1 to 31.

Each will either be donating part of their takings from selected dishes or adding a small optional donation to the bill.

In 2007, Restaurants Against Hunger raised over £300,000 in the UK, with all funds going directly to support the work of humanitarian charity, Action Against Hunger.

For more information visit www.restaurantsagainsthunger.org.

All white on the night

FIND out all you need to know about having the perfect wedding at thecentre:mk.

From Friday until Sunday, Middleton Hall will host the Milton Keynes Wedding Show which will be packed with everything you need to plan your special day.

More than 110 exhibitors will be onsite with information on dresses, photography, cakes and much more.

There will be bridal catwalk shows†on Friday (12.45pm and at 6.30pm), Saturday (12pm, 2pm and 4pm) and Sunday (12pm, 2pm and 4pm). The Friday bridal shows will also exhibit some vintage wedding dresses.

For further details regarding catwalk show times and list of exhibitors log on www.centralexhibitions.co.uk

Life's a beach

SUMMER 2008 may have been a washout across the country, but there was one place where the sun was always shining at the Xscape's indoor beach.

For some families it was extra special, as they bagged a fantastic goody bag of prizes in a Wii Fit competition.

The Kilpatrick family from Crick in Northampton were also named as Xscape's Family of the Summer.

Son, Adam had been the victim of an assault at school, and suffered a skull fracture earlier in the year.

Hospital checkups and appointments made it impossible for the Kilpatricks to take their much deserved summer holiday, so they decided to make a regular trip to Xscape Milton Keynes, and relax on a beach a little closer to home.

They were given a Nintendo Wii, complete with Wii Fit, and a limited edition Xscape Gold Medal.

Question time

MILTON Keynes Council wants to know what its like to live in your area.

Council contractor NWA Research is sending out questionnaires to 3,500 residents living in the area covered by Milton Keynes Council.

The Place Survey questionnaire asks for residents' opinions about aspects of the quality of life in the local area, and the services the council and its partners provide.

The questionnaire should take no longer than 15 minutes to complete and can be returned in a prepaid envelope provided.

There are details of the free multi-lingual helpline and if you need a large print copy, or any other assistance, telephone FREEPHONE 0800 316 3630.

The questionnaire should be returned by December 19.

The findings will be used to see how well Milton Keynes Council and its partners are doing at delivering services and to decide what needs doing differently.

Rely on Wayside to get you to the match

Your new Milton Keynes store opens 9am Tuesday 7 October.

Your existing store closes permanently at 6pm Monday 6 October.

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Training to be a clip-clop cop

Billy is on trial to see if he is up to patrolling the streets as part of Milton Keynes' police service. MK NEWS reporter Laura Hannam went along to learn how the mounted section trains its horses and the role it plays in policing the city

BILLY is two days into a trial that will test its character to the limit.

Only a third of horses manage to make it through the eight week course to join the mounted section at Milton Keynes police station.

Many more then fail to meet the grade further down the line.

PC Mary Winks, of the mounted section, explained that a horse's success is largely down to its temperament.

"It is down to whether they can put up with the environment they are in," she said.

"They need to be fairly placid and they are stabled all the time when they are not out on patrol.

"Some may not be used to traffic or noise."

Four-year-old Billy has already been vetted to make sure it is physically fit, then allowed to settle in to its stable.

Its riding ability is first tested in the police station's outdoor riding school, before its rider takes it to the streets.

Police horses must be able to cope with huge crowds as one of the section's key roles is controlling people at sport matches and public demonstrations.

It also performs a ceremonial role at royal events, such as weddings, funerals and state visits.

Billy will be taken out in busy spots around the city centre including the theatre district to test its reaction.

One of the main obstacles he will have to face in Milton Keynes is underpasses and footbridges.

PC Winks explained: "When the horse is going over a bridge it is hard for it to see the traffic it can hear below and with an underpass it is going into something that it cannot see the end of.

"In either situation you need to know that you can trust the horse.

"In an underpass the rider has to bend right down to fit through so if anything happened you could get hurt as there is not room to move."

Billy will learn from a more experienced horse on the team, which will ride alongside it through each new obstacle.

If he passes the test he may patrol the streets with the service until he is 18 years old.

Thames Valley Police is one of 14 police services across the country which currently has a mounted section.

It is one of the smallest stables, with room for up to 10 horses.

Sgt John Thurston said the section is becoming increasingly involved in tackling anti-social behaviour and neighbourhood policing.

The horses and riders spend more than half of their time patrolling and can regularly be seen in the city centre and outside pubs and clubs on weekend evenings.

They are on the streets so much that some of the horses get through 52 sets of shoes a year, compared to 10 for the average riding horse.

The patrols aim to act as a deterrent to crime and look out for anyone committing an offence, or those that are wanted by the authorities or missing.

"The horses break barriers down as people often want to come up and pat them," added Sgt Thurston.

"Mounted riders get confidence from the public and really get into communities."

I joined two mounted officers on patrol at Lloyd Court in the city centre and within minutes young and old were approaching to chat and get a closer look at the animals.

One mum, Christine Bryant from Little Horwood, brought her two daughters up to pet the horses.

"I think it is fantastic that they are out on patrol," she said.

"It makes the officers approachable and promotes a positive idea of the police, and gets them out in the community."

During an hour and a half on patrol the mounted officers were called to reports of a man wearing only his underwear in the city centre, someone trying to obtain money with false documents at a building society and provided back up for an incident in Fishermead.

They also stopped two boys who were in the city centre when they should have been in school.

Centre of attention: PCs Kirsty Wilson and Mary Winks

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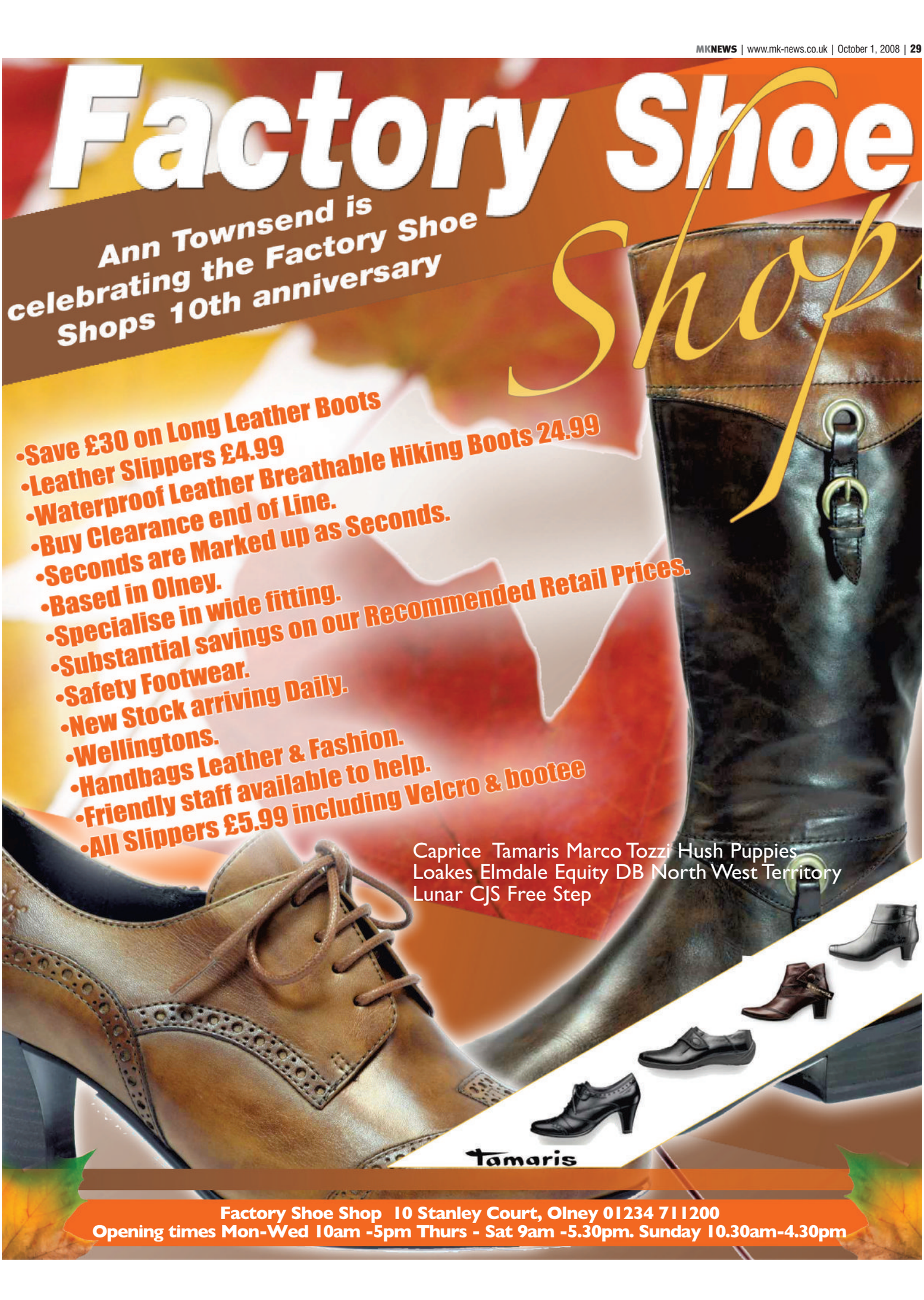

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HOW TO ENTER

TO be in with a chance of winning, just answer this question: What are the three NANOMAX permanent hair repair options?

(a) Repair, intensive and hydrate?

(b) Repair, condition and hydrate?

(c) Repair, intensive and rescue?

Send your answer on a postcard, along with your name and your partner's name, address and telephone number to: NANOMAX Competition, MK News, 1 Diamond Court, Fox Milne, Milton Keynes, Bucks, MK15 0DU.

Alternatively e-mail competitions@mk-news.co.uk

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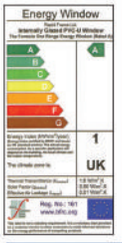

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MKNEWS

MKBUSINESS

VW staff drop in to raise cash for hospice

A GROUP of brave men and women from Milton Keynes fell 10,000ft from the skies at speeds of up to 120mph to raise cash for a children's hospice.

They parachuted last month to raise money for Keech Cottage, the children's hospice which is used by families from Milton Keynes.

The high-fliers, who work at Volkswagen Financial Services (UK) Limited at Blakelands, have raised around £2,500 in sponsorship from colleagues which will go to the Keech Cottage Accumulator Challenge. Organiser Pat Vallis said: "I don't like heights but decided to do the jump as the hospice really needs support. It only receives a quarter of its income from the National Health Service, leaving the remaining 75 per cent to be raised independently."

VWFS was the first local company to sign up for the Keech Cottage Accumulator Challenge, and 50 other companies from Milton Keynes have also joined in.

Back in June the companies were given a crisp £50 note donated by HSBC bank and had the task of using this to 'grow' cash for the hospice in three months.

"We have been overwhelmed by the enthusiasm of all the staff," Pat added, "we've had several raffles and a summer party and are hoping to hand over a significant sum to the hospice when the challenge finishes at the end of this month."

Patricia Smith of thecentre:mk and MK SNAP's Sally Fennemore, at the frock event

Fundraisers show dress sense

MILTON Keynes based charity MK SNAP is celebrating success after the recent SNAP Up a Frock event. Hosted by The Swan at Salford

SNAP Up a Frock witnessed hundreds of bargain hunters hoping to bag designer clothes at a fraction of the high street cost and raised £5,000.

MK SNAP provides work and life skills training to people over 16 with learning and physical disabilities.

It has a dedicated team of nine full time staff providing care, tuition and support to over 80 registered clients.

Fundraising co-ordinator Sally Fennemore said: "SNAP up a Frock was a great way to revamp your wardrobe by bagging a fantastic outfit at the fraction of the cost.

"As well as clothes from local boutiques we also had fitting experts on the day to help put the perfect outfit together.

"Then with the excellent co-branded bags from thecentre:mk we were able to ensure everyone went away looking absolutely fabulous."

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OUSEDALE SCHOOL

Ousedale School are pleased to announce that they have extended their Community School Learning Programme for 2008/09.

Food courses

With the festive season fast approaching, why not impress your guests this year with some delicious pastries or beautiful cakes?
Our festive pastry course begins at the start of November and will cover a variety of traditional dishes and techniques - ideal for those planning a big get together this Christmas and wanting something a little bit different.
Or why not wow everyone with a beautifully decorated Christmas cake. Our cake decorating course also begins in November and covers a range of creative techniques.
Another course that is sure to fill up quickly is bread making, which begins in January. Forget Atkins, why not treat your family and friends to a delicious selection of sweet and savoury loaves and rolls. Or alternatively, our country cooking course not only covers bread and cake, but jams and chutneys to go with them.

ICT courses

Are you worried that your IT skills are holding you back at work? Or perhaps you are thinking about returning to work after a career break and are lacking in confidence with using computers? Or you just want to understand what your kids are doing for their homework so you can help them, don't despair; we have the course for you.
The ECDL (European Computer Driving Licence) is a comprehensive course for those wishing to improve their level of confidence and competence. Level 1 covers the basics such as using the PC and information and communication. If you are more familiar with PC use then the Level 2 course may be more suitable, covering programmes such as Word, Excel and Powerpoint.
Or how about building your own computer? Our 10 week course gives you the opportunity to learn more about the inner working of your PC, both software and hardware. By the end of the course you will have constructed a PC built to your own specifications and be able to upgrade your current hardware.

We are also running Maths and Science GCSE courses, as well as Maths entry level for those not yet confident enough for GCSE. But hurry as places are filling up fast! Courses take place at either our Newport Pagnell or Olney campus.

Community Learning Available Courses 2008 – 2009

Newport Pagnell Campus - Wednesdays

Maths Entry Level
Time: 7.00pm - 9.00pm Cost: £25.00 Duration: 10 weeks Start Date: 07/01/09

ECDL - Level 1
Time: 9.30am - 11.30am Cost: £60.00 Duration: 15 weeks Start Date: 05/11/08

Easy Steps to Building a PC in Ten Weeks
Time: 7.00pm - 9.00pm Cost: £65.00 plus PC starter kit
Duration: 10 weeks Start Date: 07/01/09

Festive Pastries
Time: 7.00pm - 9.00pm Cost: £35.00 Duration: 6 weeks Start Date: 05/11/08

Bread Making
Time: 7.00pm - 9.00pm Cost: £35.00 Duration: 6 weeks Start Date: 07/01/09

Olney Campus – Tuesdays

An Introduction to CAD CAM
Time: 7.00pm - 9.00pm Cost: £65.00 Duration: 10 weeks Start Date: 07/10/08

ECDL - Level 1
Time: 7.00pm - 9.00pm Cost: £60.00 Duration: 15 weeks Start Date: 04/11/08

ECDL - Level 2
Time: 7.00pm - 9.00pm Cost: £65.00 Duration: 16 weeks Start Date: 10/03/09

Cake Decoration For Beginners
Time: 7.00pm - 9.00pm Cost: £35.00 Duration: 6 weeks Start Date: 04/11/08

Country Cooking
Time: 7.00pm - 9.00pm Cost: £35.00 Duration: 6 weeks Start Date: 24/02/09

If you are interested in any of the above courses, or would like to know what else we have on offer, please contact Jo Lancaster on 01908 210203 ext. 2207 (between the hours of 9.30am – 1.00pm) Or email: joanne.lancaster@milton-keynes.gov.uk Alternatively full details are available on the Ousedale School website.

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Wed 8 Oct	9.30 – 4.30	**Neurolinguistic Programming - an Introduction**	£30
Thu 9 Oct	9.00 – 5.00	**CIEH Level 2 Food Safety in Catering**	£50
Fri 10 Oct	9.30 – 4.30	**Neurolinguistic Programming and Customer Service Excellence**	£30
Mon 13 Oct	1.15 – 4.15	**Environmental Awareness**	£15
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Tue 14 Oct	9.30 – 12.30	**Consumer Law**	£15
Wed 15 Oct	9.30 – 4.30	**Coaching Skills**	£30
Thu 16 Oct	9.00 – 5.00	**CIEH Conflict Resolution & Personal Safety**	£50
Tue 21 Oct	9.30 – 12.30	**Getting started with Power Point**	£20
Wed 22 Oct	9.30 – 12.30	**CIEH Principles of Manual Handling**	£25
Wed 22 Oct	1.15 – 4.15	**Fire Awareness**	£20
Thu 23 Oct	9.30 – 12.30	**Managing through effective communication**	£15
Thu 23 Oct	1.30 – 4.30	**The art of effective meetings**	£15
Mon 27 Oct	9.30 – 4.30	**Assert yourself and deal with conflict effectively**	£30
Tue 28 Oct	9.00 – 4.00	**Level 3 Supervising Food Safety in Catering (day 1)**	£160 (3 day course)
Wed 29 Oct	9.00 – 4.00	**Level 3 Supervising Food Safety in Catering (day 2)**	£160 (3 day course)
Thu 30 Oct	9.00 – 4.00	**Level 3 Supervising Food Safety in Catering (day 3)**	£160 (3 day course)
Fri 31 Oct	10.00 – 12.00	**Level 3 Supervising Food Safety in Catering (exam)**	£160 (3 day course)
Mon 3 Nov	9.00 – 5.-00	**CIEH Health & Safety in the Workplace**	£50
Tue 4 Nov	9.30 - 4.30	**Presentation Skills**	£30
Wed 19 Nov	9.00 – 5.00	**CIEH Level 2 Food Safety in Catering**	£50
Thu 6 Nov	9.30 – 4.30	**Negotiation Skills**	£30

www.getintoretail.co.uk

For more details contact Jackie Small on 01908 608067 or email jackie.small@skillscentremk.co.uk

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Upper School & Community College

Flitwick Road, Ampthill, Bedfordshire MK45 2NU

Redborne is a popular, friendly school with excellent facilities and is highly respected within our community. In our most recent OFSTED Report we were judged a "good school" with many "outstanding" features. We hold Sports College, Science College and Training School Status (one of very few schools in the country to have 3 specialisms) as well as the Arts Mark Gold Award. In September 2007 we were awarded High Performing School Status by the Government. This year 80% of students achieved 5A - C grades at GCSE; 70% including Maths and English. Our value added score puts Redborne in the top 7% of schools in the country.*

OPEN EVENING

Thursday 2nd October, 2008 at 7.15pm

Starting in The Main Hall

We are proud of our academic success and our programme of extra curricular activities. These include Duke of Edinburgh, Drama, Dance, Music and Sports.

At the Open Evening you will have the opportunity to hear a short presentation, tour the school, meet the teaching staff and see our students at work. We will be holding a Sixth Form Open Evening on Wednesday 3rd December, 2008 at 7.00pm. Prospectuses are available from the school office. As a result of building work our capacity has increased from 321 to 340 students per year. If you would like to look around Redborne during the day, please telephone the school to make an appointment; you will be most welcome.

Education & Training

bhsg

BEDFORD HIGH SCHOOL FOR GIRLS

Bedford High School for Girls

Where your daughter can develop her talents and achieve her potential.

Find out more at our

Open Morning

Saturday, 4 October 2008
9.00am to 12.00pm

Guided tours will be available for our:

- Junior School
- Senior School
- Sixth Form

WORLD SCHOOL ib

Contact: Diana Banham

Tel: +44 (0) 1234 360221
Email: admissions@bedfordhigh.co.uk
www.bedfordhigh.co.uk
Bromham Road Bedford MK40 2BS

MK LIFE

YOUR GUIDE TO LEISURE IN YOUR CITY

Show of Hands appear at The Stables – see inside

Leisure or events news? e-mail **leisure@mk-news.co.uk** | phone **01908 689595**

The centre for seriously unmissable events

Wedding Show
3 - 5 October
The show for every bride and groom with everything you need to look gorgeous and make your special day a joyful memory. Exhibits include dresses, photography, cakes, flowers, transport, venues, menswear, jewellery, stationery, video, catering, beauty and decor. Don't miss the bridal catwalk shows which include vintage dresses on Friday at 12.45 and at 6.30pm; and different shows on Saturday (12, 2pm & 4pm) and Sunday (12, 2pm & 4pm).

Independent Schools Exhibition
8 October
More than 20 schools from Milton Keynes and the surrounding areas will exhibit in Middleton Hall to demonstrate the excellent educational opportunities that the independent sector offers children of all ages, talents and interests. The event is supported by ISCis -the Independent Schools Council information service.

thecentremk.com 0870 890 2530

thecentre:mk

look at me, look at me, look at me

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WEDNESDAY
October 1

BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Open House (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T) **6.55** Party Political Broadcast (T)

7.00 **The One Show** (T)
7.30 **Inside Out** Surprising stories from familiar places. (T)
7.57 **BBC News and Regional News** National and regional news bulletin from the BBC. (T)
8.00 **Holby City** Jayne's career at Holby hangs in the balance as the separation of the conjoined twins continues. (T)
9.00 **Silent Witness (New)** Leo does community service on a rough estate after being done for drink driving. Gang violence amongst the kids there is rife, and Leo gets involved when one of them is stabbed. Nikki investigates the death of a young girl from the same area who, it seems, was murdered. (T)
10.00 **BBC News** (T)
10.25 **Regional News and Weather** (T)
10.33 **BBC Weather** (T)
10.35 **The National Lottery Draws**
10.45 **Medium** Drama series about a suburban housewife who can see the dead and read the minds of others. (T) (Followed by National Lottery Update)
11.25 **The Tudors** Anne Boleyn's fall from Henry's favour escalates as scandalous rumours are circulated (and created) at court, threatening her whole family. (T)
12.20 Weatherview (T) **12.25** Sign Zone: Jimmy and the Wild Honey Hunters (R/T) **1.25** The Truth about Property (R/T) **2.25** Tess of the D'Urbervilles (R/T) **3.25** DIY SOS (R/T) **3.55** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **1.00** See Hear (T) **1.30** Animal Park (R/T) **2.00** The Daily Politics (T) **4.00** Flog It! (R/T) **4.30** Step Up to the Plate (T) **5.15** Wanted Down Under Revisited (R/T) **5.55** Party Political Broadcast (T) **6.00** Eggheads (R/T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 **Heroes Countdown** As part of the countdown to the third series of Heroes, a special programme which treats viewers to sneak peeks, behind the scenes footage and an introduction to new characters. (T)
7.45 **Heroes Unmasked** A look behind the scenes of the drama series. (T)
8.00 **The Restaurant** Series looking behind the scenes at the restaurant of New York chef Rocco DiSpirito. (T)
9.00 **Heroes** Moments after shots rang out, the shocking identity of Nathan's assassin and the reasons why the Texas press conference had to be cut short are revealed. (T)
9.45 **Heroes Unmasked** A look behind the scenes of the drama series. (T)
10.00 **Mock the Week** Comedy show combining elements of panel game, stand-up and improvisation. (R/T)
10.30 **Newsnight** (T) (Followed by Weather)
11.20 **Today at Conference** Andrew Neil looks back at the day's events at the Conservative Party conference in Birmingham. (T)
11.50 **Charley Boorman: Ireland to Sydney by Any Means** After a spiritually enriching time in India it's now time to head north towards Nepal and what better way to start this next leg of the journey than on tuk tuks, one of Charley's favourite modes of transport. (R/T)
12.50 Joins BBC News (T) **3.50** This Is BBC Two **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T) **6.55** Conservative Party Broadcast (T)

7.00 **Emmerdale** Scarlett decides that Daz's home needs re-decorating. (T)
7.30 **Coronation Street** The Websters discover Rosie's win. Leanne tempts Dan with a share of her ill-gotten gains. (T)
8.00 **The Daily Mirror Pride of Britain Awards 2008** Carol Vorderman hosts the glittering annual awards from London's West End, as the country's biggest stars unite to salute the most remarkable people of the year - the nation's unsung heroes. (T)
10.00 **News at Ten and Weather** (T)
10.35 **Numb3rs** Detective drama about a maths genius recruited by the FBI to solve complex criminal cases. When a DNA synthesizer capable of customising diseases is stolen from the lab where Charlie teaches, Don suspects the culprits may be terrorists bent on engineering a form of bio-warfare. (T)
11.35 **Homes from Hell 2008** Documenting some of the horrors that some homeowners have had to deal with, including the families whose properties were destroyed in one of the worst fires in Britain since the Second World War. (R/T)

12.30 Nightwatch With Steve Scott: Mystery **1.20** LA Dragnet (T) **2.10** Loose Women (R) **2.55** The Jeremy Kyle Show (R/T) **3.50** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Will & Grace (R/T) **9.20** Rescue Remedies (R/T) **9.30** Schools: Britain's Deadliest Addictions (R/T) **10.00** Advertising Uncut (R/T) **10.30** Seven Ages of Britain (R/T) **11.25** Year Dot (T) **12.00** News at Noon (T) **12.30** Property Ladder (R/T) **1.35** Supporting Acts (R/T) **1.45 FILM: The Road To Denver** (1955) Western starring John Payne, Mona Freeman and Lee J. Cobb. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **3 Minute Wonder** (T)
8.00 **Supernanny** Supernanny Jo Frost is back helping more parents tame difficult children. (T)
9.00 **The Family** In this episode, Simon and Jane go out for the evening and leave Emily in charge. When Tom won't go to bed on time, a fight breaks out between brother and sister, the consequences of which will stretch the family to the limit. (T)
10.00 **Desperate Housewives** Susan's mother-in-law comes to visit. Carlos and Gabrielle's tenant has a dark secret. War erupts between Bree and Edie. (T)
11.00 **Jamie's Ministry Of Food** Jamie plans to teach a small group of non-cooks ten simple meals, which they can then teach their friends how to make, and hopefully get the whole of Rotherham cooking. (R/T)

12.00 4Music: Ibiza Rocks with Sony Ericsson (T) **12.35** Pineapple Express: T4 Movie Special (R) **1.05 FILM: Black Friday** (2004) Crime drama starring Kay Kay Menon, Pavan Malhotra and Aditya Srivastava. (T) **4.05** Dog's Mercury (R/T) **4.30** St. Elsewhere (R) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** How Not to Decorate (R/T) **12.30** five news (T) **12.45** Grey's Anatomy (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** County Secrets (T) **3.00** five news update (T) **3.10 FILM: Touch the Top of the World** (2006) Drama starring Peter Facinelli. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Animal Rescue Squad (R/T)

7.00 **five news** National and international news. (T)
7.30 **It Pays to Watch** Magazine series in which consumer affairs expert Martin Lewis offers helpful advice on saving money. (T) (Followed by five news update)
8.00 **Axe Men** Series following the work of North American lumberjacks who risk their lives to cut timber whilst battling mechanical failures, unpredictable terrain and falling trees. Jobs on the slopes are vanishing, equipment is failing and nerves are snapping. (T) (Followed by five news at 9)
9.00 **FILM: Half Past Dead** (2002) Action thriller in which a tough cop goes undercover in a newly-opened Alcatraz prison where he tries to infiltrate the inner sanctum of a gang. When a warden takes control of the prison after learning that an inmate on death row has stashed away a fortune in gold, however, the cop has to drop his cover and persuade the other inmates to help thwart the plan. Stars Steven Seagal, Ja Rule and Morris Chestnut. (T)
11.05 **Police Interceptors** Documentary series profiling the work of a high-speed police interception unit in Essex. (R/T)

12.05 PartyPoker.com World Open IV **1.35** Major League Baseball **4.45** European Drag Racing **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** X-Weighted **8.00** The Filth Files **8.30** The Filth Files **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Catwalk **2.00** Bones **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Soccer A.M - The Best Bits **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Don't Forget The Lyrics U.S **9.00 FILM:** Robin Hood: Men In Tights **11.05** Road Wars **12.05am** Ross Kemp Meets The Glue Kids Of Kenya **12.35** Road Wars **1.30** Road Wars **2.25** Greece Uncovered **3.20** Uncut! Sex On The Job **4.15** Bite Size Brainiac **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Emmerdale **6.30** Airline USA **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **10.00** Judge Judy **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Emmerdale **12.30** Planet's Funniest Animals **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Hell's Kitchen USA **9.00** Jack Osbourne: Celebrity Adrenaline Junkie **10.00** Celebrity Juice **10.30** Coronation Street **11.00** No Heroics **11.30** Katy Brand's Big Ass Show **12.00am** CelebAir **1.00** Sex, Love & Secrets **1.45** Teleshopping **4.45** ITV2 Nightscreen

BBC3

7.00pm Freaky Eaters **8.00** Dog Borstal **9.00** Driving Mum and Dad Mad **10.00** Heroes **10.45** Family Guy **11.05** Coming of Age **11.35** Most Annoying Pop Moments... We Hate to Love **2.05am** Driving Mum and Dad Mad **3.05** Dog Borstal **4.00** Freaky Eaters **5.32** Close

BBC4

7.00pm World News Today **7.30** Ways of Seeing **8.00** A History of British Art: My Wife, My Horse and Myself **8.50** David Hockney's Secret Knowledge **10.00** The Art of Arts TV **11.00** Arena: The Waugh Trilogy **12.00am** Arena: The Waugh Trilogy **1.00** Arena: The Waugh Trilogy **2.00** The Art of Eternity **3.00** The Art of Arts TV **4.00** Close

MUSIC REVIEWS

SO WHAT
Pink

SHE'S referred to as P!nk on the cover of th!s, her new s!ngle, wh!ch must've seemed l!ke a good !dea at the t!me.

St!ll, that's the crazy world of pop mus!c for you.

Her market!ng people must be mad !f they th!nk someth!ng as daft as that's ever go!ng to catch on.

Next th!ng you know, k!ds'll be send!ng messages to each other us!ng numbers !n place of certa!n letters.

So, anyway, she's got a new s!ngle out and at the same t!me she's also got an axe to gr!nd w!th her ex-hubby (or has she? !s th!s song really autob!ograph!cal or just a song what she wrote? D!scuss).

Pr!me comeback s!ngle mater!al, !'m sure you'll agree, as long as you're not the subject of the song wh!ch, !nc!dentally, pounds along l!ke a charg!ng rh!no and !s all the better for !t too !f you ask me.

Even better, the lyr!cs scream def!ance, a des!re to move on and a huge 'up yours' to the bloke at the eye of the storm.

For some strange reason, she also appears to be vent!ng some anger !n the general d!rection of Jess!ca S!mpson, not exactly sure why though. Perhaps we should be told.

When all's sa!d and done though, th!s !s eas!ly one of P!nk's best s!ngles to date. !t's great fun, v!tr!ol!c, loaded w!th energy and !t makes you wonder how on earth she's go!ng to top !t.

ANGEL IN THE NIGHT
Basshunter

RIGHT up until the first chorus, this single sounds like something that Tiffany and Erasure could have recorded together 20 years ago, but about fifty seconds into the running time something odd happens.

The keyboard player does his bit like he's paid to, but it sounds like the theme tune to the Magic Roundabout cut to ribbons and then re-assembled at random.

Naturally, as you'd expect the song's utter tosh. The singer's telling a tale of apparent woe with only marginally less gravitas than you'd get from a Teletubbie, 'I'm so happy when I see that you are smiling back at me', he says early on.

Altogether now – aaaaaaah, how sweet. By the time the second verse kicks in however, the mood has darkened.

Now he tells how she keeps waving him goodbye and that his love for her is tearing him apart. One-nil to Joy Division then.

It gets worse: 'I just know that you and me, we were always meant to be'. That's a gold-plated Happy Eater moment right there (so called because the restaurants that once bore the name had a logo that appeared to feature a bloke merrily shoving his finger down his throat).

Best Basshunter single so far? Sadly, yes.

NEVER MISS A BEAT
Kaiser Chiefs

THIS sounds like a conversation between a parent and his delinquent child. The parent asks what he got up to, the reply is 'not very much'. Didn't go to school, didn't learn anything, wants crisps for tea, got stopped by the police but kept schtumm.

Oh, and the kid wants a really big designer label coat. Now, who wouldn't want a child like that? The nipper's got no ambition, no drive and no interest in the world around them, and yet the chorus states that 'the kids on the street never miss a beat'.

Maybe the band are suggesting that the kids in question know they can get away with it. Good song, though.

SIMON DARNELL

FILM REVIEWS

Odeon 0871 2244 007 Cineworld 0871 200 2000

Marshall Virgil Cole (Ed harris, left) and deputy Everett Hitch (Viggo Mortensen, centre) stand guard over their prisoner, Randall Bragg (Jeremy Irons) in Appaloosa

APPALOOSA (12A)
Renee Zellweger, Ed Harris, Jeremy Irons, Lance Henriksen, Viggo Mortensen
From Friday

SET in the Old West territory of New Mexico, Appaloosa revolves around a pair of hired guns (Viggo Mortensen and Ed Harris) who come to clean up a dangerous town run by a ruthless, powerful rancher (Jeremy Irons) and his band of outlaws.

BRIDESHEAD REVISITED
Matthew Goode, Ben Whishaw, Hayley Atwell, Emma Thompson, Michael Gambon, Ed Stoppard, Jonathan Cake, Greta Scacchi
From Friday

MIDDLE-CLASS Charles Ryder (Goode) is dazzled at Oxford by dissolute youth Lord Sebastian Flyte (Whishaw) and then by Sebastian's sister, Lady Julia (Atwell), their way of life and their palatial home, Brideshead.

HOW TO LOSE FRIENDS & ALIENATE PEOPLE (15)
Simon Pegg, Kirsten Dunst, Jeff Bridges, Gillian Anderson, Megan Fox, Danny Huston
From Friday

SIDNEY Young (Pegg) is a down-on-his-luck British journalist offered the chance of a lifetime at glossy US magazine Sharps. However, his plans to conquer New York hit speedbumps in the shape of a glamorous starlet (Fox), her ruthless publicist (Anderson) and co-workers (Dunst, Bridges, Huston).

MIRRORS (15)
Amy Smart, Kiefer Sutherland, Paula Patton, Jason Flemyng, Julian Glover, Ezra Buzzington, John Shrapnel
From Friday

TROUBLED ex-cop Ben Carson (Sutherland) takes a job as a night watchman in a New York store whose mirrors have strangely survived a fire. When his family are menaced by their own mirror-images, Ben investigates.

88 MINUTES (2008)
Al Pacino, Alicia Witt, Leelee Sobieski, Neal McDonough, Amy Brenneman
From Friday

FORENSIC psychiatrist Dr Jack Gramm (Pacino) helped convict rapist-murderer Jon Forster (Neal McDonough). Now, on the eve of his execution, a series of copycat murders puts his conviction in doubt, and an anonymous call tells Gramm he has only 88 minutes to live.

THE FALL
Lee Pace, Catinca Untaru, Justine Waddell, Julian Bleach
From Friday

IN a hospital in 1920s Los Angeles, an injured stuntman (Pace) begins to tell a little girl with a broken arm (Untaru) a fantastical story about five mythical heroes. Soon, fantasy and truth start to blur, and the story begins to go off the rails.

SWING VOTE (12A)
Kevin Costner, Madeline Carroll, Kelsey Grammer, Dennis Hopper, Stanley Tucci, Nathan Lane, Jason Richman
Now showing

AFTER a bizarre technical botch, the result of the Presidential election is left hanging on a single vote: that of an unemployed and indifferent bozo named Bud (Costner).

DEATH RACE
Jason Statham, Ian McShane, Jacob Vargas, Max Ryan, Tyrese Gibson, Joan Allen
Now showing
Friday

WHEN her star driver is injured, Hennessey (Allen) - prison warden and creator of new viewing sensation Death Race - has NASCAR star Ames (Statham) framed for murder. She offers him a deal: win the race and he'll gain his freedom. Or die trying.

TAKEN
Liam Neeson, Maggie Grace, Famke Janssen, Holly Valance, Xander Berkeley, Jon Gries
Now showing

Bryan (Neeson) is a retired government agent, struggling to get back into the life of his teen daughter (Grace). But after she's kidnapped while holidaying in Paris, Bryan has less than four days to track her down.

THE FOOT FIST WAY
Ben Best, Collette Wolfe, Danny McBride, Mary Jane Bostic
Now showing

SELF-DELUSIONAL Tae Kwon-Do instructor Fred Simmons (McBride) is, by his own admission, the master of the demo. When his wife cheats on him, salvation comes in the form of martial arts movie star, Chuck Wallace (Best), who agrees to visit Fred's dojo.

COMPETITION

MK NEWS has teamed up with Cineworld at the Xscape to offer readers the chance to win a pair of tickets to see the film of their choice. We have two pairs to giveaway.

Which diary did the female star of Appaloosa make her own?

Answers by e-mail to competitions@mk-news.co.uk please include your name, address and daytime telephone number.

Closing date Tuesday, October 30.

FILM REVIEW: RIGHTEOUS KILL

WE all have disappointments in our life.

There was the time I went out on a blind date with this girl I had been speaking to for ages by Internet. We got on great that way, swapping two or three e-mails a day and I thought I was onto a sure-fire hit.

After two weeks or so we met up and no spark, no fizz and no hit. In fact even her voice got on my nerves.

There are two lessons here. Firstly, stay away from the Internet, for tis an evil thing and secondly, that sometimes things just don't work out the way we want them to.

Thus was the case with Righteous Kill. Two veteran New York City detectives work to identify the possible connection between a recent murder and a case they believe they solved years ago.

Is there a serial killer on the loose, and did they perhaps put the wrong person behind bars?

Why is the film such a huge let-down? Quite simply, because the two cops are Al Pacino and Robert De Niro!.

So it's supposed to be really, really good isn't it?

Because these are like the two coolest actors of their generation doing a whole film together for the first time (Heat and Godfather II don't count) so it should be a really memorable film. And it so isn't.

It's like some average watchable but been here a hundred times before TV movie and that's all really, which would be fine if it hadn't gone and got all my hopes up with all of its star quality expectations.

So if you can go along without too many expectations then you'll be fine but if, like me, you were expecting something special, then you might be better off at home – though keep away from that Internet.

PAUL STEPHENSON

look at me, look at me, look at me

Ever fancied being on TV? Then get yourself over to rabbit - a great new chat and date service on Freeview channel 102. Text your TV or send a picture message to start having a friendly chat and join thousands of people already 'rabbiting' away.

And to get you started we're giving away 3 free messages* Simply text your message to 88456 starting with the code YM1

rabbit Chat & Date TV

* applies to text to screen messages only • standard network charges apply • normal charges (50p per sms) will apply after free credits are used • all messages are moderated • on-air 11am - 4am • see Freeview channel 102 or www.rabbit-tv.com for full T&Cs and pricing

THURSDAY
October 2

BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Open House (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)

7.30 **EastEnders** Bradley faces up to the truth about his relationship with Stacey, and confronts his dad about his actions. (T)

7.57 **BBC News and Regional News**

8.00 **The Planners are Coming** Series looking at building planning processes. (T)

8.30 **Accidental Heroes** Series documenting real-life stories of bravery and courage. (T)

9.00 **Silent Witness** Frustration within the team builds as Harry and Nikki struggle to find any useful evidence from the post-mortems to help the police. No one will talk, and they have no leads. Leo worries for Levi, who is sucked further into a world of gangs and violence. (T)

10.00 **BBC News** (T)

10.25 **Regional News and Weather** (T)

10.33 **BBC Weather** The latest weather forecast. (T)

10.35 **Question Time** David Dimbleby chairs the weekly political debate from Birmingham. (T)

11.35 **This Week** A political review of the week presented by Andrew Neil and his resident helpers Michael Portillo and Diane Abbott. (T)

12.20 Holiday Weatherview (T) **12.25** Sign Zone: Panorama (R/T) **12.55** Charley Boorman: Ireland to Sydney by Any Means (R/T) **1.55** Would Like to Meet Again (R/T) **2.25** Countryfile (R/T) **3.20** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **12.30** Open Gardens (R/T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Living in the Sun (R/T) **2.15** Animal 24:7 (R/T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Step Up to the Plate (T) **5.15** Wanted Down Under Revisited (R/T) **6.00** Eggheads (R/T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 **James May's Big Ideas** James May travels the globe in search of his ultimate flying machine. He begins by heading into the frozen wastes of Russia to pilot one of the best kept secrets of the Cold War. (R/T)

8.00 **The Restaurant** Series looking behind the scenes at the restaurant of New York chef Rocco DiSpirito. (T)

9.00 **Never Mind the Buzzcocks (New)** The anarchic, award-winning pop quiz returns with host Simon Amstell. (T)

9.30 **Beautiful People (New)** Simon Doonan now living in New York, remembers his extraordinary childhood growing up in Reading during the 90s where glamour was in short supply and his extended family were far from the beautiful people. (T)

10.00 **The Graham Norton Show (New)** Graham Norton presents celebrity chat, eccentric stories and characters, and home-grown weirdness from the great British viewing public. (T)

10.30 **Newsnight** (T)

11.20 **Amazon with Bruce Parry** Bruce Parry travels to a remote part of the Brazilian Amazon to explore what happens when the outside world makes contact with isolated tribes. (R/T)

12.20 How I Met Your Mother (R/T) **1.05** Joins BBC News (T) **3.20** This Is BBC Two **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) **4.00** Midsomer Murders (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Will Donna and Ross live to regret their night of passion? (T)

8.00 **The Bill** When a gunshot is heard inside the school where Jake Quinn is holding Sophie Parry and Polly Carr hostage, Gina is afraid that Smithy has been injured. (T)

9.00 **Natural Born Sellers (New)** Series in which eight salespeople battle it out to earn as much commission as possible while working for different companies over six weeks. (T)

10.00 **News at Ten and Weather** (T)

10.40 **Grimebusters (New)** Series following clean-up teams in their daily war against the nation's grime. A bedsit in Leicester is cleared of three tonnes of revolting rubbish. (T)

11.10 **Gome in 60 Seconds - The Bike Crime Wave** The London Programme investigates the multi-million pound crime wave that is seeing hundreds of bicycles stolen from the capital's streets every day. (R/T)

11.40 **/london (New)** A behind-the-headlines look at what matters to Londoners - the stories, the issues and the people that make our capital the greatest city in the world.

12.10 Bingo Night Live **1.10** Motorsport UK (T) **1.35** Nightwatch With Steve Scott: Emergency (R/T) **2.30** Loose Women (R) **3.20** The Jeremy Kyle Show (R/T) **4.15** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **7.55** Just Shoot Me (R/T) **8.25** Just Shoot Me (R/T) **8.55** Frasier (R/T) **9.30** Schools: Britain's Deadliest Addictions (R/T) **10.00** Advertising Uncut (R/T) **10.30** Seven Ages of Britain (R/T) **11.25** Year Dot (T) **12.00** News at Noon (T) **12.30** Frasier (R/T) **1.05 FILM: The Cassandra Crossing** (1976) Thriller starring Sophia Loren, Richard Harris and Martin Sheen. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)

7.55 **3 Minute Wonder** (T)

8.00 **The Great Italian Escape** Sarah plants up the winter vegetable patch and decants 50 litres of summer cider into assorted bottles. (T)

8.30 **Chateau Monty** After nine months of work, at last it's harvest time. Monty and Linzie need to produce at least 6,000 bottles of quaffable red wine from his biodynamic vineyard in the south of France. (T)

9.00 **Dana: The 8 Year Old Anorexic** Cutting Edge documentary about Dana, who is eight years old and suffering from an eating disorder. (T)

10.00 **8 Out of 10 Cats** Jimmy Carr presents the topical comedy panel show with team captains Sean Lock and Jason Manford. (T)

10.35 **Star Stories** (R/T)

11.05 **When Women Rule The World** The village faces a crisis and after sacking all the men, the women get down to work themselves. (T)

12.10 4music: Razorlight: Video Exclusive **12.15** Alan Carr's Celebrity Ding Dong (R/T) **1.00** 4music **1.45** Coming Up: The Circle (R/T) **2.10 FILM: The Dancer Upstairs** (2002) Thriller starring Javier Bardem. (T) **4.20** St. Elsewhere (R) **5.15** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** How Not to Decorate (R/T) **12.30** five news (T) **12.45** Monkey Life (R/T) **1.15** Home and Away (T) **1.45** Neighbours (T)

2.20 **UEFA Cup Football** (Wisla Krakow v Tottenham Hotspur) Live football action as Spurs face a difficult away leg in Poland against Wisla Krakow. Presented by Colin Murray.

5.00 **five news** (T)

5.30 **Neighbours** Steph places herself in grave danger. Dan tries to counsel Donna. Harold reveals his secret to Lou. (R/T)

6.00 **Home and Away** Elliot is up to no good. Roman worries about Nicole. Tony and Rachel plan their wedding. Rachel's patient takes a special interest in her. (R/T)

6.30 **UEFA Cup Football** (Standard Liege v Everton) Live football action as Everton travel to play Standard Liege in Belgium in this second leg game. Midfielder Marouane Fellaini returns to his old club after having signed for Everton this season. Standard very nearly knocked out Liverpool in the Champions League qualifiers and so this will be a difficult hurdle for the Toffees. Presented by Colin Murray with commentary from Dave Woods and Kevin Ratcliffe.

9.30 **UEFA Cup Football** (Vitoria Guimaraes v Portsmouth) Live football action as Portsmouth play their second ever UEFA Cup tie against Vitoria Guimaraes in Portugal. Presented by Colin Murray with commentary from Tony Jones and Stan Collymore.

12.05 Quiz Call **4.00** Major League Soccer **4.45** Wildlife SOS (R/T) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** X-Weighted **8.00** The Filth Files **8.30** The Filth Files **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Catwalk **2.00** Bones **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Don't Forget The Lyrics U.S. **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Bones **10.00** Cold Case **11.00 FILM:** Rocky V **1.05am** Road Wars **2.00** Greece Uncovered **2.55** Uncut! Sex On The Job **3.50** America's Dumbest Criminals **4.15** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Emmerdale **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Coronation Street **12.30** Emmerdale **1.00** Airline USA **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** CelebAir **8.00** The Fashion Show **9.00** Katie & Peter: The Next Chapter **10.00** Secret Diary of a Call Girl **10.30** No Heroics **11.00** Entourage **11.30 FILM:** Gone in 60 Seconds **1.45am** Katie & Peter: The Next Chapter **2.35** Teleshopping **5.35** ITV2 Nightscreen

BBC3

7.00pm Freaky Eaters **8.00** Don't Tell the Bride **9.00** The World's Strictest Parents **10.00** EastEnders **10.30** The Wrong Door **11.00** Family Guy **11.20** Two Pints of Lager and a Packet of Crisps **11.50** Two Pints of Lager and a Packet of Crisps **12.20am** The World's Strictest Parents **1.20** Don't Tell the Bride **2.20** The Wrong Door **2.50** Massive **3.20** Freaky Eaters **4.15** Dog Borstal **5.32** Close

BBC4

7.00pm World News Today **7.30** Fossil Detectives **8.00** Hindsight: Lord Beeching **8.30** Railway Walks **9.00** Ian Hislop Goes off the Rails **10.00** Great Railway Journeys **10.55** BBC Four Sessions: June Tabor **11.55** Railway Walks **12.25am** Ian Hislop Goes off the Rails **1.25** Fossil Detectives **1.55** The Art of Eternity **2.55** Ian Hislop Goes off the Rails **3.55** Close

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MKNEWS

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INSANITY IS DOING THE SAME THING AGAIN AND AGAIN AND EXPECTING DIFFERENT RESULTS - Anon

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Fed up with the same old story some comes off and then goes back on?
Then its time to make a change!
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Give us a try FREE of charge for the first two weeks with this ad! Offer available until end October 2008.
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The Laine Dankworth Centre
WAVENDON MILTON KEYNES

Thursday 2 October - 8pm
BRIAN HOUSTON
After his sell-out gig at The Stables last year Brian returns with his collection of songs - don't miss him this time!
Tickets £12

Friday 3 October - 8pm
JACQUI DANKWORTH
Back by popular demand, Jacqui will sing from Great American Songbook to songs from Stevie Wonder to Bob Dylan.
Tickets £16.50

Saturday 4 October - 8pm
JONATHA BROOKE
From rock chick Americana and heart-felt ballads, this lady can do it all.
Tickets £16.50

Tuesday 7 October - 8.45pm
ANDY FLEET
Expect an evening of beautifully crafted, warmly delivered songs with a jazz & blues-flavour.
Tickets £9.50 in advance, £11.50 on the door

Thursday 9 October - 8pm
KASAI MASAI & ATONGA ZIMBA
Compelling African rhythms from two masters in fusing the traditional with a contemporary edge.
Tickets £9.50 in advance, £11.50 on the door

01908 280800
* Booking Fee of £2.50 per transaction applies to all telephone sales *

CLUBS AND PUBS

OCEANA
Xscape 670976
THE city's biggest nightclub has had a £2million re-vamp.The new Rhythm Room plays dance, R'n'B and garage. The Ice House Reykjavik is double its old size. Over 18s Sunday-Thursday, over 19s Fridays, over 20s on Saturday. Dress code is smart casual.

THE LIVING ROOM
thehub:mk 608643
A SWANKY bar at thehub:mk. Food is served from midday until late. Live music from Edwin McCain on Thursday night.Southern soul and acoustic rock.

REVOLUTION
Xscape 679875
VODKA cocktail bar. Monday Madness: Indie to beat driven house. Tuesday: Two-for-one on 56 cocktails. Wednesday: What the funk? - Soul, funk and house. Thursday: Vanity - Indie, rock and hip hop upstairs. Friday: New soundclash, new DJs, new tunes and new drink offers. Saturday: I Love Vodka - funky commercial house. Sunday: Acoustic sessions. Dress code is smart casual.

OPUS
Theatre District john@opusmk.com
A BOUTIQUE bar with live DJs playing a mixture of house and chart tracks over two floors. Monday: I love 80s and 90s - retro beats.Wednesday: Kiss Kiss Bang Bang alternative night. Thursday: The Request Line. Fridays and Saturdays: Chart and funky house. Sunday: Salsa dancing. Dress code is casual cool.

LLOYDS NO.1
Theatre District 558905
POPULAR bar on two levels with a large dance floor and giant disco ball. DJs play into the early hours at weekends. Free entry. Drinks and food are reasonably priced.

BUDDHA BLUE
Theatre District 241243 info@buddhablue.co.uk
THIS whitewashed haven is the newest club on the circuit. DJs spin RnB tunes into the early hours. Dress code is smart.

SOUND LOUNGE
Lloyds Court 540126
NIGHTCLUB with a heavy sound system for all the latest RnB and Jungle Drum and Bass music. Over 18s only.

BLUEPRINT
Station Square 677840 info@blueprintbars.com
NEW ultra stylish independent bar. Great selection of wines, beers and 35 cocktails to choose from.

FIRST BASE
Xscape 295222
SPORTS bar with regular DJ's and live bands playing music from pop and rock to RnB and dance at the weekend, pool tables, and a big screen TV for matches.
Casual dress.

SLUG AND LETTUCE
Theatre District 395147
BAR that offers wide range of bottled and drought beers from around the world, quality wines and classic cocktails.

ALL BAR ONE
Midsummer Boulevard 397216
STYLISH cosmopolitan bar aimed at people who enjoy great drinks and food in a contemporary environment.

CRAUFORD ARMS
Wolverton 313864
PUB with live music on Friday night – Your Demise, Dreams of the Damned, Heart of a Coward, Shaping the End. £4. Doors 7.30pm.

THE CANNON
Newport Pagnell 211495
PUB with a beanbag-filled candlelit chill out space. Open mic Thursday. Free entry. To play just turn up with your instrument.

FOX & HOUNDS
Stony Stratford 563307
PUB showcasing live bands on some nights.

THE SONG LOFT
Stony Stratford 566407
FOLK and country music special on alternate Friday nights. Dress as you please.

THE PLOUGH
Water Eaton 373118
PUB with a late license and live rock bands on Saturday nights.

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PLENTY of wines to taste and food served.

COMEDY CLUB @ CITY LIMITS

GET yourself down to Milton Keynes' fantastic City Limits for a magnificent evening of fun and laughs with The Comedy Club on Thursday
Waitress service , candle-lit tables and a great joke competition with prizes. Over 18s.
Tickets £12/Members £10. Doors 7:15pm. Show time 8:30pm.
Ticket Hotline: 01908 295200 or 01908 295201 advance sales only.

CHAMBERS AND NETTLETON
NORTHERN lasses Chambers and Nettleton are emerging as one of the brightest comic duos on the circuit today. The only female double act cutting it on the live comedy circuit.

RICHARD MORTON
STAND up comedian, singer, songwriter and winner of the Time Out Comedy Award, Richard Morton is now a regular on Channel 5. You can see him on The Comedy Store Show and on the retro quiz show WowFab Groovy.

MARK WALKER
MARK Walker is the son of Roy Walker of Catchphrase fame, but don't hold that against him. He's funny. Born in Ireland, the nomadic former pebbledasher and pub rock singer found himself in Grimsby before he found himself converted to the world of comedy.

THE STABLES 280800

JACQUI DANKWORTH
Friday, October 3, 8pm
A VOICE and a versatility that allows her to tackle everything from the Great American Songbook to Stevie Wonder and Bob Dylan with consummate ease.
Tickets £16.50

JONATHA BROOKE
The Undiscovered Music of Woody Guthrie
Saturday, October 4. 8pm
THE American folk-rock singer-songwriter premieres her new album of unpublished lyrics from the Woody Guthrie archives, composed, arranged and produced by herself.
Tickets £16.50

Jonatha Brooke

SHOW OF HANDS
Sunday, October 5. 8pm
A POTENT and magical mix of Phil Beer, who can play nearly every instrument known to man and Steve Knightley, described by Mike Harding as 'one of England's greatest singer songwriters'.
Tickets £18

WISHBONE ASH
Sunday, October 5. 8pm
THE pioneers of the twin-guitar rock performing classic tracks from their multi-million selling albums.
Tickets £21.50

ANDY FLEET
Tuesday, October 7. 8.45pm
SONGWRITER, vocalist and pianist Andy Fleet with jazz and blues-flavoured popular music. With some special guest vocalists it will certainly be an evening to remember.
Tickets £9.50 in advance, £11.50 on the door

DENNIS LOCORRIERE
Wednesday, October 8. 8pm
AS lead singer with Dr Hook, Dennis Locorriere scored over 60 gold and platinum records and secured number one hits in more than 42 countries with classics such as Sylvia's Mother, When You're In Love With A Beautiful Woman, A Little Bit More and The Ballad of Lucy Jordan.
Tickets £19.50

KASAI MASAI & ATONGO ZIMBA
Thursday, October 9. 8pm.
The traditional sound of remote equatorial Africa twith a contemporary twist. Their sound is rooted in the healing power of percussion and chanting, combined with Congolese folk guitar and jazz sa.
Tickets £12.50 Meal Deal £22.50

THE PITZ 660392

Sack Trick

SACK TRICK
Plus Pig Iron and Rise to Remain
Friday , October 3
THIS special memorial concert for Winnie Murray with proceeds going to The Alzheimers Society and Cancer Research UK.
Sack Trick write songs about topics that other bands are too scared to address like tigers and unusual flavours of ice cream.
They don't play many gigs, but when they do, they make them good.
Sack Trick's plans for the future include releasing some more albums and a DVD and then hiding in a forest until it gets dark.
Pig Iron are a bluesy, heavy rock band from London.
Shortly after forming, while supporting the legendary Budgie, Pig Iron were paid a visit by Bruce Dickinson and Janick Gers of Iron Maiden, which resulted in a live performance on the Bruce Dickinson Radio show, on BBC 6 Music.
Tickets £7.50. Doors 7pm.

Devil Sold His Soul
Plus Fei Comodo, Rinoa and Rise Inside
Saturday,October 4

Devil Sold His Soul are one the UK's most exciting and original progressive metal bands, mixing huge wall of sound riffs, with darkly atmospheric hypnotic soundscapes and raw emotional vocals.
Thier resently released second album "A Fragile Hope" on eyeofsound records with rave reviews from the music press.
Tickets £7. Doors 7.30pm.

Fell Silent

FELL SILENT
Plus Our Man in the Bronze Age, The Arusha Accord and Rise Inside
Live at the legendary Camden Underworld, London
Tuesday, October 7
PITZ promoter Paul Rivers is taking four of our top bands to hit the bright lights in his first ever event in the capital.
Fell Silent have bagged the main support on Enter Shikari's October UK tour and will be taking a night off from the busy tour to play this concert.
Fell Silent are getting 300 plays per day on their myspace site (www.myspace.com/fellsilent) and recently released their debut album 'The Hidden Words' to much acclaim.
A coach will be available for the trip from The Pitz, the cost of £14 which includes your entry, but with just 50 seat available you best hurry.
For coach trip info contact - Pete Garrett on 01908 503349 / www.myspace.com/d2w
So go down and support these local lads on their debut London headliner and show them how Milton Keynes rocks.
Age restriction is 14-plus but under 16 must be accompanied by an adult.
Tickets are £6 from The Underworld: 0207 4821932, www.ticketweb.co.uk, www.seetickets.com or www.theunderworldlondon.co.uk
£7 on the evening.
Doors 7pm.

MK THEATRE

Louise Dearman plays Eva Peron

EVITA
Until Saturday, October 11
WITH a clutch of more than 20 major awards including the Oscar-winning film version starring Madonna and Antonio Banderas, this truly legendary smash hit show comes to MK for two weeks.
New West Ends star Louise Dearman brings this extraordinary role of Eva Peron to life, wife of former Argentine dictator Juan Peron.
The production follows Eva's rise to sainthood – telling the story of the enormous wealth and power she gained to become the beloved Evita.
Seamus Cullen plays Che Guevara while Mark Heenehan takes the role of Juan Peron.
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FRIDAY
October 3

BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Homes under the Hammer (T) (Followed by BBC News; Weather) **11.00** Open House (T) **11.30** Cash in the Attic (T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)
7.30 **A Question of Sport** Sue Barker hosts the fast-paced entertaining sports quiz. (T)
7.57 **BBC News and Regional News**
8.00 **EastEnders** Bianca resorts to desperate measures to make Whitney talk. (T)
8.30 **DIY SOS** Home renovation programme. Nick Knowles is in Romford to sort out the Morris family's DIY disaster. (T)
9.00 **Harry and Paul** Sketch comedy series starring Harry Enfield and Paul Whitehouse. (T)
9.30 **Little Britain USA (New)** Matt Lucas and David Walliams take their comic creations Stateside for a new six-part series. (T)
10.00 **BBC News** (T)
10.25 **Regional News and Weather** (T)
10.33 **BBC Weather** The latest weather forecast. (T)
10.35 **Friday Night with Jonathan Ross** Celebrity chat show hosted by Jonathan Ross. (T)
11.35 **National Lottery Euromillions Draw** (T)
11.40 **FILM: Devil's Advocate** (1997) Occult thriller in which a hotshot young lawyer is recruited by a powerful legal firm, and soon finds himself tempted by a Faustian bargain with the New York legal fraternity. Stars Keanu Reeves. (T)

1.55 Weatherview (T) **2.00** Sign Zone: Earth: The Climate Wars (R/T) **3.00** Street Doctor (R/T) **3.30** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **12.30** Open Gardens (R/T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Living in the Sun (R/T) **2.15** Animal 24:7 (R/T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Step Up to the Plate (T) **5.15** Wanted Down Under Revisited (R/T) **6.00** Eggheads (R/T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 **The Real Monarch of the Glen** Documentary following the staff at the Sutherland estate where millionaire Paul Lister plans to set up an enclosed animal reserve. (T)
7.30 **An Island Parish** It's Easter on the Isles of Scilly, the traditional start of the holiday season, and the islanders hold their breath to see how much the credit crunch will affect their livelihoods. (T)
8.00 **Mastermind** John Humphrys puts the questions to four more contenders. (T)
8.30 **Gardeners' World** (T)
9.00 **The Tudors** Anne Boleyn is to be beheaded, with few allies left to mourn her, while Henry has hopes of a fresh start in life and in love. (T)
9.50 **Coast** A look around the coast of the British Isles. (T)
10.00 **QI** Stephen Fry hosts the quiz show in which contestants are rewarded more if their answers are 'quite interesting'. (R/T)
10.30 **Newsnight** (T)
11.00 **Newsnight Review** Round table arts and culture discussion programme with Kirsty Wark. (T)
11.40 **Later...with Jools Holland** Jools entertains a whole host of musical talent. (T)

12.40 Star Trek: The Next Generation (R/T) **1.25** Star Trek: The Next Generation (R/T) **2.10 FILM: Curse of the Crimson Altar** (1968) British horror tale starring Boris Karloff. (T) **3.35** How I Met Your Mother (R/T) **3.55** How I Met Your Mother (R/T) **4.20** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) **4.00** Midsomer Murders (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** An uneasy Ross suspects that Shane is onto him about Donna. (T)
7.30 **Coronation Street** A wary Liam follows Tony into the caves. An optimistic Becky remains unaware of Jason's doubts. (T)
8.00 **Esther vs the PC Brigade: Tonight** Esther Rantzen questions whether political correctness has gone so far that it is now putting our children at risk. (T)
8.30 **Coronation Street** Tony asks Liam for a favour he can't refuse. (T)
9.00 **Wire In the Blood** Tony Hill is arrested as the police's prime suspect when another of his friends is attacked and drowned. (T)
10.00 **Al Murray's Happy Hour** The caustic pub landlord welcomes more of his favourite stars for some no-nonsense chat and electrifying live music. (T)
11.00 **The Late News and Weather**
11.45 **Bingo Night Live** Michael Underwood and Jayne Sharp present the bingo show with tens of thousands of pounds waiting to be won - and all for free! Download your cards at www.itv.com/bingonightlive.

12.50 Nightwatch With Steve Scott: Emergency (R/T) (Followed by ITV News Headlines) **1.45 FILM: Splitting Heirs** (1992) Comedy starring Rick Moranis, Eric Idle and Barbara Hershey. (T) **3.10** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Just Shoot Me (R/T) **9.00** Frasier (R/T) **9.30** Schools: Britain's Deadliest Addictions (R/T) **10.00** Advertising Uncut (R/T) **10.30** Seven Ages of Britain (R/T) **11.25** Year Dot (T) **12.00** News at Noon (T) **12.30** Supernanny (R/T) **1.20** Channel 4 Racing from Newmarket (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** includes sport and weather. (T)
7.35 **Britain's Whitest Family** (T)
8.00 **A Place in the Sun: Home or Away** It's a battle of the coasts for Jonnie and Jasmine this week as they take Manchester couple Iggy and Julie to South Wales and Portugal's west coast in their quest to find the ultimate holiday home to invest in. (T)
9.00 **Ugly Betty** Renee becomes more and more paranoid and convinced that Betty is falling in love with Daniel and has become a rival for his affections, while Henry thinks she's more interested in Gio. (T)
10.00 **Ugly Betty** Betty attempts to patch things up with Charlie by throwing her a baby shower, but the mother-to-be's waters break during the party. (T)
11.00 **4music: Bond Theme: Video Exclusive** (T)
11.05 **FILM: The Cave** (2005) Bloodthirsty creatures await a pack of divers who become trapped in an underwater cave network. Tension-filled horror, starring Cole Hauser, Eddie Cibrian and Morris Chestnut. (T)

1.05 4music: Beat Stevie (T) **1.20** 4music: JD Set Presents Boy Kill Boy (R/T) **1.35** Goalissimo (T) **2.30** UK School Games (R) **3.20** The Silverstone Classic (R/T) **4.15** Transworld Sport (R/T) **5.10** Countdown (R/T)

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Trial of the Knights Templar (R/T) **12.30** five news (T) **12.45** Grey's Anatomy (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** County Secrets (T) **3.00** five news update (T) **3.05 FILM: Hidden in America** (1997) Powerful TV drama starring Beau Bridges, Bruce Davidson and Shelton Dane. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Animal Rescue Squad (R/T)

7.00 **five news** National and international news. (T)
7.30 **Daring Raids of World War II** Historical documentary series presented by Major Gordon Corrigan. (R/T)
8.00 **Axe Men** Series following the work of North American lumberjacks who risk their lives to cut timber whilst battling mechanical failures, unpredictable terrain and falling trees. (T) (Followed by five news at 9)
9.00 **NCIS** The prime suspect for the murder of a marine on a college campus is also found dead, leading the team to believe that both were involved in a deadly game. (R/T)
10.00 **Law and Order: Special Victims Unit** Drama series about an elite force based in New York which investigates sex crimes. Detectives hunt a rapist who preys on vulnerable women. Their only witness is a schizophrenic patient whose confused words may hold the key to the case. (T)
11.00 **Law and Order** When an off-duty police officer is shot, Detectives Briscoe and Green investigate whether the victim was targeted because of her uniform. (R/T)

12.00 Quiz Call **4.30** Great Ocean Adventures: The White Whale (R/T) **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** X-Weighted **8.00** The Filth Files **8.30** The Filth Files **9.00** Lion Man **9.30** Lion Man **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Catwalk **2.00** Bones **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Malcolm in the Middle **5.30** Malcolm in the Middle **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Celebrity Are You Smarter Than A 10 Year **9.00** Hairspray: The School Musical **10.00** Don't Forget The Lyrics **11.00** Don't Forget The Lyrics **12.00am** Road Wars **1.00** Road Wars **1.50** Greece Uncovered **2.40** Uncut! Sex On The Job **3.30** Scare Tactics **3.55** America's Dumbest Criminals **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Emmerdale **7.05** The Montel Williams Show **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Emmerdale **10.30** Judge Judy **11.00** Judge Judy **11.30** Airline **12.00pm** Emmerdale **1.00** ITV at the Movies **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.30** The X Factor **8.00** The X Factor **9.00 FILM:** Gone in 60 Seconds **11.20** Katy Brand's Big Ass Show **11.50** Celebrity Juice **12.20am** Katie & Peter: The Next Chapter **1.20** Coronation Street **1.50** Coronation Street **2.15** Teleshopping

BBC3

7.00pm Spendaholics **8.00** Most Annoying Couples **9.00** Heroes **9.45** Heroes Unmasked **10.00** EastEnders **10.30** Two Pints of Lager and a Packet of Crisps **11.00** Two Pints of Lager and a Packet of Crisps **11.30** Family Guy **11.55** Massive **12.25am** The Wrong Door **12.55** Coming of Age **1.20** Two Pints of Lager and a Packet of Crisps **1.40** Two Pints of Lager and a Packet of Crisps **2.20** Most Annoying Couples **3.20** Massive **3.50** Coming of Age **4.20** Driving Mum and Dad Mad **5.15** Close

BBC4

7.00pm World News Today **7.30** Pinchas Zukerman **8.30** Only Connect **9.00** Once Upon a Time in New York **10.00** Arena **10.55** Arena **11.35** The Avengers **12.25am** The Avengers **1.15** The Book Quiz **1.45** The Art of Eternity **2.45** Mark Lawson Talks to Melvyn Bragg **3.45** Close

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SATURDAY
October 4

BBC1

6.00 Breakfast (T) **10.00** Saturday Kitchen (T) **11.30** What To Eat Now (R/T) **12.00** BBC News (T) **12.10** Football Focus (T) **1.00** Great North Run (T) **2.10** Rugby Union: Anglo-Welsh Cup (T) **4.30** Final Score (T) **5.10** BBC News (T) **5.25** Regional News and Weather (T) **5.30** Hole in the Wall (T) **6.00** Merlin (T)

6.45 **Strictly Come Dancing** Bruce Forsyth and Tess Daly host the celebrity ballroom dancing competition, as the seven remaining male stars dance either a jive or a tango. (T)

8.00 **The National Lottery: Who Dares Wins** Nick Knowles hosts the Saturday night National Lottery quiz where two teams of strangers compete to win 50,000 pounds by completing a series of lists. (T)

8.50 **Casualty** A haunted Dixie realises her guilt may have left a deep psychological scar, and is driven to seek help from Ben the counsellor. (T)

9.40 **BBC News** (T)

10.00 **Little Britain USA** Matt Lucas and David Walliams take their comic creations to the US for a new six-part series. (R/T)

10.30 **Match of the Day** Highlights of the day's four matches in the Barclays Premier League. (T)

11.30 **FILM: Undisputed** (2002) Action thriller about an undefeated heavyweight boxing champion who, having been sentenced to 10 years in prison, is lined up to fight the prison's own top fighter in a brutal contest organised by an old-time gangster. Stars Wesley Snipes, Ving Rhames and Peter Falk. (T)

12.55 Friday Night with Jonathan Ross (R/T) **1.55** Weatherview (T) **2.00** Joins BBC News (T) **5.45** Moto GP: Round 16 - Phillip Island (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies: TMi (T) **10.00** Lockie Leonard (T) **10.30** Hot Rods (T) **10.55** Prank Patrol Pocketsize (R/T) **11.00** The Story of Tracy Beaker (R/T) **11.30** Eliot Kid (R/T) **11.45** Sportsround (T) **12.00** Sound (T) **12.30** Scene Stealers (T) **1.00** Greek (R/T) **1.45** Revealed (T) **2.00** Racing (T) **3.45** Secret Fawns of Yellowstone (R/T) **3.55** Coast (R/T) **4.55** Tess of the D'Urbervilles (R/T) **5.55** Dad's Army (T)

6.25 **FILM: Return from the River Kwai** (1989) An American pilot joins British guerrillas to rescue POWs from a Japanese camp. Stars Timothy Bottoms, Edward Fox and Christopher Penn. (T)

8.00 **Timewatch - Britain's Forgotten Floods** Tsunamis are among the most destructive forces known to Man - but in Britain, most of us think they are one thing we don't need to worry about. (T)

9.00 **Have I Got News for You** The topical comedy quiz is guest hosted by Michael Aspel as team captains Paul Merton and Ian Hislop are joined by Sara Cox and Reginald D Hunter. (R/T)

9.30 **Never Mind the Buzzcocks** (R/T)

10.00 **Live at the Apollo** Jimmy Carr hosts, with his special guest Alan Carr. (R/T)

10.50 **Beautiful People** (R/T)

11.20 **FILM: Romance and Cigarettes** (2005) Comedy drama. A big, heavy-smoking construction worker is in for some trouble when his suburban wife discovers he is having an affair with a sexy but foul-mouthed English shop assistant. Stars James Gandolfini. (T)

1.00 That Mitchell and Webb Situation **(New)** (T) **1.25** That Mitchell and Webb Situation (T) **1.45 FILM: Snakes and Ladders** (1996) Wry comedy drama starring Pom Boyd. (T) **3.20 FILM: A Lucky Day** (2002) Drama starring Valentina Bassi. (T) **4.50** This Is BBC Two

ITV1 Anglia

6.00 GMTV (T) **10.15** CITV: Emu (T) **10.30** My Parents Are Aliens (R/T) **11.00** Drake and Josh (R/T) **11.30** Bernard's Watch (R/T) **11.45** Planet Sketch (R/T) **11.50** The Crocodile Hunter Diaries (R/T) **12.20** ITV News and Weather (T) **12.25** Regional News and Weather **12.30** Coronation Street Omnibus (T) **2.45** The X Factor (R/T) **3.45 FILM: The Flintstones in Viva Rock Vegas** (2000) Comedy starring Stephen Baldwin. (T) **5.30** Regional News and Weather **5.45** ITV News and Weather (T) **6.00** Totally You've Been Framed! (T)

7.00 **All Star Family Fortunes** Vernon Kaye is your host as two more celebrity families compete to win 30,000 pounds for the charity of their choice. (T)

7.45 **The X Factor** It is crunch time for the remaining hopefuls as they visit the judges' houses to sing for a place in the final stages of the competition. (T)

9.15 **Midsomer Murders** When council clerk Martin Barrett is shot dead, Barnaby and Jones discover that he was an expert blackmailer. They investigate which of his victims hated him enough to kill him, and the trail leads to Fennacombe Bay. Why are Richard and Maggie Florian spending so much time at sea - and could police committee chairman Sir John Waverley have a scandalous past? With the help of a former policeman turned fisherman, Barnaby takes to the waves to find out. (R/T)

11.15 **ITV News and Weather** (T)

11.30 **TV's Naughtiest Blunders** Neil Morrissey presents another collection of risque bloopers from the small screen. (T)

12.15 Bingo Night Live **1.15** Nightwatch With Steve Scott: Mystery (R/T) (Followed by ITV News Headlines) **2.10 FILM: Cradle 2 The Grave** (2003) Thriller starring Jet Li, DMX and Mark Dacascos. (T) **3.55** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Goalissimo (R/T) **8.00** The Morning Line (T) **8.50** T4: Friends (R/T) **9.25** Everybody Loves Lil Chris (T) **9.55** Friends (R/T) **10.25** 4music Presents... Will Young (R/T) **11.00** Friends (R/T) **11.30** The Hills (T) **12.00** Reaper (R/T) **1.00** Scrubs (T) **1.30** Scrubs (T) **2.00** Channel 4 Racing from Newmarket and Redcar (T) **4.10** The TV Show (T) **4.40** A Place in the Sun (R/T) **5.15 FILM: Mrs Doubtfire** (1993) Family comedy starring Robin Williams, Sally Field and Pierce Brosnan. (T)

7.30 **Channel 4 News** Includes sport and weather. (T)

8.00 **The Real Knights Of The Round Table: A Time Team Special** Tony Robinson and his team investigate the remains of one of the most enigmatic - and significant - buildings in English history: the Round Table. Built by Edward III on the grounds of what is now the Queen's private lawn at Windsor Castle, the huge building stood for only half a century, yet was a stepping stone in Edward III's success. (R/T)

9.00 **FILM: The Core** (2003) The world is struck by inexplicable phenomena - the planet's core has stopped moving, causing electro-magnetic mayhem. The only hope lies in a crack team of scientists. Sci-fi drama starring Aaron Eckhart, Hilary Swank and Delroy Lindo. (T)

11.35 **8 Out of 10 Cats** Jimmy Carr presents the topical comedy panel show with team captains Sean Lock and Jason Manford. (R/T)

12.10 4music: Live From Abbey Road (T) **1.15** Coming Up: Emo (R/T) **1.45 FILM: The Money Pit** (1985) Comedy starring Tom Hanks. (T) **3.20 FILM: Wondrous Oblivion** (2003) Family comedy starring Sam Smith. (T) **5.10** Countdown (R/T) **5.55** Making It (R)

FIVE

6.00 Sunrise **7.00** Milkshake! **10.00** Fifth Gear (R/T) **11.00** Axe Men (R/T) **12.00** Axe Men (R/T) **1.00** Zoo Days (R/T) **1.20 FILM: White Fang II: Myth of the White Wolf** (1994) Drama starring Scott Bairstow, Alfred Molina and Charmaine Craig. (T) **3.25 FILM: Mystery Woman: Snapshot** (2005) Murder mystery sequel starring Kellie Martin, Nina Siemaszko and Casey Sander. (T) **5.10 FILM: Silverado** (1985) Exuberant and fast-paced western starring Kevin Kline, Scott Glenn and Kevin Costner. (T)

7.30 **five news and sport** The latest national and international headlines. (T)

7.45 **NCIS** A nuclear power plant inspector reports that he has been poisoned with a lethal dose of radiation. (R/T)

8.40 **NCIS** An explosion at a military mausoleum reveals a crypt full of fresh body parts. (R/T)

9.40 **CSI: Crime Scene Investigation** The CSIs' investigation into the murder of a well-respected socialite leads them into the murky world of illegal dog-fighting. Meanwhile, Warrick is questioned over how a stripper ended up dead in his car. (R/T)

10.40 **Law and Order: Criminal Intent** When the little black book of an infamous hedonistic playboy is purchased at auction, the new owner is found murdered. (R/T)

11.40 **Women Who Kill** Series documenting the harrowing stories of female killers. The tale of infamous 'black widow' Cynthia Phillips, who not only killed her husbands but burned their houses in an effort to secure millions in insurance money. She was eventually caught when her boyfriend was found shot dead in Texas. (R/T)

12.40 Quiz Call **4.25** Great Ocean Adventures: The Red Devil Squid (R/T) **5.10** House Doctor (R/T) **5.35** House Doctor (R/T)

SATELLITE

SKY ONE

6.00am America's Dumbest Criminals **6.30** America's Dumbest Criminals **7.00** Malcolm in the Middle **7.30** Malcolm in the Middle **8.00** Lion Man **8.30** Lion Man **9.00** Soccer A.M. **12.00pm** Sir Alex's Most Wanted **1.00** Stargate Atlantis **2.00** Don't Forget The Lyrics U.S **3.00** Malcolm in the Middle **3.30** Malcolm in the Middle **4.00** Hairspray: The School Musical **5.00** American Gladiators **6.00** Celebrity Are You Smarter Than A 10 Year **7.00** Uk Border Force **8.00** The Simpsons **8.30** The Simpsons **9.00** Road Wars **10.00** Night Cops **11.00** Street Wars **12.00am** Prison Break **1.00** Ricky Hatton: The Fightback **1.55** Road Wars **2.20** The Villa **3.15** Mile High **4.10** Miami Uncovered **5.05** Bite Size Brainiac **5.10** Guilty!

ITV2

6.00am Coronation Street Omnibus **8.05** Emmerdale Omnibus **10.55** Holiday Showdown **12.00pm** All Star Family Fortunes **12.45** Planet's Funniest Animals **1.15** ITV at the Movies **1.45** Xtra Factor **2.45** Holiday Airport - Orlando **3.45** Xtra Factor **4.45** The Fashion Show **5.45** CelebAir **6.45** Supersize Kids: Britain's Tallest Teens **7.45** New Homes from Hell **9.15** Xtra Factor **10.15** Jack Osbourne: Celebrity Adrenaline Junkie **11.15** BT Digital Music Awards **12.15am** Katy Brand's Big Ass Show **12.45** The X Factor **2.15** Xtra Factor **3.05** Entourage **3.30** The Fashion Show **4.20** Smallville **5.10** Bad Boys and Hell Raisers: Celebrities Exposed

BBC3

7.00pm Football Gaffes Galore **7.15** Mind, Body and Kick Ass Moves **7.45** Mind, Body and Kick Ass Moves **8.15** The World's Strictest Parents **9.15** The Most Annoying Pop Moments... We Hate to Love **11.45** Two Pints of Lager and a Packet of Crisps **12.15am** Two Pints of Lager and a Packet of Crisps **12.45** Coming of Age **1.15** Massive **1.45** The Wrong Door **2.15** The World's Strictest Parents **3.10** Two Pints of Lager and a Packet of Crisps **3.40** Two Pints of Lager and a Packet of Crisps **4.10** Coming of Age **4.40** Massive **5.10** Football Gaffes Galore **5.30** Close

BBC4

7.00pm Lark Rise to Candleford **8.00** Lark Rise to Candleford **9.00 FILM:** Von Ryan's Express **10.55 FILM:** The Narrow Margin **12.05am** The Art of Arts TV **1.05** The Art of Arts TV **2.05** The Art of Arts TV **3.05** Arena at 30 **4.05** Close

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SUNDAY
October 5

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BBC1

7.00 Match of the Day (R/T) **8.05** Breakfast (T) **8.30** The Andrew Marr Show (T) **9.30** Great North Run (T) **1.30** The Politics Show (T) **2.30** EastEnders (R/T) **4.25** Merlin (R/T) **5.10** Songs of Praise (T) **5.45** BBC News (T) **6.05** Regional News and Weather (T) **6.10** Big Cat Live **(New)** (T)

7.10 Antiques Roadshow The show in which experts invite members of the public to bring along their antiques for examination brings Fiona Bruce and the team to Ascot Racecourse, where the Pavilion is full of people hoping for a high valuation of their old treasures. (T)

8.10 Strictly Come Dancing: Results Bruce Forsyth and Tess Daly host the celebrity ballroom dancing competition with special performances and behind-the-scenes footage. (T)

9.00 Tess of the D'Urbervilles In the last in the four-part drama series based on the novel by Thomas Hardy, Angel has gone to Brazil, leaving Tess to endure a harsh winter on a swede farm.

10.00 BBC News (T)

10.20 The Story of the Guitar Alan Yentob embarks on a three-part personal journey to discover how the guitar became the world's favourite musical instrument. (T)

11.20 FILM: Kate and Leopold (2001) Fantastical romantic comedy about a modern female executive whose career has left little time for romance, until her ex-boyfriend opens up a time portal which transports a charming 19th-century bachelor to modern-day America. Stars Meg Ryan. (T)

1.10 The Sky at Night (T) **1.30** Weatherview (T) **1.35** Sign Zone: Amazon with Bruce Parry (R/T) **2.35** Holby City (R/T) **3.35** The Dark Side of Fame With Piers Morgan (R/T) **4.20** The Planners are Coming (R/T) **4.50** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies: Escape from Scorpion Island (T) **10.00** Something for the Weekend (T) **11.30** Film 2008 with Jonathan Ross (R/T) **12.00** Rugby League: Super League Grand Final (T) **1.00** Racing (T) **4.00** Moto GP: Round 16 - Philip Island (T) **5.00** Great North Run (T) **5.45** Points of View (T) **6.00** Dragons' Den (R/T)

7.00 Top Gear Jeremy, Richard and James enter a 24-hour endurance race in what turns out to be one of their toughest challenges to date. (R/T)

8.00 Charley Boorman: Ireland to Sydney by Any Means Now in far flung Vietnam, Charley joins thousands of local bikers on a Minsk Motorcycle and makes his way over to Halong Bay to see the beauty of the Thousand Islands. (T)

9.00 James May's Big Ideas James May sets off to discover if his childhood vision of a world populated by robots will ever become a reality. (T)

10.00 Match of the Day 2 Adrian Chiles with action from the day's six Barclays Premier League games. (T)

11.10 The Graham Norton Show Graham Norton presents a show focusing on people, trends, stories and the aspects of celebrity culture that interest him most. (R/T)

11.55 Heroes Moments after shots rang out, the shocking identity of Nathan's assassin and the reasons why the Texas press conference had to be cut short are revealed. Peter and Matt are thrown into unexpected, uncharted territory. (R/T)

12.40 That Mitchell and Webb Situation (T) **1.30 FILM: The Sorcerers** (1967) Drama starring Boris Karloff. (T) **2.55 FILM: Scarlet Street** (1945) Classic film noir tale starring Edward G Robinson. (T) **4.35** The Super League Show (R/T)

ITV1 Anglia

6.00 GMTV (T) **10.00** CITV: Finger Tips (T) **10.20** Finger Tips (T) **10.40** Tricky Quickies (R/T) **10.45** The Championship (T) **11.45** ITV News and Weather (T) **11.50** Regional News and Weather **11.55 FILM: Free Willy 3: The Rescue** (1997) Adventure starring Jason James Richter. (T) **1.30** The X Factor (R/T) **3.00 FILM: Chitty Chitty Bang Bang** (1968) Musical fantasy starring Dick Van Dyke. (T) **5.40** Regional News and Weather **5.55** ITV News and Weather (T)

6.10 The X Factor It is make or break time for the X Factor hopefuls as they find out whether they have made the live shows or whether their dream is over and they are heading home. (T)

7.10 FILM: Harry Potter And The Goblet Of Fire (2005) The fourth instalment of the fantasy series sees Harry selected to compete in the challenging Triwizard Tournament, and when a series of dramatic events indicates that Lord Voldemort's return is imminent, Harry may no longer be safe at Hogwart's. Stars Daniel Radcliffe, Emma Watson and Rupert Grint. (T)

10.00 The South Bank Show: The One Ronnie A revealing portrait of Ronnie Corbett, one of the country's best-loved comedians. (T)

11.00 ITV News and Weather

11.15 FILM: Deuce Bigalow: Male Gigolo (1999) Brash comedy about a fish-tank cleaner who agrees to house-sit for a gigolo and finds that answering a phone call opens up a new career as a male escort. Stars Rob Schneider, Eddie Griffin and William Forsythe. (T)

12.55 Faith in the Frame (T) **1.20** 60 Minute Makeover (R/T) (Followed by ITV News Headlines) **2.10** Watching the Detectives (R/T) **2.35** Watching the Detectives (R/T) **3.00** Have I Been Here Before (R/T) **3.25** Have I Been Here Before (R/T) **3.45** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Hoobs (R/T) **6.25** The Hoobs (R/T) **6.50** Transworld Sport (T) **7.45** Bennetts British Superbike Championship (T) **8.40** Freesports on 4 (T) **9.05** T4: Hollyoaks Omnibus (R/T) **11.35** Frock Me **(New)** (T) **12.25** Friends (R/T) **12.55** Ugly Betty (R/T) **1.55** Ugly Betty (R/T) **2.55** When Women Rule The World (R/T) **4.00** The Simpsons (R/T) **4.30** The Simpsons (R/T) **5.00** Deal Or No Deal (T) **5.45** Bear Grylls: Born Survivor **(New)** (T) **6.45** Channel 4 News (T)

7.00 Outback Art: The Gold Rush Ekow Eshun presents a look at the complex issues surrounding the acquisition of Aboriginal art. Australian indigenous art has become a multi-million dollar global industry, even though its artists were only introduced to acrylic paint and canvas 35 years ago. (T)

8.00 Wife Swap Ohio salon owner Angie Hamilton swaps a life of manicures, pedicures and pampering to stay with the Lowe family of Pennsylvania, who run a successful business bottling and selling deer urine. (T)

9.00 The Secret Policeman's Ball 2008 The biggest comedy show of the year returns to the Albert Hall for 2008 as Amnesty International host a star-studded night of entertainment and music. (T)

10.35 FILM: Secretary (2002) A young woman, recently released from a mental hospital, gets a job as a secretary to a demanding lawyer, where their employer-employee relationship turns into a sexual, sadomasochistic one. Comedy starring James Spader, Maggie Gyllenhaal and Jeremy Davies. (T)

12.45 Back To You (T) **1.15 FILM: Life... in a Metro** (2007) Comedy drama starring Dharmendra. (T) **3.35** Dispatches: Cameron's Money Men (R/T) **4.30** Countdown (R/T) **5.15** The Great North Swim

FIVE

6.00 Milkshake! **10.00** I Own Britain's Best Home and Garden (R/T) **11.00** Giant Python of the Everglades: Austin Stevens' Adventures (R/T) **12.00** Megastructures: 747 Demolition (R/T) **1.00** Top Trumps: Fire Engines (R/T) **1.30** The Gadget Show (T) **1.35 FILM: Big Valley: The Dark Angel** (1958) Film based on the classic western series starring Barbara Stanwyck, Lee Majors and Richard Long. (T) **3.40 FILM: The Black Hole** (1979) Disney sci-fi adventure starring Maximilian Schell, Anthony Perkins and Robert Forster. (T) **5.30** five news (T)

5.50 FILM: Planet Of The Apes (2001) Classic sci-fi story about an exploratory mission which goes drastically wrong, sending a group of astronauts 2,000 years into the future. Stars Charlton Heston, Roddy McDowall and Kim Hunter. (T)

8.00 Deadly Jungle Rattlesnake: Austin Stevens' Adventures Wildlife documentary. Austin Stevens travels to Mexico to catch a glimpse of the Tzabcan rattlesnake, a highly venomous beast once hailed as a god by the ancient Mayans. (T)

9.00 FILM: Hart's War (2002) World War II drama in which a former law student - now a lieutenant in the army - is forced to defend himself and two black officers after a murder occurs in the POW camp to which they have been sent. Meanwhile, a wily colonel plans to use the distraction of the investigation to plot a daring escape. Stars Bruce Willis, Colin Farrell and Terence Howard. (T)

11.25 CCTV Cities Series revealing real-life footage of urban crime, presented by Donal MacIntyre. (R/T)

12.25 Urban Legends (R/T) **12.55** Major League Baseball **4.20** FIM Motocross World Championship (R) **5.10** House Doctor (R/T) **5.35** House Doctor (R/T)

SATELLITE

SKY ONE

6.00am Hour of Power **7.00** America's Dumbest Criminals **7.30** America's Dumbest Criminals **8.00** Celebrity Are You Smarter Than A 10 Year **9.00** Hairspray: The School Musical **10.00** Sir Alex's Most Wanted **11.00** WWE - Experience **12.00pm** WWE - No Mercy Preview **12.30** Futurama **1.00** Futurama **1.30** Futurama **2.00** Bones **3.00** Cold Case **4.00** Malcolm in the Middle **4.30** Futurama **5.00** Futurama **5.30** The Simpsons **6.00** Hairspray: The School Musical **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Fringe **10.45** Bones **11.45** Cold Case **12.45am** Street Wars **1.45** The Villa **2.40** Miami Uncovered **3.35** Road Wars **4.30** Road Wars **4.55** Bite Size Brainiac **5.10** Guilty!

ITV2

6.00am Emmerdale Omnibus **8.50** Nanny 911 **9.45** The X Factor **11.15** Xtra Factor **12.15pm** Emmerdale Omnibus **3.00** All Star Family Fortunes **3.45** Coronation Street Omnibus **6.10** The Fashion Show **7.10** Xtra Factor **8.10** Jack Osbourne: Celebrity Adrenaline Junkie **9.00** Katie & Peter: The Next Chapter **10.00** Secret Diary of a Call Girl **10.30** No Heroics **11.00** Celebrity Juice **11.30** Jack Osbourne: Celebrity Adrenaline Junkie **12.30am** Entourage **1.00** The X Factor **1.50** Xtra Factor **2.40** Teleshopping **5.40** ITV2 Nightscreen

BBC3

7.00pm Freaky Eaters: Addicted to Crisps **8.00** The World's Strictest Parents **9.00** Gavin and Stacey **9.30** Massive **10.00** Family Guy **10.20** Two Pints of Lager and a Packet of Crisps **10.50** Two Pints of Lager and a Packet of Crisps **11.20** Gavin and Stacey **11.50** Massive **12.20am** Coming of Age **12.50** The Wrong Door **1.20** The World's Strictest Parents **2.20** Two Pints of Lager and a Packet of Crisps **2.50** Two Pints of Lager and a Packet of Crisps **3.15** Coming of Age **3.45** The Wrong Door **4.15** Freaky Eaters: Addicted to Crisps **5.32** Close

BBC4

7.00pm Great Britons **8.00** Ian Hislop Goes off the Rails **9.00** Dance Britannia **10.00** Brits Can't Dance **10.30** Mark Lawson Talks to John le Carre **11.30** Spy Stories: Time Shift **12.30am** Watching the Russians **1.30** Ian Hislop Goes off the Rails **2.30** Brits Can't Dance **3.00** Mark Lawson Talks to John le Carre **4.00** Close

MKLIFE | TELEVISION

MONDAY
October 6

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BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Put Your Money Where Your Mouth Is (T) (Followed by BBC News; Weather) **11.00** Open House (T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 The One Show (T)

7.30 Big Cat Live The second in a week-long series of live broadcasts from Kenya's world famous Masai Mara game reserve. (T)

7.57 BBC News and Regional News National and regional news bulletin from the BBC. (T)

8.00 EastEnders Danielle makes a shocking discovery about Archie and Tony is concerned by Whitney's situation. (T)

8.30 Panorama (T)

9.00 Motorway Cops - A Traffic Cops Special Fly-on-the-wall documentary following the traffic police of South Yorkshire. (T)

10.00 BBC News (T)

10.25 Regional News and Weather (T)

10.33 BBC Weather The latest weather forecast. (T)

10.35 The Dark Side of Fame With Piers Morgan (T)

11.20 Inside Sport Gabby Logan presents a weekly sports show with behind-the-scenes features and in-depth interviews. (T)

11.50 FILM: The Mean Season (1985) Intriguing thriller based on a novel by Leon Piedmont which explores the themes of news creation and news manipulation. Stars Kurt Russell, Mariel Hemingway and Richard Jordan. (T)

1.30 Autumnwatch Weatherview (T) **1.35** Sign Zone: Who Do You Think You Are? (R/T) **2.35** Silent Witness (R/T) **3.35** Holby City (R/T) **4.30** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Living in the Sun (R/T) **2.15** Animal 24:7 (R/T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (T) **6.00** Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 An Island Parish It's Easter on the Isles of Scilly, the traditional start of the holiday season, and the islanders hold their breath to see how much the credit crunch will affect their livelihoods. (R/T)

7.30 Mastermind John Humphrys puts the questions to four more contenders. (R/T)

8.00 University Challenge Jeremy Paxman asks the questions. (T)

8.30 What To Eat Now Valentine celebrates the very best of autumn fruit, enlisting the help of a community of Benedictine monks in his search for the best Bramley for his autumnal pudding - Apple Charlotte. (T)

9.00 Amazon with Bruce Parry Bruce Parry reaches the halfway point of his epic journey in the vast nature reserve of Mamiraua, home to the Amazon's most iconic species. (T)

10.00 Harry and Paul Sketch comedy series starring Harry Enfield and Paul Whitehouse. (R/T)

10.30 Newsnight In-depth investigation and analysis of the stories behind the day's headlines with Jeremy Paxman. (T) (Followed by Weather)

11.20 Losing It: Griff Rhys Jones On Anger In the second and final film of the series, Griff Rhys Jones continues his investigation of anger in himself and others. (R/T)

12.20 Ellery Queen (R/T) **1.10** Joins BBC News (T) **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 Emmerdale Jasmine decides that Shane could be her ticket to a top story. (T)

7.30 Coronation Street Jason's confession destroys Becky's dreams. Tony's behaviour baffles Liam and Carla. (T)

8.00 To Sir With Love: Tonight (T)

8.30 Coronation Street A distraught Becky embarks upon a drunken rampage. Fiz has some surprising news for John. Janice is consumed by guilt over Rosie's disappearance. (T)

9.00 Place of Execution Conclusion of the three-part drama. 1963: Philip Hawkin is convicted of the rape and murder of his stepdaughter Alison and is hanged, claiming he is a victim of lies. (T)

10.00 News at Ten and Weather (T)

10.35 Real Crime: The Hunt for Mr Swirl Documentary about the worldwide police hunt for the prolific paedophile known as Mr Swirl. (T)

11.35 Police, Camera, Action This special edition features the top ten Ultimate Car Crimes and the worst criminal driving ever seen on Police Camera Action. (R/T)

12.30 UEFA Champions League Weekly (T) **1.00** Nightwatch With Steve Scott: Crime (R/T) (Followed by ITV News Headlines) **1.55** Loose Women (R) **2.45** Chef v Britain (R/T) **3.10** Chef v Britain (R/T) **3.35** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.10 The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Just Shoot Me (R/T) **9.00** Frasier (R/T) **9.30** Schools: Gay To Z (R/T) **10.00** Chill Out (R/T) **10.30** Seven Ages of Britain (T) **11.25** Day I Got The Sack (R/T) **12.00** News at Noon (T) **12.30** The Great Italian Escape (R/T) **1.00** Chateau Monty (R/T) **1.35 FILM: Dark Command** (1940) Western starring John Wayne. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 Channel 4 News Includes sport and weather. (T)

7.55 The Political Slot (T)

8.00 Dinosaur - A Time Team Special Tony Robinson and Phil Harding hit the highways of America on a road trip to some of the dinosaur capitals of the world. After joining a museum dig to excavate the bones of the T-Rex's ancestor, they uncover the big bucks tourist industry that dinosaur hunting has spawned in the US. (R/T)

9.00 Dispatches: The Hidden World Of Lap Dancing The flagship current affairs programme investigates the growth of the sexual service industry, and the lap dance clubs that current UK licensing laws say only offer public, but not erotic, entertainment. (T)

10.00 FILM: Lucky Number Slevin (2006) A case of mistaken identity lands Slevin into the middle of a war being plotted by two of the city's most rival crime bosses: The Rabbi and The Boss. Crime thriller starring Josh Hartnett, Bruce Willis and Lucy Liu. (T)

12.05 Party Poker Nations Cup 2008 **1.05** Freesports on 4 (R/T) **1.30** Freesports on 4 (T) **1.55** Kotv Classics 2008 (T) **2.50** Freesports on 4 (T) **3.15** Dodge Urban Beach Tour 2008 **3.40** Supporting Acts (R/T) **4.00-6.00** 4Learning

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Colin and Justin's - How Not to Decorate (R/T) **12.30** five news (T) **12.45** Grey's Anatomy (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** County Secrets (T) **3.00 FILM: Columbo: Death Hits the Jackpot** (1991) Drama starring Peter Falk, Rip Torn and Gary Kroeger. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Animal Rescue Squad (R/T)

7.00 five news National and international news. (T)

7.30 Top Trumps: Warships Robert Llewellyn and Ashley Hames test their knowledge of extreme machines. (T) (Followed by five news update)

8.00 The Gadget Show (New) Jason and Suzi test different modes of personal transport, the latest in satellite navigation and the toughest of travel cases; Dallas meets a robotic spy; and Jon and Suzi review personal entertainment gadgets. (T) (Followed by five news at 9)

9.00 Unbreakable (New) Adventure series with explorer Benedict Allen in which eight intrepid volunteers undergo an onslaught of physical and mental pressure in a bid to be declared 'unbreakable'. (T)

10.00 America's Toughest Prisons Documentary series unlocking the truth about some of America's most notorious prisons. (T)

11.05 FILM: Pacific Heights (1990) Thriller in which a yuppie couple battle their unhinged tenant. The young pair rent part of their sizeable San Francisco house to a man who turns out to be a sociopath, driving his landlords to despair with his own brand of DIY. Stars Melanie Griffith. (T)

1.05 NFL **4.45** Motorsport Mundial **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** X-Weighted **8.00** The Filth Files **8.30** The Filth Files **9.00** Road Wars **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Catwalk **2.00** Bones **3.00** Cold Case **4.00** Stargate Atlantis **5.00** Hairspray: The School Musical **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** The Simpsons **8.30** The Simpsons **9.00** Road Wars **10.00 FILM:** The Last Boy Scout **12.05am** Road Wars **1.05** Road Wars **1.55** Greece Uncovered **2.50** Uncut! Sex On The Job **3.45** America's Dumbest Criminals **4.10** Brainiac: Science Abuse **5.05** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** Katie & Peter: The Next Chapter **9.00** Hell's Kitchen USA **10.00** Celebrity Juice **10.30** Coronation Street **11.00** Coronation Street **11.30 FILM:** The Grudge **1.20am** Haunted Homes **2.05** Teleshopping **5.05** ITV2 Nightscreen

BBC3

7.00pm Freaky Eaters **8.00** Most Annoying Couples **9.00** Little Britain **9.30** Coming of Age **10.00** EastEnders **10.30** Massive **11.00** Family Guy **11.20** Coming of Age **11.50** The Wrong Door **12.20am** Most Annoying Couples **1.20** Massive **1.50** Freaky Eaters **2.45** Spendaholics **3.45** Don't Tell the Bride **4.45** Spendaholics **5.32** Close

BBC4

7.00pm World News Today **7.30** The Sky at Night **8.00** In Search of Spanish Flu **8.30** Only Connect **9.00** The Story of Maths **10.00** Dirty Tricks: The Man Who Got the Bushes Elected - Storyville **11.30** President Hollywood **12.30am** Only Connect **1.00** The Story of Maths **2.00** The Sky at Night **3.00** In Search of Spanish Flu **3.30** The Story of Maths **4.00** Close

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TUESDAY
October 7

BBC1

6.00 Breakfast (T) **9.15** Real Rescues (T) **10.00** Put Your Money Where Your Mouth Is (T) (Followed by BBC News: Weather) **11.00** Open House (T) **11.30** Cash in the Attic (R/T) (Followed by BBC News; Weather) **12.15** Bargain Hunt (R/T) **1.00** BBC News (T) **1.30** Regional News and Weather (T) **1.45** Doctors (T) **2.15** Diagnosis Murder (R/T) **3.00** BBC News (T) **3.05** CBBC **5.00** Newsround (T) **5.15** The Weakest Link (T) **6.00** BBC News (T) **6.30** Regional News and Weather (T)

7.00 **The One Show** (T)
7.30 **EastEnders** Tensions run high between Dawn and Jay at Jase's funeral, and Garry leaves Dawn with a decision to make. (T)
7.57 **BBC News and Regional News**
8.00 **Big Cat Live** The third in a week-long series of live broadcasts from Kenya's world famous Masai Mara game reserve. (T)
9.00 **Sunshine (New)** First of a bittersweet three-part comedy drama from the co-writers of The Royle Family and Early Doors. (T)
10.00 **BBC News** (T)
10.25 **Regional News and Weather** (T)
10.33 **BBC Weather** (T)
10.35 **Alesha: Look but Don't Touch** Documentary in which singer Alesha Dixon, concerned about the increasing pressure on women to conform to an ideal body type, investigates the practice of airbrushing. (T)
11.35 **Film 2008 with Jonathan Ross** The latest film news and reviews with Jonathan Ross. (T)

12.05 **FILM: Dear Frankie** (2004) Drama starring Emily Mortimer. (T) **1.45** Weatherview (T) **1.50** Sign Zone: See Hear (R/T) **2.20** Silent Witness (R/T) **3.15** Beautiful People (R/T) **3.45** What To Eat Now (R/T) **4.15** Trawlermen (R/T) **4.45** Joins BBC News (T)

BBC2

6.00 CBeebies **7.00** CBBC **9.00** CBeebies **10.30** Schools **12.00** The Daily Politics (T) **12.30** Working Lunch (T) **1.00** Out Of The Blue (T) **1.25** Coast (R/T) **1.30** Living in the Sun (R/T) **2.15** Animal 24:7 (R/T) **3.00** Murder, She Wrote (R/T) **3.45** Flog It! (R/T) **4.30** Ready Steady Cook (T) **5.15** Escape to the Country (T) **6.00** Eggheads (T) **6.30** Strictly Come Dancing - It Takes Two (T)

7.00 **Hairy Bikers Come Home** The hairy bikers travel to an area that has been under-represented on cookery shows: the North of England. (T)
8.00 **Twiggy's Frock Swap (New)** Sixties icon Twiggy heads up this fashion series which sees 100 women donating their clothes to a huge clothes swapping extravaganza. (T)
9.00 **British Style Genius (New)** his major new landmark series takes a fascinating look at what makes British fashion and style so distinctive and so influential. It explores the looks and trends that have come to define British style today, from the high street to high-end couture. The opening episode concentrates on the "High Street Look". (T)
10.00 **Later Live...with Jools Holland** Jools entertains a whole host of musical talent. (T)
10.30 **Newsnight** In-depth investigation and analysis of the stories behind the day's headlines with Jeremy Paxman. (T) (Followed by Weather)
11.20 **Golf: The Links Championship** Highlights of the Links Championship, one of the richest golf tournaments in Europe which incorporates an individual event for the world's leading golfers and a team event in which they are paired with some of the most celebrated amateur golfers. (T)

12.20 Joins BBC News (T) **4.00-6.00** BBC Learning Zone

ITV1 Anglia

6.00 GMTV (T) **9.25** The Jeremy Kyle Show (T) **10.30** This Morning (T) **11.15** ITV News and Weather (T) **11.20** Regional News and Weather **11.25** This Morning (T) **12.30** Loose Women (T) **1.30** ITV Lunchtime News and Weather (T) **2.00** 60 Minute Makeover (T) **3.00** The Alan Titchmarsh Show (T) (Followed by Local Weather) **4.00** Midsomer Murders (R/T) **5.00** Britain's Best Dish (T) **6.00** Regional News and Weather **6.30** ITV Evening News and Weather (T)

7.00 **Emmerdale** Andy's attempts to stop Jo from leaving end disastrously. (T)
8.00 **Who Wants to Be a Millionaire? Nurses Special** A special edition of the big-money quiz with members of the nursing profession tackling questions posed by host Chris Tarrant in an effort to scoop the million-pound jackpot. (T)
9.00 **Cops With Cameras (New)** Britain's police record their daily battle on the front line of crime. Sergeant Mike Peake and his team go on the trail of drugs and weapons in Oldham. (T)
10.00 **News at Ten and Weather** Trevor McDonald and Julie Etchingham present a round-up of the day's news, followed by the national weather forecast and the latest news and weather in your region. (T)
10.35 **Comedy Classics: Doctor in the House** The series about classic sitcoms looks at Doctor in the House. (T)
11.35 **Sally Morgan: Star Psychic** Renowned psychic Sally Morgan travels to Coventry where she attempts to solve the city's most notorious unsolved murder. (T)

12.30 Guinness Premiership Rugby **1.25** Nightwatch With Steve Scott: Crime (R/T) (Followed by ITV News Headlines) **2.20** Loose Women (R) **3.05** The Jeremy Kyle Show (R/T) **4.00** ITV Nightscreen **5.30** ITV Early Morning News (T)

FOUR

6.00 The Treacle People (R/T) **6.10** The Hoobs (R/T) **6.35** The Hoobs (R/T) **7.00** Freshly Squeezed **7.30** Everybody Loves Raymond (R/T) **8.00** Just Shoot Me (R/T) **8.30** Just Shoot Me (R/T) **9.00** Frasier (R/T) **9.30** Schools: Gay To Z (R/T) **10.00** Chill Out (R/T) **10.30** Seven Ages of Britain (T) **11.25** Day I Got The Sack (R/T) **12.00** News at Noon (T) **12.30** Property Ladder **1.30** Claridges: Checking Into History (R/T) **1.50** **FILM: In Old California** (1942) Western starring John Wayne. (T) **3.25** Countdown (T) **4.15** Deal Or No Deal (T) **5.00** The Paul O'Grady Show (T) **6.00** The Simpsons (R/T) **6.30** Hollyoaks (T)

7.00 **Channel 4 News** Includes sport and weather. (T)
7.55 **The Political Slot** (T)
8.00 **The Sex Education Show** Anna Richardson hosts a series which aims to tackle the nation's sexual ignorance and reticence. The Long Ashton football team produce sperm samples to find out if they are firing blanks. (T)
9.00 **Jamie's Ministry Of Food** Jamie heads to Rotherham United Football Club to persuade some of the fans to learn a few simple recipes. Meanwhile, young single mum Claire gets some surprising news. (T)
10.00 **Dawn Porter: Mail Order Bride** (T)
11.05 **The Family** In this episode, Simon and Jane go out for the evening and leave Emily in charge. When Tom won't go to bed on time, a fight breaks out between brother and sister, the consequences of which will stretch the family to the limit. (R/T)

12.10 Reaper (T) **1.10** Comedy Lab: Pappy's Fun Club (R/T) **1.40** New Love (R/T) **2.00** **FILM: The Wood** (1999) Romantic comedy starring Elayn Taylor. (T) **3.55** 3 Minutes Wonder (R/T) **4.00-6.00** 4Learning

FIVE

6.00 Milkshake! **9.00** The Wright Stuff (T) **10.30** Trisha Goddard (T) **11.30** Colin and Justin's - How Not to Decorate (R/T) **12.30** five news (T) **12.45** Grey's Anatomy (R/T) **1.45** Neighbours (T) **2.15** Home and Away (T) **2.50** County Secrets (T) **3.05** five news update (T) **3.10** **FILM: This Matter of Marriage** (1998) Drama starring Leslie Hope. (T) **5.00** five news (T) **5.30** Neighbours (R/T) **6.00** Home and Away (R/T) **6.30** Animal Rescue Squad (R/T)

7.00 **five news** National and international news. (T)
7.30 **Highland Emergency** Documentary series following the work of the emergency services in the Highlands of Scotland. (T) (Followed by five news update)
8.00 **Curse of the Titanic: Revealed** Documentary examining the sinking of both the Titanic and its sister ship, the Britannic, within four years of each other. (R/T) (Followed by five news at 9)
9.00 **CSI: Miami** Crime drama series based on the work of forensic investigators. A nanny is found stabbed to death in her wealthy employers' home and a jealous teenage boy emerges as a key suspect. (T)
10.00 **CSI: NY** New York-based spin-off of the crime drama series. Stella's life is put in danger when her apartment catches fire. Her colleagues, meanwhile, are handed another mystery when a dead body is found in her building. (R/T) (Followed by five news update)
11.00 **Law and Order: SVU** Foster parents and a social worker face charges when a child appears to have died during an exorcism. (R/T)

12.00 The FBI Files (R/T) **1.00** Disorderly Conduct (T) **2.00** NASCAR: The Sprint Cup **2.50** NHL Preview Show **3.35** USPGA Golf **4.25** Seniors Golf **5.10** Neighbours (R/T) **5.35** Home and Away (R/T)

SATELLITE

SKY ONE

6.00am Brainiac: Science Abuse **7.00** The Filth Files **7.30** The Filth Files **8.00** The Filth Files **8.30** The Filth Files **9.00** Road Wars **10.00** Stargate SG-1 **11.00** Stargate SG-1 **12.00pm** Stargate Atlantis **1.00** Project Catwalk **2.00** Bones **3.00** Cold Case **4.00** Stargate Atlantis **5.00** American Gladiators **6.00** Malcolm in the Middle **6.30** Futurama **7.00** The Simpsons **7.30** The Simpsons **8.00** Stargate Atlantis **9.00** Uk Border Force **10.00** Prison Break **11.00** Road Wars **12.00am** Road Wars **1.00** Road Wars **1.50** Uncut! Sex On The Job **2.40** Greece Uncovered **3.30** Scare Tactics **3.55** America's Dumbest Criminals **4.20** Brainiac: Science Abuse **5.10** Guilty!

ITV2

6.00am Coronation Street **6.30** Coronation Street **7.00** Emmerdale **7.25** Airline USA **7.55** Sally Jessy Raphael **8.40** The Ricki Lake Show **9.25** Coronation Street **10.00** Coronation Street **10.30** Emmerdale **11.00** Judge Judy **11.30** Judge Judy **12.00pm** Coronation Street **12.30** Coronation Street **1.00** Emmerdale **1.30** The Jeremy Kyle Show **2.35** The Jeremy Kyle Show **3.45** The Ricki Lake Show **4.30** Sally Jessy Raphael **5.20** The Montel Williams Show **6.05** Judge Judy **6.35** Judge Judy **7.00** Smallville **8.00** **FILM:** Coyote Ugly **10.00** Katy Brand's Big Ass Show **10.30** **FILM:** The Grudge **12.20am** BT Digital Music Awards **1.20** Entourage **1.45** Secret Diary of a Call Girl **2.10** Teleshopping **5.10** ITV2 Nightscreen

BBC3

7.00pm Freaky Eaters: Addicted to Cheese **8.00** Dog Borstal **9.00** Jack: A Soldier's Story **10.00** EastEnders **10.30** Coming of Age **11.00** Family Guy **11.20** Jack: A Soldier's Story **12.20am** Dog Borstal **1.20** Coming of Age **1.50** Don't Tell the Bride **2.50** Freaky Eaters: Addicted to Cheese **3.45** The World's Strictest Parents **4.45** Spendaholics **5.32** Close

BBC4

7.00pm World News Today **7.30** Railway Walks **8.00** Super Rich: The Greed Game **9.00** That Mitchell and Webb Look **9.30** Flight of the Conchords **10.00** The Book Quiz **10.30** Fanny Hill **11.30** The Age of Excess: When Britain Went Too Far **12.30am** Railway Walks **1.00** The Book Quiz **1.30** Fanny Hill **2.30** Railway Walks **3.00** Only Connect **3.30** Flight of the Conchords **4.00** Close

MK TAKEAWAYS
YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

BUY ONE GET ONE FREE*
*7 days collections only
(£3 extra for delivery)
KRISPY FOODS
Pizza & Kebabs, fried chicken, ice cream.

	9" 6 slices	12" 8 slices	15" 12 slices
Extra Toppings	75p	£1	£1.20
Margherita V	5.75	7.95	8.99
Mozzarella cheese, tomato sauce with herbs			
Pepperoni Plus			
Mushroom, onion & extra pepperoni			
Kentucky BBQ	7.50	9.45	11.50
Barbecue chicken, onions, green peppers & barbecue sauce			
Hawaiian			
Turkey ham, pineapple			
Farmhouse			
Turkey ham, & mushrooms			
Vegetarian V	7.50	10.50	11.50
Tomatoes, green peppers, sweetcorn & mushrooms			
Seafood	8.50	10.95	12.95
Prawns, tuna, garlic sauce, anchovies & tomato			
Meat Deluxe			
Pepperoni, salami, spicy beef & turkey ham			

Burgers

	1/4lb	Meal Deal with chips & can 1/4lb
Cheese Burger	2.50	3.50
Chicken Burger	2.25	3.45
Chilli Burger	2.30	3.55
Hawaiian Burger	2.40	3.90

Krispy Chicken حلال

1 Piece & Fries	2.00
3 Pieces & Fries	4.00
4 Pieces & Fries	5.20
6 Pieces & 2 Fries	8.50
7 Pieces & 2 Fries	9.50
10 Pieces & 4 Fries	12.00
Chicken Nuggets (6pcs)	1.99
Chicken Strips (4pcs)	1.99
Chicken Wings (6pcs)	1.50

Extras

Small Fries	1.00
Large Fries	1.40
Garlic Bread	1.40
Garlic Bread with Cheese	1.95
Garlic Mushrooms	1.95
Potato Wedges	2.25
Coleslaw	0.69
Onion Rings	1.20
Italian Salad	2.29
Meat Samosa (each)	0.60
Vegetable Samosa (each)	0.50

Kebabs

	Small	Large
Donner Kebab	2.95	3.95

Grill

Lamb Shish	4.25
Chicken Shish	4.25
Mix Shish	5.50

Chicken Feast 2
6 pieces of Chicken, 2 Fries, 2 Coleslaw & 2 cans £9.49

Just for 2
12" Pizza, 1 Garlic Bread 4 pcs, Chicken Wings 6 pcs, 2 soft drink £11.49 - Ask for more deals

Drinks

Cans	0.60
Bottles of Pop 1.5ltr	1.69

Ice Cream

Haagen Dazs (500ml)	4.49
Hot Apple Pies	0.79

FREE HOME DELIVERY
Please mention offer when ordering. Minimum order £7.99 within limited areas. Call for details
MK 649 674
9 Melrose Avenue, Bletchley, Milton Keynes MK3 6PB

KEBAB HUT
RESTAURANT AND TAKEAWAY
GOOD FOOD AWARD 2007

KEBABS	Small	Large	Meal
Doner (pitta)	£3.50	£4.20	£3.99
Lamb Shish (naan)	£3.50	£4.20	£3.99
Chicken Doner (naan)	£3.90	£4.90	£4.49
Chicken Tikka (naan)	£3.90	£4.90	£4.49
Lamb Tikka (naan)	£3.90	£4.90	£4.49
Mix Kebab (naan)	£4.50	£6.00	£5.50
Family Kebab (serves 4-5) (d/meat, c/doner meat, 3 shish, 8pc c/tikka, 8pc l/tikka, salad, sauces, 3 naan or 4 pitta, 3 cans)			£13.50

CHICKEN	
1pc meal (1pc, 2 wings, chips, can)	£2.50
2pc meal (2pc, chips, can)	£2.60
3pc meal (3pc, 3 wings, chips, can)	£3.99
Party Pack (6pc, 3 chips, 3 cans)	£8.50
Family Pack (8pc, 4 chips, 3 cans)	£9.99
Spicy Wing Bucket (25 wings, 4 chips, 3 cans)	£9.99
Mega Bucket (10pc, 6 wings, doner meat, 4 chips, 3 cans)	£14.99

BURGERS	
Chicken / Fish / Veggie / Bean / ¼lb	£2.50
Burger Meals (excl. ½lb)	£3.49

BIRYANI	
Plain / Chicken / Lamb /Veggie	£4.50
Biryani Meal Deal (any biryani & can)	£5.00

CURRIES	
Chicken / Lamb / Veggie Korma	£3.50
Haleem	£3.50
Aloo Gobi	£3.50
Chicken Jalfrezi	£3.50
Chana Masala	£3.50
Naan	£1.00
Tandoori Roti	£0.50

"Tastiest Food in MK, come and eat-in with us"
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FREE DELIVERY £8 min order, 3 mile radius, from 5pm.
Open: Fri-Sat 12pm-1am, Sun-Thur 12pm-12am
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MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

Chefz 01908 56 76 76
Open 5pm - 1am

APPETISERS
2 Vegetable/Meat Samosas	£1.70
Onion Bhaji	£1.75
Aloo Chat	£2.10
Pakora	£2.30
Chicken Pakora	£2.60

TANDOORI SPECIALITIES
Chicken or Lamb Tikka	£2.20
2 Sheek Kebab	£2.20

VEGETABLE DISHES
Vegetable Curry	£2.00
Saag Aloo	£2.00
Tarka Daal	£2.00
Bombay Aloo	£3.50

CURRY'S
Main Chefz Dishes
Curry Dishes – Chicken or Lamb	£4.45
Korma Dishes – Chicken or Lamb	£4.45
Karahi Dishes – Chicken or Lamb	£4.45
Achari Dishes – Chicken or Lamb	£4.45
Chicken or Lamb Jalfrezi	£5.50
Madras Dishes	£4.45
Vindaloo Dishes	£4.45

PRAWN AND SPINACH DISHES
Chicken or Lamb	£4.25
Prawn Jalfrezi	£5.50
King Prawn Jalfrezi	£7.00

BIRYANIS
Chicken or Lamb Biryani	£5.50

CHEFZ SPECIALS
Chicken Tikka Masala	£5.20
Garlic Chilli Chicken	£4.25
Rhogan Josh	£4.25

BASMATI RICE AND NAAN BREAD
Pilau Rice	£2.60
Shada Rice	£2.50
Naan	£1.50
Keema Naan Bread	£1.80
Chilli Naan Bread	£1.50
Garlic Naan Bread	£1.70
Tandoori Roti	£0.60

ACCOMPANIMENTS
Chutneys	£0.60
Mixed Green Salad	£1.50
Raitha (cucumber or mixed)	£1.60

THIS WEEK ONLY
ANY CURRY
£2.99

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TO ADVERTISE HERE CALL
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Pizza Tonight! 01908 56 76 76
Open 5am - 1am

BUY 1 - GET 1 FREE
Please see offers for details. We use only HALAL toppings and all our ingredients are FRESHLY prepared daily.

Thick crust or thin crust	Medium 10" Round only 4 pieces	Large 12" Round only 8 pieces	X-Large Round only 10 pieces
Cheese and Tomato - *Cheese and tomato*	£6.49	£8.49	£9.99
Tuna Treat - *Tuna, red onion & Jalapenos or chillies*			
Kashmiri - *Chilli, chicken tikka, pineapple and red onions*			
Pepperoni Feast - *Double pepperoni, double cheese*	£7.99	£9.99	£11.99
Hot Chicken - *Grilled chicken, mushrooms, sweetcorn, jalapenos*	£8.99	£10.99	£13.99
NEW! BBQ Chicken - *BBQ grilled chicken, peppers, mushrooms and onions*			
Chicken Supreme - *Chicken, mushrooms, green peppers & red onions*			
Vegetarian (V) - *onions, peppers, tomatoes*			
Beefeater - *beef, pepperoni, onions*			
HOT Triple Chilli Feast - *Jalapenos, chilli & peppers with beef or chicken*			
Hawaiian Special - *Ham, pineapple and sweetcorn*			
Farmhouse Special - *Ham, onions and mushrooms*			
NEW! Full English - *Fried mushrooms, fried onions & fried tomatoes, ham, beef*			
NEW! Chefz Desi Style - *Donor, beef, chicken, onions, peppers & chillies*			
Veggie Special (hot) - *onions, mixed peppers, tomatoes, mushrooms, jalapenos, chillies, sweetcorn*			

THIS WEEK ONLY 8 pieces of chicken, 4 chips £6.99
THIS WEEK ONLY ANY 13" PIZZA FROM SET MENU £5.99
THIS WEEK ONLY Regular Donner Kebab £1.99

Chicken Bucket Deal - *8 pieces chicken, 4 chips* £8.99
Kiddies Meal - *4 Chicken Nuggets or 1pc chicken (leg), 1 chips, apple pie, 1 still drink* £2.50

Mister Chef
Indian Takeway & Balti Cusine

Spice up your night with quality food at rock bottom prices.

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(On order over £7 within the Milton Keynes Area)
minimum order £17 for Stony Stratford & Newport Pagnell

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Not applied to setmeals or Any other offer)

Special Offer 1
Order over £12.50
RECEIVE FREE
2 Chicken Tikka (st) or 2 Onion bhajee (st) 1 Bombay Potato, Mint Sauce & Onion Salad

Special Offer 2
Order 2 Balti Dishes
RECEIVE FREE
2 Papadoms, 2 Chicken Tikka (st) or 2 Onion Bhajee (st) 2 Bombay Potato, 2 Pilau Rice, 1 Nan, 2 Soft Drink, Mint Sauce & Onion Salad

Starters
Onion Bhajee	£2.05
Garlic Mushroom	£2.35
Chicken Tikka Roll	£2.50
Prawn Puree	£2.95
Veg Samosa	£2.05

Tandoori Specialities
Chicken Tikka	£5.15
Chicken Shashlick	£7.15
Tandoori Chicken 1/2	£4.15

Traditional Dishes
	Chk	Meat	Prawn
Korma	£4.15	£4.15	£4.70
Rogan	£4.15	£4.15	£4.70
Bhoona	£4.15	£4.15	£4.70
Pathia	£4.15	£4.15	£4.70
Vindaloo	£4.15	£4.15	£4.70
Dansak	£4.15	£4.15	£4.70

Tikka Special Curry Dishes
Chicken or Lamb Tikka Korma	£6.55
Chicken or Lamb Tikka Curry	£6.45
Chicken or Lamb Tikka Methi	£6.55
Chicken or Lamb Tikka Sana	£6.55

Chef's Recommendation
Tikka Chicken or Lamb Palak	£5.55
Tikka Chicken or Lamb Chicken	£5.55
Tikka Chicken or Lamb Donia	£5.55
Tandoori Chicken Somsom	£5.55

Balti Dishes
Balti Prawn Phall	£9.95
Balti Chicken Curry	£7.50
Balti Mixed Veg Bhajee	£8.50
Balti Tandoori Chicken (on the bone)	£7.50

Set MEALS

1 Person £7.50
1 Meat Samosa, 1 Chicken Tikka Massala, 1 Bombay Potato, Pilau Rice + Nan, 1 Popadom.

2 Person £14.50
2 Onion Bhajee, 1 Chicken Korma, 1 Meat Rogan, 1 Mushroom Bhajee, 2 Pilau Rice, 1 Nan, 2 Popadoms, 1 Mango Chutney.

4 Persons £29.50
4 Chicken Tikka (st), 1 Chicken Rogan, 1 Meat Dupiaza, 1 Chicken Tikka Massala, 1 Prawn Sag, 1 Vegetable Curry, 1 Mushroom Bhajee, 4 Pilau Rice, 4 Nan, 4 Popadoms.

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Free 1.5 ltr soft drink on orders over £16

PIZZAS	10" Deep Pan	12" Deep Pan	16" Deep Pan
Margarita-Cheese & Tomato	£7.50	£9.50	£13.95
Hawaiian-Cheese, Tomato, Ham, Mushrooms & Pineapple Pepperoni-Cheese, Tomato & Pepperoni Vegetarian-Cheese, Tomato, Mushrooms, Olives, Onion, Sweetcorn, Peppers & Pineapple Seafood-Cheese, Tomato, Tuna, Prawns & Anchovies	£9.50	£11.50	£15.95
Chicken Kiev Pizza- Cheese, Tomato, Mushrooms, Chicken & Garlic Butter Bolognese-Cheese, Tomato, Bolognese, Onion, Peppers Hot & Spicy- Cheese, Tomato, Pepperoni, Spicy Beef, Chilli, Onion & Peppers Meat Feast- Cheese, Tomato, Pepperoni, Spicy Beef, Salami, Chicken & Ham Chicken Tikka-Cheese, Tomato, Chicken Tikka & Peppers Kebab Pizza-Cheese, Tomato, Doner Kebab & Peppers	£11.50	£12.95	£17.95

MEGA GRILL PACK
LARGE DONNER KEBAB, LARGE SHISH & CHICKEN KEBAB, 4 X PITTA BREADS & 2 FRIES, 2 SAUCES & COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

GRILL PACK
LARGE DONER KEBAB SHISH KEBAB CHICKEN KEBAB 3X PITTA BREAD COLESLAW FRESH SALAD
£10.95

MEGA PIZZA PACK
16" PIZZA OF CHOICE, GARLIC BREAD, ONION RINGS, COLESLAW, 1.5 LT BOTTLE OF POP
£14.95

PIZZA PACK
12" PIZZA OF CHOICE, GARLIC BREAD, COLESLAW, 1.5 LT BOTTLE OF POP
£10.95

Opening Times: Friday & Saturday 4.30pm to 2.30am; Sunday - Thursday 4.30pm to Midnight

Create Your Own Pizza Extra Toppings 75p 95p £1.15

Garlic Bread	£2.00	BBQ Ribs	£3.50
Garlic Bread & Cheese	£2.50	Meat & Chips	£3.50
Doner Kebab	£4.20	Chicken & Chips	£3.20
Shish Kebab	£4.95	Chicken Nuggets & Chips	£3.50
Chicken Kebab	£4.95	Garlic Mushrooms & Dips	£2.00
House Special Kebab	£5.95	French Fries	£1.00
	1/4lb 1/2lb	Onion Rings	£1.30
Beefburger & Chips	£3.20 £3.80	Ice Cream 500ml	£3.95
Cheeseburger & Chips	£3.40 £4.20	Can of Drink	£0.55
Veggie Burger & Chips	£3.20 £3.80	Bottle of Drink	£1.60
Chicken Burger & Chips	£3.50		
Fresh Salad	£1.50		

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BUY ONE 16 INCH GET 2X10 INCH FREE

Food Rating from MK Council
★ ★ ★ ★

Buy One 16" Get Two 10" FREE upto same value
Buy One Get One FREE upto same value
FREE 1.5 Litre Soft Drink with every order over £16

Side Orders
Garlic Bread (4 pieces)	£1.75
Onion Rings (10 pieces)	£1.80
Garlic Mushrooms & Dip	£2.80
Potato Skins (5 pieces)	£3.00
Potato Wedges	£2.60
French Fries	£1.20

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Open 4.30pm 'till late, free delivery most areas in MK
Minimum order £6.95
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MK's first Balti House
Golden Award Winner 2004, 2005, 2006 & 2007
Fully Licenced Indian Restaurant & Take-away

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BANQUET NIGHT
Thursday Evenings 5.30 - 11pm
5 Course Meal Served.
Only £9.95 per head.

SUNDAY BANQUET
12 Noon - 11pm

KASHMIR NIGHT
Every Wednesday 5 Course Meal
and a glass of wine only £9.95 per head

Starters:
King Prawn Butterfly	£3.95
Reshmi Kebab	£2.95
Somosa.	£2.50
Onion Bhajee.	£2.50
Chicken/Lamb Tikka	£2.50
Aloo Chat.	£2.50
Kakuli Kebab	£2.50
Garlic Mushrooms.	£2.50
Eastern Promise for 2- mixtures of chicken/lamb tikka and sheek kebab, lightly spiced and stir fried with onions and green peppers	£6.95

Chefs Recommendations:
Gost Kofta Special	£6.95
Chicken/Lamb Korai	£5.95
Achari Chicken or Lamb.	£6.95
Chicken/Lamb Tikka Rehun.	£5.95
Chicken/Lamb Tikka Jalfrezi.	£5.95
Tandoori King Prawn Korai	£9.95
Chukla Tandoori King prawn	£9.95

Chefs Special for 1, 1 Onion Bhajee (st), 1 Chicken Korma, 1 Sag Aloo, 1 Pilau Rice, 1 Nan Bread £9.95

House Specialities:
Tawa Gosht	£7.95
Duck Special.	£7.95
King Prawn Begun.	£7.95
Chicken/Lamb Rezalla.	£7.95
Chicken Zalfrani	£7.95
Jhinga Jhole	£9.95

Seafood Specialities:
Salmon Achari	£8.95
Ayr Bhuna.	£8.95
Tuna Massala	£8.95
Salmon Ki Bhuna.	£8.95

Traditional dishes also available starting at **£4.95.** Veg dishes starting at **£3.95.**

OPEN 7 DAYS A WEEK
Lunch: Midday - 2pm. Everyday.
Mon - Thurs: 5.30-11.30pm & Fri - Sat: 5.30-Midnight
Sun: Midday-5pm & 5.30-11.00pm

01908 312969 / 225765
8 Church Street, Wolverton, Milton Keynes MK12 5JN

MK TAKEAWAYS

YOUR WEEKLY GUIDE TO THE BEST TAKEAWAYS IN MILTON KEYNES

PAPA LUIGI Dial-a-Pizza! EST'83

PICK 'n' MIX PIZZA!

FREE DELIVERY TO ALL MILTON KEYNES AREAS BASED ON A MINIMUM FOOD ORDER OF £7.00

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperonni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalapeno, BBQ Sauces	9" STANDARD	12" STANDARD	12" DEEP PAN MEGA	EXTRA LG 15" STANDARD
CHEESE & TOMATO BAS plus ANY 2 DIFFERENT TOPPINGS	9.50	10.50	12.00	15.00
CHEESE & TOMATO BAS plus ANY 4 DIFFERENT TOPPINGS (ADDITIONAL TOPPINGS £1)	9.80	11.00	13.00	16.00
CHEESE & TOMATO BAS plus ANY 8 DIFFERENT TOPPINGS	10.30	12.00	14.00	17.00

MEAL DEALS

Chicken Burger & Chips	3.95
1/2 Pound Beefburger & Chips	3.95
2 Pieces Chicken & Chips	3.50
3 Pieces Chicken & Chips	4.50
4 Pieces Chicken & Chips	5.50
Extra Piece of Chicken	1.00
Steak (8oz Sirloin) with Chips, Mushrooms & Salad	9.00
Large Doner Kebab	4.50
Small Doner Kebab	3.50

PIZZA MENU

(ADDITIONAL TOPPINGS £1)

Tomato, Cheese, Tuna, Prawn, Anchovies, Chicken, Beef, Sausage, Bacon, Pineapple, Ham, Salami, Pepperoni, Chicken Tikka, Olives, Mushrooms, Corn, Onions, Pepper, Garlic, Jalepeno, BBQ Sauces	9" Standard	12" Standard	12" Deep Pan Mega	Extra Lg 15" Standard
1. PAPA LUIGI SPECIAL	9.80	11.00	13.00	16.00
2. MILANESE Tomato, Cheese, Ham, Mushrooms	9.50	10.50	12.00	15.00
3. HAWAIIAN Tomato, Cheese, Ham, Pineapple	9.50	10.50	12.00	15.00
4. HOT & SPICY Tomato, Cheese, Peppers, Jalepeno, Salami, Garlic	9.80	11.00	13.00	16.00
5. VEGI SPECIAL Tomato, Cheese, Peppers, Corn, Mushrooms, Pineapple, Olives, Onion	9.80	11.00	13.00	16.00
6. PESTATORE Tomato, Cheese, Tuna, Prawns, Anchovies	9.80	11.00	13.00	16.00
7. NEW YORKER Tomato, Cheese, Onion, Salami, Beef, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
8. MIGHTY MEATY Tomato, Cheese, Salami, Beef, Chicken, Ham, Bacon, Sausage	10.30	12.00	14.00	17.00
9. CHICKEN TIKKA MASSALA Tomato, Cheese, Chicken Tikka, Onions, Pepper	10.30	12.00	14.00	17.00
10. MEAT LOVERS Tomato, Cheese, Double Salami, double Pepperoni, Double Ham, Double Beef	12.00	14.00	16.00	19.00
11. BBQ BONANZA Cheese, BBQ Sauce, Red Onion, Spicy Beef, Sausage	9.80	11.00	13.00	16.00
12. TEXAN BBQ Tomato, Cheese, Onion, Peppers, BBQ Chicken, Bacon	9.80	11.00	13.00	16.00
13. PEPPERONI FEAST Double Mozzarella, Double Pepperoni	9.80	11.00	13.00	16.00

SIDE ORDERS

French Fries	1.20
Coleslaw	1.40
Garlic Bread	1.50
Garlic Bread with Mozzarella Topping	2.50
Prawn Cocktail	2.70
Garlic Mushrooms	1.70
Salad	1.50
Chicken Dippers (6pcs)	3.00
Combo Chicken Dipper (6pcs) Potato Wedges & 3 Dips	4.90
Potato Wedges	2.00
Dips 2 Potato Skins filled with Mozzarella & BBQ Dip	0.35
BBQ Chicken Wings (6pcs) & Dip	3.50
Hot Chicken Wings (6pcs) & Dip	3.50
Onion Rings (10pcs)	2.00
NEW BBQ Spare Ribs	4.50

DESSERTS

Cheesecake	1.50
Gateaux	1.50
Ice Cream Ben & Jerry's ask for flavours	1.50
Chocolate Fudge Cake	1.50

DRINKS

Coke/Diet Coke Pepsi Orange Fanta	1.95
Coke/Orange/Lemonade cans	0.60

*BUY ONE - GET ONE FREE!

NOTE: No other discounts apply with this promotion & prices are subject to change without notice BUY ONE PIZZA & GET ONE PIZZA (of same value) FREE

Delivered to your door! Milton Keynes 01908 313355 Sun to Thurs 11.30am - 12.30am Fri to Sat 11.30am - 2.30am

DEALS

Any Pizza, Any Size
£6.99
(Collection only)

BUY 1 GET 1 FREE

OR GET 10% OFF YOUR SINGLE PIZZA
on delivery or collection
buy any pizza and get a second upto the same size and value. (Not in conjunction with any other offer)
Only on large and extra large pizzas

PARTY DEAL

2 XL Pizzas + Spare Ribs + Wedges + Garlic Bread + Drink
£17.99

MEAL FOR TWO

Large pizza, Chicken Wings or Potato Wedges plus a bottle of drink
£10.99

MEAL FOR ONE

Regular pizza, Garlic bread or Potato Wedges plus can of drink
£6.99

	Regular 9" 6 Slices	Large 12" 8 Slices	Extra Large 15" 12 Slices
The Original Suitable for vegetarians *Cheese & Tomato or Cheese & Garlic*	5.99	7.99	9.99
Hawaiian Dream *Ham & Pineapple*	7.99	9.99	12.99
Farmhouse Classic *Ham & Mushrooms*			

SPECIALITY PIZZAS

Meat Feast *Spicy Pork, Ham, Pepperoni, Smoky Sausage*	8.99	11.99	13.99
Vegetarian Delight™ *Mushrooms, Green Peppers, Onions, Sweetcorn*			
All In One™ *Pepperoni, Mushrooms, Green Peppers, Onion, Sweetcorn, Ham, Spicy Pork*			
Smoky Barbeque *Barbeque Chicken, Smoky Sausage, Red Onion, Sweetcorn, Barbeque Sauce*			
Pepperoni Lovers™ *Double Pepperoni, mushroom, onion*			
Coriander Tandoori Chicken Extremely Hot! *Balti Chicken, Green Chillies, Garlic Sauce, Fresh Coriander, Red Onion*			
Mexican Heatwave Very Hot! *'Double' Spicy Pork, Onion, Jalapeno Peppers, Red Peppers, Chilli Powder*			
Vegetarian Volcano Very Hot! *Green and Red Peppers, Red Onion, Sweetcorn, Jalapeno Peppers, Chilli Powder, Chilli Sauce*			
Oriental Express *Chinese Chicken, Green Peppers, Mushrooms, Sweetcorn*			
The Tuscan *Italian Sausage, Salami, Red Onion, Green Peppers, Mushrooms, Garlic Sauce, Italian Seasoning*			
New Chicken BBQ Sizzler *Chargrilled Chicken, Bacon, Onion, Barbeque Sauce & Rio Pizza Sauce*			
New Lamb Donor Pizza *Lamb Donor, red onion, red & green peppers, garlic sauce*			
New Chicken Donor Pizza *Chicken Donor, red onion, red & green peppers, garlic sauce*			

SIDE ORDERS

	Single price	Double up
Delicious Dips (ideal for dipping crusts) BBQ, Sour Cream, Sweet Chilli or Garlic & Herb	25p	
Oven Baked Chips New Tasty low fat chips baked in our hot pizza ovens	99p	
Garlic Knots 6 delicious knots of dough brushed with garlic butter	1.49	2.25
Coleslaw	1.49	2.25
Garlic Bread	1.75	2.49
Garlic Bread with Cheese	1.95	2.75
Potato Wedges Choice of dips	2.49	3.75
Chicken Wings 8 pieces - BBQ or spicy Peri Peri New	2.99	4.50
Chicken Nuggets 8 chunks of Chicken breast coated in breadcrumbs with choice of dip	2.99	4.50
BBQ Spare Ribs New Juicy rack of ribs marinated in a delicious BBQ sauce	3.99	
Wings 'n' Wedges Combo 6 BBQ or spicy Peri Peri Chicken wings served with spicy potato wedges and two of our tasty dips	3.99	5.99
Kids Deal New 6" pan pizza with up to 2 toppings, garlic bread, can of Coke	2.99	
10 Large Onion Rings	1.99	

CREATE YOUR OWN PIZZA WITH THESE EXTRA TOPPINGS

85p each (Regular) £1.00 each (Large) £1.20 each (Extra Large)

Anchovies • Bacon • Balti Chicken • Barbeque Chicken • Chinese Chicken • Ham • Pepperoni • Salami • Italian Sausage • Smoky Sausage • Spicy Beef • Spicy Pork • Prawns • Tuna • Black Olives • Cheese • Green Chilli Peppers • Green Peppers • Jalapeno Peppers • Mushrooms • Onion • Red Onion • Red Peppers • Pineapple • Sweetcorn • Sweet & Sour Sauce • Barbeque Sauce • Garlic Sauce

Minimum delivery order £7.99

Chef's Corner

158 Queensway, Bletchley
Mon-Sun 12pm-10.30pm

01908 632236
Cash or credit card only

FREE DELIVERY (WITHIN SPECIFIED AREA)

DRINKS & DESSERTS

Coke, Diet Coke, Fanta, Sprite, Dr Pepper - 330ml can	65p	
Coke, Diet Coke, Fanta - 1.25 litre bottle	1.79	
Banoffee Pie - per slice	2.19	3.29
Tennessee Toffee Cream Pie - per slice	2.19	3.29
Ben & Jerrys Ice Cream - 500ml	4.19	

Piece of cake™, Phish Food®, Caramel Chew Chew™, Chocolate Fudge Brownie, Cookie Dough, Chocolate Therapy, New Fair Trade Vanilla

Buy 1 Get 1 Free! (collection only. please mention offer).

Vegetarian

Cheese & Tomato	£6.95	£8.95	£9.95
Vegetarian Hot Mushrooms, Onions, Green Peppers	£8.95	£11.95	£13.95
Vegetarian Mushrooms, Onions, Green Peppers & Sweetcorn	£8.95	£11.95	£13.95
Spinocolli Mushrooms, Onions, Broccoli, Spinach, Fresh Garlic	£8.95	£11.95	£13.95

Traditional

Hawaiian Ham & Pineapple	£7.95	£10.35	£12.95
Ham & Mushroom	£7.95	£10.35	£12.95
Beef One Ground Beef, Onions & Mushrooms	£8.95	£11.45	£13.95
Chinese Chinese Chicken, Mushrooms & Sweetcorn	£8.95	£11.45	£13.95
Classic Bacon, Mushrooms & Fresh Tomato	£8.95	£11.45	£13.95

Hot Stuff

American Hot Peppers, Onions, Chillies, Green Peppers	£8.95	£11.95	£13.95
Chicken Hot Tandoori Chicken, Green Chillies, Fresh Tomato, Mushrooms	£8.95	£11.95	£13.95
Mexican Passion Mexican Chicken, Red Peppers, Pineapple & Jalapeno Peppers	£8.95	£11.95	£13.95
Mexicana Spicy Beef, Onions, Sliced Tomato & Green Chillies	£8.95	£11.95	£13.95
Hot Tator Ground Beef, Onion, Green Peppers & Jalapeno Peppers	£8.95	£11.95	£13.95

PIZZA GOGO FREE DELIVERY TO ALL MK

X-tra Value Meal
Any Large 12" Pizza*
FREE GARLIC BREAD
(4 pieces)
FREE POTATO TWISTERS
ONLY £11.95

Family Favourites

Pepperoni Plus, Double Pepperoni, Mushrooms & Onions	£8.95	£11.95	£13.95
BBQ Original Chicken, Green Peppers, Fried Onion & Special BBQ Sauce	£8.95	£11.95	£13.95
Meaty One Ham, Pepperoni, Beef, Spicy Pork	£8.95	£11.95	£13.95
Sea Food Prawns, Anchovies, Tuna & Fresh Tomato	£8.95	£11.95	£13.95
Free Choice Any 4 toppings of your choice	£8.95	£11.95	£13.95
Late Breakfast Smokey Sausage, Bacon, Salami & Fried Onion	£8.95	£11.95	£13.95

GoGo Special

Green Peppers, Mushrooms, Onions, Ham, Beef & Pepperoni	£9.95	£12.95	£14.95
Alligator Pepperoni, lamb, Beef, Bacon, Garlic Sausage, Salami	£9.95	£12.95	£14.95
Meatball Feast BBQ Sauce, Meatballs, Pepperoni, Bacon, Garlic Sausage, Smokey Sausage	£9.95	£12.95	£14.95

Stuffed Edge Surcharges

Stuffed Edge with Cheese/with cheese & Pepperoni/ with Garlic & Herbs	£1.00	£1.20	£1.40

Extra Toppings

Create your own pizza by using a Cheese and Tomato as a base then add your choice of toppings from the following

Meat Toppings	Chicken Toppings	Seafood Toppings	Vegetable Toppings	£0.90	£1.00 £1.10
Pepperoni, Salami	Tandoori Chicken	Tuna	Pineapple, Mushrooms,		
Garlic Sausage	Chinese Chicken	Anchovies	Sweetcorn, Green Peppers		
Smokey Sausage	Plain Chicken	Prawns	Red peppers, Onions,		
Ham, Spicy Pork	Mexican Chicken		Fresh Tomato, Green Chillies		
Beef			Aubergine, Fresh Garlic,		
			Jalapeno peppers, Black		
			Olives, Spinach, Broccoli		

Starters

Garlic Bread (4pcs)	£1.70	With Cheese (4pcs)	£2.20
Cheesy Garlic Pizza Bread (7")	£3.50	Breaded Mozzarella Sticks (8pcs)	£3.95
Potato Twisters (Per Portion)	£2.95	Potato Wedges (Per Portion)	£2.95
Potato Wedges (Per Portion)	£2.95	Potato Skins (5pcs) with cheese	£3.95
Pototo Skins (5pcs) with cheese	£4.95	Jalapeno Peppers Cream cheese (6pcs)	£3.95
Onion Rings (10 rings)	£2.50		
Dips, garlic & Mayonnaise, BBQ, Chilli, Sour Cream, Garlic & Herb			£0.30
Spicy Chicken Wings (8pcs)	£3.95	BBQ Wings (8pcs)	£3.95
Chicken Nuggets (6pcs)	£2.50	Southern Fried Mr Chicken (6pcs)	£3.95
BBQ Ribs (1.2 rack)	£3.95		

Pasta

Spaghetti Bolognese	£4.95	Vegetable Lasagne	£4.95
Meat Lasagne	£4.95	Chicken & Mushroom Pasta	£4.95

Salad

Salad Bar Onion, lettuce, fresh tomato, cucumber, coleslaw, ham, sweetcorn, green peppers, olives, cheese, tuna, chicken			£3.50
Green Salad	£2.50	Coleslaw	£1.50

Ice Cream

Haagen Daas 500ml, Vanilla, Choc Chips, Strawberry & Cream, Cookies & Cream, Baileys & Cream			£3.95
House Ice Cream, Dairy, Strawberry, Chocolate, Caramel Coffee			£4.95

Desserts

Tennessee Toffee Pie	£2.50	Chocolate Fudge Cake	£2.50
Strawberry Cheese Cake	£2.50	Banoffi Pie	£2.50

Cold Drinks

Coke, 7-UP, Fanta, Diet Coke (Can)	£0.70	Bottle	£1.70

SPECIALS

Twin Deal
Any 2 medium Pizzas• (10.5")
Any 2 starters, 2 dips
& 2 cans of soft drink.
only £16.95
(save up to £4.00)

Big Deal
Any large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread, Bottle of Soft Drink.
£14.95 (save up to £4.00)

Triple Choice
Any 3 Pizzas*
3 Medium £17 - 3 Large 12" £22
3 Supersize 15" pizzas £27

Lunchtime Special
11.30 - 4.30 Mon - Thurs
One Cheese & Tomato Pizza with a choice of 3 toppings & 4 pcs Garlic bread.
Medium £6.00 (plus one can of drink) - Large £8.00 (plus two cans of drink)

2's Special
Any 2 Pizzas*
10.5" - £13.90
12"- £16.90 15"- £18.90

Double Deal
Any 2 large 12" Pizzas, 2 Dips 2 Starters & Bottle of soft drink.
£20.95 (save up to £6.00)

Beat the clock! only £10.95
Any Large 12" Pizza*, 8 pcs Chicken Wings, 4 pcs Garlic Bread & 1 Bottle of drink. If ordered and delivered before 4pm Mon-Thurs (save up to £7.65)

Free Haagen-Dazs Ice cream with every order of £15.95
Offer cannot be used with any other offer

Open 7 days a week 11.30am - Late • TO ORDER CALL:01908 274674
141 Queensway, Bletchley MK2 2DY

www.pizzagogo.co.uk

DAILYLIFE

THURSDAY
BOLLYWOOD Charity Dinner, Stony Stratford. In aid of Scope (cerebral palsy). Don your saris, satin and sequins for an evening of Bollywood fun at the Kardamom Lounge restaurant in Stony Stratford. Starting at 7pm the entertainment includes a dance performance by local Bollywood dancer Shona Shah, Indian storytelling by Allan Davies of A Word in Edgeways, Bollywood films and an Indian/Bangladeshi meal. Dressing up is desirable but by not compulsory. Tickets £15, of which £5 goes to Scope. Raffle with prizes donated by local businesses. Tickets from the Kardamom Lounge, 34 High Street, Stony Stratford. Tel: 01908 567481 / 567538 or from Well Past It, Timor Court, Stony Stratford (payment by cheque or cash only). Please state if you are a vegetarian when booking.

FRIDAY
Until Sunday
MILTON Keynes Wedding Show, Middleton hall, thecentre:mk. 115 exhibitors.Catwalk shows throughout Saturday and Sunday, plus a chance to win money off your honeymoon. Free. Friday 9.30am-8pm, Saturday 9am-6pm, Sunday 11am-5pm.

SATURDAY
BIRDWATCHING - beginners and improvers. Hanson Environmental Study Centre. Improve your birdwatching skills. Identify woodland and water birds. See the autumn visitors to the reserve. £1 (refreshments included). Binoculars provided. Wear strong shoes and outdoor clothes. No dogs. Children under 16 must be accompanied by an adult. To book call 01908 604810.
E-mail: hansoncentre@milton-keynes.gov.uk

MK Rowing Club Training Session, MKRC Caldecotte Lake South. If you have rowed before and want to get back into it or would like to learn to row or scull, drop in to one of our training sessions. We meet every Saturday from 8am. All ages from 16 upwards.
We're a small, friendly club but with a strong competitive streak and take an active part in local and national events.

SUNDAY
HOT 4 Teacher, Woughton Leisure Centre. Live band in the theatre at lunchtime (1pm) featuring former members of Reverend Drivetrain. FREE entry, families welcome.
Website: www.woughtoncentre.co.uk

MONDAY
BOUNCERS – Reform Theatre Company. Stantonbury Campus Theatre. In the tatty glamour and flashing lights the ever watchful, ever ready Judd, Ralph, Les and Lucky Eric invite you for a night on the town in this hilarious and outrageous look back at the 80s nightclub scene. 7.30pm. £10.50 / £8.50 concessions. Suitable for ages 14-plus. Contains strong language.
Box office 01908 324422.

WEDNESDAY
ELIZABETH & Raleigh: Late but Live – Seabright Productions, Stantonbury Campus Theatre. Raleigh introduces Elizabeth, the wittiest, wisest and most unforgiving of all the English Queens. He's in love with Elizabeth, the spiritual embodiment of England. But will he end up in her bed, or will he lose his head? 7.30pm. £10.50. Concessions £8.50. Unsuitable for under 16s.
Box Office – 01908 324422.

■ Publicise your event free in the DAILY LIFE column

e-mail: david.gale@mk-news.co.uk

Keep your description brief and make sure it is with us a week in advance of publication date

GARDENLIFE

Victoria plums

Season of mists and mellow fruitfulness

MANY gardeners are nervous about growing their own fruit and it can be challenging but it is also lots of fun and extremely rewarding.

Now is a good time to plant, as the plants will become established before winter sets in.

Fruit is classified in two ways, top fruit (trees etc) and soft fruit (raspberries, gooseberries etc).

In this country you can grow apples, pears, cherries, plums, grapes and apricots, and if you have a warm wall, nectarines, peaches and figs.

Fruit trees come in many shapes and sizes and the size is determined by the rootstock.

Semi-dwarf trees typically grow to about 12ft to 15ft but still produce plenty of accessible fruit. Dwarf fruit trees rarely exceed 8ft and also yield plenty of fruit.

They can be harvested, pruned and sprayed easily without a ladder. Another great thing about dwarf trees is that you can space them roughly 10ft apart, which means you can create a mini-orchard in a relatively small area.

Most fruit trees need another tree for pollination. The important thing for pollination is that the flowering time of the two trees overlaps.

Some apples, cherries and plums are self-fertile and do not need another tree for pollination, but most do.

Your supplier will be able to advise you whether your tree needs another tree to set fruit and which variety would be best.

As it is the fruit blossom that turns into your fruit late frosts can be devastating.

If you are in a frost-prone area choose a late flowering variety or plant on a slope so that the cold air will fall away.

After the trees flower and begin to form fruit, thin the fruits to 6ins apart to prevent branches from becoming overburdened and breaking.

This is best done when the fruit is very small. Twist it off by hand, or use small pruning shears or scissors.

RECOMMENDED FRUIT CULTIVARS
Peach: Peregrine
Apple: Cox's self-fertile (eating)
Bramley (cooker)
Plum: Victoria SF
Cherry: Morello SF (cooking)
Stella SF (eating)
Raspberry: Glen Ample, Glen Moy, Leo
Blueberry: Bluecrop, Top Hat
Blackberry: Oregon Thornless
Gooseberry: Invicta
Blackcurrant: Ben Connan
Fig: Brown Turkey

Liz Thurley is a garden designer and the owner of Roman Way Garden Centre. If you have any questions get in touch at info.romanway@yahoo.co.uk or call 01908 542427.

JOBS THIS MONTH
■ Plant outdoor bulbs for spring displays, (daffs, crocus, fritillaries, alliums, hyacinths)
■ Plant bowls of hyacinths for indoor displays. Prepared bulbs are more expensive, but will flower earlier.
■ Empty pots and baskets of summer bedding and plant up with a new selection to provide interest right through to the spring. Use little hellebores, evergreen grasses and ferns then fill in with miracle cyclamen, pansies and violas.
■ Finish seeding lawns while the soil is still warm enough for grass seed to germinate.
■ Sow sweet pea seeds in pots now, then keep in a sheltered position for the winter.

SNOWSHOW

SNOW, SNOW, QUICK, QUICK SNO!
FIND out everything you wanted to know about snow and its related activities this weekend.

The SNO!show at Xscape takes place on Saturday and Sunday and is now in its second year.

The interactive show gives riders, industry suppliers and the public the chance to find out every thing they want to about the snowworld. Including a preview of next seasons 08/09 equipment, with more than 30 exhibitors, plus a host of talks, training and demonstrations.

The weekend will kick off on the Friday night with a special feature park , from the winner of the 'Design a Park' competition, with the show kicking off for real, 10am Saturday morning.

The SNO!show is free to enter and exhibitors will include some of the top UK ski and board manufacturers and retailers, holiday companies, ski magazines and leading European snow schools.

The packed event programme, which is also free for all, includes avalanche talks, transceiver training, snow career talks, on-slope freestyle demos from some of the top UK riders, ski and board tech clinics, fashion show, advanced ski and snowboard clinics, beginner ski and board lessons, prize giveaways and competitions all weekend.

As well the daytime programme, SNO!zone will be hosting a free show party from 8.30pm on Saturday featuring Imperial Viper and Rockstar Karaoke.

The event runs from 10am to 5pm.

For further information visit www.snozonemiltonkeynes.com or call 0871 222 5670.

MKNEWS

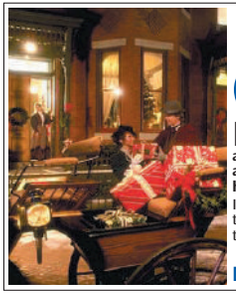
NEWMARKET Holidays

CHRISTMAS CRAFTS & THE COTSWOLDS

Find gifts for those hard-to-buy-for friends and family, enjoy a host of demonstrations and try your hand at a new hobby. All this plus a tour of the beautiful Cotswolds.

Includes ● Return coach travel ● One night's dinner, bed and English breakfast at the Quality Hotel, Dudley ● Entrance to Crafts Alive for Christmas and Hobbycrafts Show ● A tour of the Cotswolds ● The services of a Tour Manager

Departs 15 November 2008 from £85.00

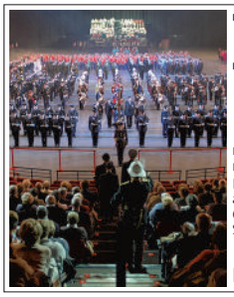


DICKENS CHRISTMAS FESTIVAL

Here's a pre-Christmas break with a difference! Enter a Dickensian wonderland in the Yorkshire Dales village of Grassington, as the streets and square are transformed by a bustling market thronged with authentically dressed musicians, dancers and entertainers, and bargain hunt in two famous factory shops in the Potteries town of Stoke-on-Trent.

Includes ● Return coach travel ● 1 night's B&B at a good standard hotel in the North West ● A visit to Grassington's Dickens Christmas Festival ● A visit to Oswaldtwistle Mills ● The services of a Tour Manager

Departs 29 November 2008 from £75.00



THE BIRMINGHAM TATTOO *NATIONAL INDOOR ARENA, BIRMINGHAM*

Here's your chance to enjoy an unforgettable evening at the 20th Birmingham Tattoo in the National Indoor Arena, Birmingham. With massed bands, exciting displays and a spectacular grand finale it's a truly memorable show with something for everyone!

Includes ● Coach travel throughout ● One night's bed and English breakfast accommodation in a good hotel in the Midlands area such as the Novotel, Coventry ● A seat for the Birmingham Tattoo (upgrades available) ● A visit to Stratford on Avon ● The services of a Tour Manager

Departs 29 November 2008 from £85.00

NEW YEAR SPECTACULAR AT DISNEYLAND® RESORT PARIS

Imagine! The most exciting, fun-filled, magical New Year's Eve ever, celebrated in Disneyland® Park, with a firework spectacular and a special night of celebration at Europe's Happiest Place!

Includes ● Return coach travel and Channel crossings ● 2 nights' B&B in a Paris area 2★ hotel ● A visit to Disneyland® Resort Paris with one day's admission to the Disneyland® Park ● Resort representation

Adults From £159.00 Kids From £105.00
Departs 30 December 2008

CHRISTMAS AT CASTLE HOWARD

Here's your chance to see stunning Castle Howard in all its festive glory. You'll see the house adorned with the Howard family's own decorations and traditional fresh foliage displays and hear tales of Christmas past and present. Plus you'll visit vibrant, cosmopolitan Leeds with its fantastic shopping.

Includes ● Return coach travel ● 1 night's bed and English breakfast accommodation at a good hotel in the Yorkshire area ● Entrance to Castle Howard ● Christmas shopping in Leeds ● The services of a Tour Manager

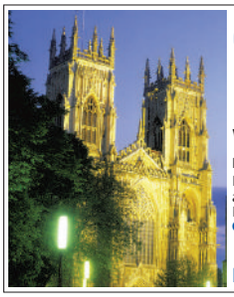
Departs 6 December 2008 from £89.95

GERMAN VALLEY CHRISTMAS

This year, spend Christmas enjoying the delightful surroundings of the Rhine and Moselle Valleys.

Includes ● Return coach and ferry/Eurotunnel Channel crossings ● 4 nights with private facilities at a traditional family-run hotel in the Rhine/Ahr/Moselle Valley area ● German buffet breakfasts ● Three evening meals, a light Christmas lunch and a Christmas Turkey Dinner with wine ● A visit to Rüdesheim on the Rhine ● A visit to Cochem on the Moselle ● The services of a Tour Manager

Departs 23 December 2008 from £249.00



CHRISTMAS CAROLS IN YORK MINSTER

With plenty of time to shop and sightsee as well as the annual Carol Concert performed in the unique surroundings of the city's famous Minster, this break is not to be missed!

Includes ● Return coach travel ● One night's bed and English breakfast accommodation at a good hotel ● A rear nave seat in York Minster for the Minster Carol Concert (front nave seats are available at a supplement) ● Shopping and sightseeing in York ● The services of a Tour Manager

Departs 12 December 2008 from £99.00

CHRISTMAS IN THE BLACK FOREST

Celebrate the festive season in a fairy-tale land of pine-and birch-blanketed mountains, crystal-clear lakes, spectacular waterfalls and romantic valleys – an idyllic setting for an unforgettable Christmas break.

Includes ● Return coach travel ● Return channel crossings ● 4 nights' bed and buffet breakfast accommodation at a good standard hotel in the Black Forest ● Three evening meals, a light lunch on Christmas Day and Christmas turkey dinner ● A visit to Freiburg ● The services of a Tour Manager

Departs 23 December 2008 from £269.00

CHRISTMAS AT CHATSWORTH

Here's a magically different pre-Christmas break. It's your chance to see Chatsworth - the magnificent ancestral home of the Duke and Duchess of Devonshire - in all its Christmas glory! The house is specially decorated with trees, foliage, lights and candles and special Christmas gifts on sale.

Includes ● Return coach travel ● One night's bed and English breakfast accommodation at a good hotel in the North West area ● Entrance to Chatsworth House ● Christmas shopping on Saturday afternoon in Chester ● The services of a Tour Manager

Departs 22 November 2008 from £89.95

THE ULTIMATE CHRISTMAS MARKETS BREAK

Enjoy three spectacular Christmas markets in three different countries! Strasbourg's Christmas Market is the oldest and one of the largest in France; Trier – Germany's oldest city – boasts a magical Christmas market, situated beneath the stunning cathedral; and Bruges' Christmas Market is full of hand-crafted gifts and tasty Belgian festive delicacies.

Includes ● Return coach travel and channel crossings ● Three nights' bed and continental breakfast accommodation at a good standard hotel in the Metz area of France, such as the Campanile Metz Woippy ● Visits to the Christmas markets at Strasbourg, Trier and Bruges ● A Tour Manager

Departs 28 November 2008 from £159.00

Complete and send this coupon to: Newmarket Holidays, **FREEPOST** KT2720, Worcester Park KT4 8BR **(NO STAMP REQUIRED)**.

For a brochure - tick box(es) - ☐ Christmas Crafts (CAS) ☐ Dickens Festival (DCF) ☐ Birmingham Tattoo (BTI) ☐ New Year in Disney (PDO) ☐ Christmas at Castle Howard (XCH) ☐ German Valley Christmas (GMV) ☐ York Minster Carols (CMY) ☐ Christmas in the Black Forest (EBX) ☐ Christmas at Chatsworth (CSS) ☐ Ultimate Christmas Markets (UCX)

Credit card HOTLINE: 0845 226 7754 **Quoting Advert Code: BOS**

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WIDOWER 59, 5ft, N/S, cuddly, seeks N/S male, 59-75 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 341932**

LAID back male required for fun times by fit, very feminine, curvy, beautiful blue eyed blonde, You won't be disappointed. **Tel No: 0911 374 0222 Box No: 337728**

LYN 59, widow, strawberry blonde hair, green eyes, 5ft 8ins, GSOH, likes car boots, music, films, nights out, seeks smart male with GSOH. **Tel No: 0911 374 0222 Box No: 342286**

WIDOW 40, caring, attractive, like meals out, seeks gent for kisses and cuddles, maybe more. **Tel No: 0911 374 0222 Box No: 341900**

SANDRA 46, fun loving, single mum, seeks male to love and hug. **Tel No: 0911 374 0222 Box No: 339590**

BUSY petite, bubbly blonde, WLTM genuine male to share good times with. Maybe more. **Tel No: 0911 374 0222 Box No: 337732**

BLONDE widow, 70, smart, caring, seeks gentleman for kisses, cuddles, meals out, maybe more. **Tel No: 0911 374 0222 Box No: 248208**

WACKY slim but curvy female, long dark hair, likes the simple things in life, would love to spend intimate nights in with someone special. **Tel No: 0911 374 0222 Box No: 337734**

SEXY black lady, seeks male, any age for romance. **Tel No: 0911 374 0222 Box No: 263846**

ATTRACTIVE curvy female, likes to dance, seeks romantic single male who wants to live life. **Tel No: 0911 374 0222 Box No: 337736**

BEAUTY and brains! 44yr old attractive, ambitious female, seeks kind, caring guy to share life with. **Tel No: 0911 374 0222 Box No: 257085**

MATURE female, bubbly and beautiful, still has what it takes, WLTM experienced male who would like to have intimate fun. **Tel No: 0911 374 0222 Box No: 337738**

BLONDE confident, attractive, early 50's N/S female, likes music, outdoors, cooking, WLTM honest, down to earth male, 50-65 for good times. **Tel No: 0911 374 0222 Box No: 226953**

FEMALE 29, seeks male, 30-45 for fun times. **Tel No: 0911 374 0222 Box No: 233352**

33YR old bubbly, cuddly, genuine, N/S, 5ft 1ins, seeks romantic, honest, genuine, gentle giant for nights out or cosy nights in. **Tel No: 0911 374 0222 Box No: 340854**

ACTIVE brunette, seeking like minded tall, dark handsome male who's ready for an energetic relationship. **Tel No: 0911 374 0222 Box No: 337742**

ATTRACTIVE female, 52, blonde hair, green eyes, cuddly, GSOH, seeks tall male with GSOH. **Tel No: 0911 374 0222 Box No: 341216**

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WIDOWER 59, 5ft, N/S, cuddly, seeks male, 59-75 for companionship. **Tel No: 0911 374 0222 Box No: 337366**

SINCERE female, attractive, young 60's, N/S, GSOH, varied interests, seeks similar gent, 50-60's for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 337728**

42YR old single biker lady, trustworthy, kind, caring, seeks similar gent, 38-45 for romance and fun. **Tel No: 0911 374 0222 Box No: 340944**

ATTRACTIVE widow, 61, size 14, caring, Christian, N/S, likes walks, coast, cinema, theatre, seeks committed Christian male with similar interests for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 336116**

N/S lady, 51, loves life, likes countryside, motorbikes, travel, seeks genuine, tall, slim male with similar interests. **Tel No: 0911 374 0222 Box No: 336078**

SEARCHING for a fit, fresh Englishman, 30-45 preferably with no ties for likewise to captivate me. **Tel No: 0911 374 0222 Box No: 339820**

58YR old female, passionate, spiritual, compassionate, likes music, nature, sun, sea, seeks gent, similar age for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 334636**

PROFESSIONAL black female, 40, single mum, slim, hardworking, honest, GSOH, seeks romantic, honest, reliable white guy for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 335750**

63YR old female, likes walks, gardening, cinema, cooking, seeks similar aged male to share time with. **Tel No: 0911 374 0222 Box No: 246816**

GOOD conversation, laughter and sharing. Curvy 42yr old seeks gentleman who is intelligent and enjoys a wine with friends. **Tel No: 0911 374 0222 Box No: 334442**

50YR old black female, divorced, genuine, soft spoken, seeks caring male, 45-50 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330698**

LOVER of classical, light music, animals, gardening, literature, seeks likeminded gent, 50 plus, to put world to rights together. **Tel No: 0911 374 0222 Box No: 339634**

SINGLE mum, 46, OHAC, seeks special male to share good times with, maybe more. **Tel No: 0911 374 0222 Box No: 333566**

27YR old brunette, slim, curvy, GSOH, seeks honest, romantic male for dates, possible LTR. **Tel No: 0911 374 0222 Box No: 329192**

ATTRACTIVE lady, divorced, slim, GSOH, kind, caring, seeks gent, 60's to be that special person. **Tel No: 0911 374 0222 Box No: 339554**

STEPH 49, attractive, 5ft 9ins, N/S, GSOH, varied interests, easygoing, seeks 6ft male, 43-51 for fun, laughter, maybe more. **Tel No: 0911 374 0222 Box No: 298732**

YOUNG 60's female, blonde hair, blue eyes, 5ft 6ins, medium build, warm, loving, GSOH, N/S, seeks sincere, loving male, 50-60's for friendship/relationship. **Tel No: 0911 374 0222 Box No: 327532**

PROFESSIONAL black female, no ties, likes meals out, seeks solvent, fun loving male for kisses, cuddles and maybe more. **Tel No: 0911 374 0222 Box No: 333564**

HEAD strong, Amazonia lady, 40's, seeks slender, passive/aggressive male who won't get in the way. Likes cats, dislikes spears. **Tel No: 0911 374 0222 Box No: 327416**

WIDOW 60, young outlook, size 10-12, 4ft 11ins, dark hair, N/S, OHAC, seeks male for friendship. **Tel No: 0911 374 0222 Box No: 325488**

BUBBLY young 47yr old attractive single mum, Mediterranean looking, seeks sincere, loving, handsome male for friendship maybe more. **Tel No: 0911 374 0222 Box No: 325698**

42YR old female, single mum, 5ft 5ins, medium build, likes sports, TV, nights in, seeks male, 38-45 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 329430**

FEMALE seeks presentable male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 246355**

WIDOW late 60's, 5ft 5ins, slim, fit, romantic, tactile, loving, likes theatre, walks, countryside, wildlife, rugby, seeks loving man for genuine relationship. **Tel No: 0911 374 0222 Box No: 325306**

FEMALE 25, lively, talkative, confident, likes gigs, meals out, pubs, days out, seeks male, 24-32 for friendship. **Tel No: 0911 374 0222 Box No: 322268**

CHRISTIAN female, 47, single mum, size 10, blonde hair, green eyes, likes meals out, theatre, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 326460**

ATTRACTIVE female, black origin, tall, genuine, fun, seeks male, 38-55 for love and friendship. **Tel No: 0911 374 0222 Box No: 322144**

HONEST caring, attractive female, 37, black, 5ft 2ins, likes nights in/out, seeks similar male, 37-45 for LTR. **Tel No: 0911 374 0222 Box No: 320296**

27YR old female, 5ft 3ins, medium build, hazel eyes, likes pubs, clubs, sports, films, seeks male, 25-35 with similar interests. **Tel No: 0911 374 0222 Box No: 317520**

MELANIE 44, single mum, easy-going, likes meals out, walks, cinema, bowling, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 318410**

FEMALE 34, blonde hair, blue eyes, seeks male, 35-40 for love and romance. **Tel No: 0911 374 0222 Box No: 271646**

40'S female, slim, fair hair, blue eyes, GSOH, likes motor bikes, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 317168**

FUN loving 51yr old female, seeks tall, sincere male, 47-60 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316910**

54YR old lady, likes simple things, seeks loving, caring male, 50-55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 315380**

WIDOW slim, seeks gent, 60-70's for friendship, holidays, maybe more. **Tel No: 0911 374 0222 Box No: 313616**

FEMALE young 60's, 5ft 6ins, attractive, blond, blue eyes, medium build, cuddly, warm, loving, N/S, GSOH, seeks loving, caring male, 50's-60's for friendship/relationship. **Tel No: 0911 374 0222 Box No: 314752**

CUDDLY 46yr old female, brown hair, blue eyes, genuine, affectionate, loving, seeks warm hearted male for loving relationship. **Tel No: 0911 374 0222 Box No: 313104**

MICHAELA 43, 5ft 7ins, brown hair/eyes, buxom, likes reading, films, animals, seeks male with similar interests for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 313036**

KIND sweet 22yr old lass who enjoys drinking, socialising and having a good time, seeks similar guy! **Tel No: 0911 374 0222 Box No: 243778**

FEMALE late 40's, slim, brown eyes, 5ft 5ins, seeks fun loving, slim gent with GSOH, full head of hair for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312602**

FUN loving 34yr old female, honest, genuine, likes nights in/out, cuddles, seeks similar male. **Tel No: 0911 374 0222 Box No: 312682**

SINGLE mum, 38, 5ft 8ins, smoker, GSOH likes tattoos, seeks male, 39-45 for LTR. **Tel No: 0911 374 0222 Box No: 311450**

38YR old fun loving Leo, likes meals out, cinema, travel, walks, seeks male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310774**

ANGIE 31, 5ft 7ins, seeks fun male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 312606**

ATTRACTIVE 69yr old widow, 5ft 5ins, plump, attractive, well spoken, likes most things, seeks male for companionship. **Tel No: 0911 374 0222 Box No: 309882**

40YR old female, 5ft 4ins, slim, dark hair, brown eyes, likes walks, films, talks, nights in, seeks male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 308834**

FEMALE 36, 5ft 5ins, likes socialising, nights in/out, walks, seeks genuine, honest, caring male, 35-42 for LTR. **Tel No: 0911 374 0222 Box No: 260679**

40YR old nice lady, N/S, GSOH, likes pubs, meals out, seeks genuine, kind, caring male for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 309610**

PROFESSIONAL lady, 59, likes music, reading, walks, meals out, seeks nice, loving, N/S male for LTR. **Tel No: 0911 374 0222 Box No: 308434**

ATTRACTIVE independent female, 55, blonde, 5ft 8ins, caring, kind, seeks genuine male for friendship/relationship. **Tel No: 0911 374 0222 Box No: 308182**

HONEST sincere, romantic 43yr old female, GSOH, attractive, 5ft 6ins, blonde hair, size 16, seeks similar male for LTR. **Tel No: 0911 374 0222 Box No: 307180**

GILL 65, smoker, 5ft 3ins, likes meals out, socialising, seeks male, 60-70 for friendship and fun. **Tel No: 0911 374 0222 Box No: 307900**

YASMINE 29, Cuban, size 16, seeks male, 25-50 for fun, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 305342**

57YR widow, 5ft, blonde, N/S seeks romantic, trusting, N/S male. **Tel No: 0911 374 0222 Box No: 243583**

YOUNG looking female, 43, slim, caring, loyal, likes cinema, meals out, seeks male, 38-43 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 304156**

39YR old female, likes pubs, clubs, cinema, meals out, seeks guy with similar tastes, between 35-45. **Tel No: 0911 374 0222 Box No: 303058**

ATTRACTIVE petite, 61yr old female, likes pubs, cinema, walks, seeks caring male, 55-65 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 288282**

35YR old single mum, black, seeks male, 43-47 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 302078**

SLIM female, 57, blonde, likes walks, meals out, seeks caring, genuine male with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 298158**

70'S widow, lonely, medium build, likes cooking, gardening, holidays, nights out, seeks gent in his 70's with car to share life with. **Tel No: 0911 374 0222 Box No: 306492**

single men

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AVERAGE looking male, 40, 5ft 9ins, brown hair, blue eyes, GSOH, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 342326**

KEVIN 5ft 9ins, likes cooking, walks, pool, bowling, bingo, car boot sales, nights in, films, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 342238**

WIDOWER 62, 5ft 10ins, medium build, sincere, trustworthy, likes travel, meals out, reading, seeks sincere lady for friendship, outings and travel. **Tel No: 0911 374 0222 Box No: 341882**

61YR old solicitor, semi retired, smoker with discretion, seeks lady companion. **Tel No: 0911 374 0222 Box No: 333818**

JASON 38, 6ft, blue eyes, honest, romantic, passionate, seeks female for loving relationship. Single mum welcome. **Tel No: 0911 374 0222 Box No: 334126**

ATTRACTIVE male nurse, 38, 6ft 1ins, strong, medium build, honest, loving, seeks family minded female for LTR. Age/build unimportant. **Tel No: 0911 374 0222 Box No: 309930**

RICHARD 64, widower, 6ft, medium build, clean shaven, outgoing, trustworthy, reliable, seeks female, 55-65 for LTR. **Tel No: 0911 374 0222 Box No: 285436**

48YR old male, romantic, likes cuddles, nights in, wine, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 340602**

STEVE attractive, 6ft, late 20's, brown hair, seeks female, 18-40 for fun times. **Tel No: 0911 374 0222 Box No: 340310**

37YR old male, 5ft 11ins, slim, honest, GSOH, romantic, likes pubs, meals out, socialising, gym, seeks female, 25-45. **Tel No: 0911 374 0222 Box No: 339378**

EMERGENCY worker, 44, 5ft 9ins, medium build, blue eyes, brown hair, likes meals out, cinema, walks, seeks female, 35-55 for LTR. **Tel No: 0911 374 0222 Box No: 340080**

PAUL 27, dad, seeks mature female, 27-30 for fun and friendship. **Tel No: 0911 374 0222 Box No: 339524**

TALL black male, 37, likes reading, cooking, bodybuilding, seeks black female, 18 plus for friendship/relationship. **Tel No: 0911 374 0222 Box No: 339394**

49YR old male, 6ft, stocky, seeks female, 60 plus for fun, friendship and cuddles. **Tel No: 0911 374 0222 Box No: 339208**

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GARY early 50's, large build, seeks female for meals out, pubs, cinema, friendship, maybe more. **Tel No: 0911 374 0222 Box No: 339042**

PAUL 36, 5ft 8ins, seeks female, any age/looks for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 333704**

EASYGOING male, 42, down to earth, 5ft 7ins, likes most things, seeks similar female to share good times. **Tel No: 0911 374 0222 Box No: 338582**

MALE 38, likes countryside, seeks country loving female, 30-42. **Tel No: 0911 374 0222 Box No: 338454**

PAUL 47, own business, likes clay pigeon shooting, horse riding, cycling, country pubs, seeks N/S female, under 45. **Tel No: 0911 374 0222 Box No: 338068**

LARRY widower, 62, likes fine things in life, seeks similar female. **Tel No: 0911 374 0222 Box No: 336860**

MIKE 41, tall, slim, professional, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 335766**

40YR old builder, divorced dad, likes pubs, cinema, meals out, seeks female, similar age for fun and friendship. **Tel No: 0911 374 0222 Box No: 334650**

TALL slim, romantic, honest guy, 39, seeks genuine female, 30-40. **Tel No: 0911 374 0222 Box No: 331702**

29YR old male, 6ft, seeks female for fun and friendship. **Tel No: 0911 374 0222 Box No: 333626**

MALE 50, tall, slim, seeks female for relationship. **Tel No: 0911 374 0222 Box No: 331958**

LONELY Scorpio male, 45, 5ft 10ins, N/S, likes music, nights in/out, seeks N/S female, 40-46 for LTR. **Tel No: 0911 374 0222 Box No: 331608**

MALE GSOH, 56, OHAC, N/S, likes drives, meals out, shows, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330004**

JOE 5ft 11ins, dad, likes music, nights in/out, cinema, pubs, seeks similar female. **Tel No: 0911 374 0222 Box No: 329230**

MALE 38, likes outdoor life, seeks country girl, 29-43. **Tel No: 0911 374 0222 Box No: 325016**

ANDY 48, faithful, honest, romantic, passionate, seeks soul mate. **Tel No: 0911 374 0222 Box No: 316464**

MALE 57, smoker, seeks female companion for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 322458**

STEVEN 40, uncomplicated, romantic, loyal, 5ft 6ins, blue eyes, blond hair, likes countryside, pubs, golf, seeks loving female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 330346**

MALE 40, 5ft 9ins, medium build, blue eyes, blond hair, genuine, trustworthy, seeks female, 30-48 for romance and TLC. **Tel No: 0911 374 0222 Box No: 321490**

WIDOWER seeks female, 55-60 with GSOH for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 327264**

MALE 40, GSOH, 6ft 2ins, caring, fun, seeks female for relationship. **Tel No: 0911 374 0222 Box No: 328732**

EASYGOING male, down to earth, 59, romantic, 5ft 8ins, slim, attractive, seeks similar female. **Tel No: 0911 374 0222 Box No: 320964**

MALE no ties, likes holidays, conversation, seeks attractive, presentable, caring lady to enjoy life with. **Tel No: 0911 374 0222 Box No: 320520**

TERRY 27, likes nights out, socialising, pubs, walks, cycling, seeks similar female. **Tel No: 0911 374 0222 Box No: 320260**

MALE 55, 5ft 8ins, smoker, honest, caring, trustworthy, solvent, likes nights in/out, holidays, seeks female 40-55 for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 316934**

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47YR old biker, divorced, faithful, honest, romantic, passionate, likes nights in/out, cuddles, films, seeks female for friendship, maybe more. **Tel No: 0911 374 0222 Box No: 310588**

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GOOD looking, intelligent male, 41, blond hair, likes theatre, travel, outdoors, seeks similar male, 40-65 for friendship and more. **Tel No: 0911 374 0222 Box No: 342276**

STRAIGHT acting 34yr old professional gay male, likes nights in/out seeks gay male for fun and friendship. **Tel No: 0911 374 0222 Box No: 341256**

36YR old black male, 6ft, good looking, professional, seeks female for fun times, maybe more. **Tel No: 0911 374 0222 Box No: 254456**

DIVORCED dad, 48, honest, romantic, passionate, likes camping, motor bikes, rallies, meals out, seeks female for loving relationship. Single mum welcome. **Tel No: 0911 374 0222 Box No: 314194**

MALE 40, tall, slim, romantic, likes cosy nights in/out, seeks female, any age to enjoy life and what the world has to offer. **Tel No: 0911 374 0222 Box No: 311066**

adult interests

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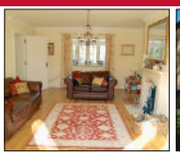

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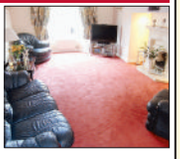

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Shenley Brook End £359,995

A stunning five bedroom property overlooking the green and boasts:

*Lounge *Dining Room * Kitchen/Breakfast * Utility * Five Bedrooms *Three Bathrooms* Double Garage *Must Be Viewed

Middleton £400,000

* 5 Bedroom Detached * Good location * Study * Kitchen/Breakfast room * Utility room * Lounge * Dining room * En suite and Family bathroom * Gardens * Double garage

Emerson Valley O.I.O £300,000

Well presented detached property on generous plot in Emerson Valley which boasts:
*3 Reception rooms * Kitchen/breakfast * Conservatory * Four bedrooms * Two en suites * Double garage * No Upper Chain.

Caldecotte £325,000

Cul-de sac location this detached property is in the highly sought after area of Caldecotte and boasts:

*Four reception rooms * Kitchen/breakfast room* Four bedrooms * En suite and family bathroom * Double garage (half converted to family room) * Private garden * Good access to M1 & A5

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TAYLORS Central

Tel: 01908 678151
email: centralmiltonkeynes@taylorscountrywide.co.uk

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Bradwell Common OIEO £100,000

* Two bedroom maisonette
* Gas to radiator heating & double glazing
* Entrance Hall
* Lounge
* Kitchen
* Bathroom
* Garden
* A viewing is a must!

Woolstone OIEO £180,000

* Two Bedroom Semi-detached Property
* Entrance Hall
* Lounge/Diner
* Kitchen
* Cloakroom
* Bathroom
* Garage & Car Port
* Gardens

No mortgage fee payable for our mortgage services! Call 01908 678151

Bancroft OIEO £195,000

* Three Bedroom Detached Bungalow
* Entrance Hall
* Lounge
* Dining Room
* Kitchen
* Bathroom
* Garage
* Gardens

Milton Keynes OIEO £155,000

* Three Bedroom Semi-detached Property
* Entrance hall
* Lounge
* Kitchen/diner
* Conservatory
* Utility Room
* Gardens
* Garage & ORP

Oldbrook OIEO £150,000

* Four Bedroom Detached
* Entrance Hall
* Cloakroom
* Kitchen/diner
* Lounge
* Bathroom
* Gardens
* An internal viewing is highly recommended!

Bolbeck Park OIEO £399,000

* Four Bedroom Detached Property
* Lounge
* Study
* Breakfast Area
* Kitchen & Utility Room
* Downstairs Cloakroom
* Family Room
* Ensuite to Master

Fishermead OIEO £125,000

*Three Bedroom Terraced
*Entrance Hall
*Shower Room/Cloakroom
*Kitchen/Dining Room
*Lounge
*Bathroom
*Garden
*Carport

Grange Farm £315,000

* Four Bedroom Property
* Entrance Hall
* Cloakroom
* Study
* Kitchen/diner
* Lounge
* En-suite to master & second Bedroom
* Gardens & Garage

Emerson Valley Guide Price £225,000

* Three bedroom detached property
* Entrance Hall
* Cloakroom
* Lounge
* Kitchen/Diner
* En-suite to master
* Gardens
* Off road parking

Willen OIEO £150,000

* Two Bedroom Link-Detached Property
* Entrance Hall
* Lounge/Diner
* Kitchen
* Bathroom
* Carport
* Gardens
* MAKE AN OFFER!

No mortgage fee payable for our mortgage services! Call 01908 678151

Grange Farm £132,995

* Two bedroom ground floor apartment
* Entrance Hall
* Lounge
* Dining room
* Kitchen
* Master with en-suite & balcony
* Bathroom
* Off road parking

Great Linford OIEO £250,000

* Four bedroom detached
* Entrance hall
* Lounge
* Dining Room
* Kitchen
* Utility room
* En-suite to master
* Enclosed rear garden

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email: westcroft@taylorscountrywide.co.uk

TAYLORS
Estate Agents

BLETCHLEY OFFICE
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email: bletchley@taylorscountrywide.co.uk

WHAT DOES YOUR BOARD SAY?

Still on the market and not sold? Call Taylors Westcroft for a free Marketing Appraisal on 01908 524456!

Water Eaton £129,995

* Three Bedrooms
* Mid Terrace
* Central Heating
* Double Glazing
* Separate Reception Rooms
* Bathroom
* Off Road Parking
* Gardens

'Roses' £149,995

* Three Bedrooms
* Semi-Detached Property
* Double Glazing
* Separate Reception Rooms
* Conservatory
* Garage
* Gardens

Westcroft £259,995

* Four Bedroom Townhouse
* Detached
* Extremely Well Presented
* Downstairs Cloakroom
* Master Bedroom with En-Suite
* Front & Rear Gardens
* Driveway leading to Single Garage
* Call 01908 524456!

Tattenhoe OIEO £140,000

* Two Bedroom Property
* Extremely Well Presented
* Refitted Kitchen
* Lounge
* Refitted Family Bathroom
* Front & Rear Gardens
* Two Allocated Parking Spaces
* Call 01908 524456!

'Rivers' £174,995

* Three Bedrooms
* Detached Property
* Double Glazing
* Separate Reception Rooms
* Conservatory
* Bathroom
* Garage
* Gardens

'Poets' £169,995

* Three Bedrooms
* Semi-detached
* Central Heating
* Double Glazing
* Separate Reception Rooms
* Off Road Parking
* Garage
* Gardens

Grange Farm £48,000

* One Bedroom Apartment
* First Floor
* Entrance Hall
* Open Plan Living Area
* Family Bathroom
* Allocated Parking Space
* 40% Share
* Call 01908 524456!

Shenley Brook End £359,995

* Five Bedroom Detached Townhouse
* Extremely Well Presented
* Downstairs Cloakroom
* Master Bedroom with En-Suite
* "Jack and Jill" En-Suite
* Front & Rear Mature Gardens
* Driveway leading to Double Garage
* Call 01908 524456!

'Scotts' £199,995

* Four bedrooms
* Detached property
* Central Heating
* Double Glazing
* Separate Reception Rooms
* Downstairs Cloakroom
* Bathroom
* Off road parking

'Racecourses' £145,000

* Two Bedrooms
* Semi-detached
* Central Heating
* Kitchen
* Lounge/Diner
* Bathroom
* Gardens
* Garage

Urgently required! Two bedroom properties for waiting buyers. Can you help? Call Taylors Westcroft on 01908 524456.

WANTED! 4 Bed Detached properties in the Shenley's for waiting purchasers. Can you help? Call Taylors Westcroft on 01908 524456!

Simpson £144,995

* Two Bedrooms
* First Floor Apartment
* Over 55's
* Double Glazing
* Kitchen
* Lounge/Diner
* Bathroom
*Communal Grounds

Poets £155,000

* Three Bedrooms
* Chalet Style
* Semi-detached
* Entrance Porch
* Lounge/Diner
* Kitchen
* Lean to
* Bathroom

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WOLVERTON OFFICE

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Tel: 01908 312623

email: wolverton@taylorscountrywide.co.uk

TAYLORS
Estate Agents

STONY STRATFORD OFFICE

36 High Street, Stony Stratford

Tel: 01908 563825

email: stonystratford@taylorscountrywide.co.uk

Bradville £199,995

*Four Bedrooms
*Cloakroom
*Lounge
*Kitchen/Diner
*Family Bathroom
*Rear Garden
*Off Road Parking
*Garage

Greenleys £174,995

*Three Bedrooms
*Lounge
*Kitchen/Diner
*Cloakroom
*Garage Conversion
*Bathroom
*Front & Rear Gardens
*Off Road Parking

Roade £207,995

* Three Bedroom * Semi Detached House
* Refitted Kitchen * Conservatory
* Garage * No Upper Chain
* Viewing Recommended

Stony Stratford £269,995

* Well Presented * 1930's Style Semi
* Separate Receptions * Refitted Kitchen
* Large Garden * No Upper Chain
* Must Be Viewed!

Wolverton £220,000

*Three Double Bedrooms
*Lounge
*Dining Room
*Family Area
*Refitted Kitchen
*Refitted Bathroom
*Refited Ensuite
*Front & Rear Gardens

Wolverton Mill Guide Price £175,000

*Three Bedrooms
*Double Glazing
*Ensuite to Master Bedroom
*Cloakroom
*Lounge
*Bathroom
*Single Garage
*Off Road Parking

Fullers Slade £100,000

* Well Presented * Two Bedroom
* Terrace Property * Refitted Kitchen
* Refitted Bathroom
* Carport and Garden
* Must Be Viewed!

Galley Hill £147,995

* Three Bedroom * Semi Detached
* Refitted Kitchen * Cloakroom
* Garage and Garden
* Viewing Recommended

Wolverton £165,000

*Three Bedrooms
*Cloakroom
*Dining Room
*Family Room
*Kitchen
*Bathroom
*Front & Rear Gardens
*Off Road Parking

Bradville Guide Price £100,000

* Two bedrooms * Spacious property
* Double glazing * Gas to radiator heating
* Refitted kitchen * Refitted bathroom
* Rear garden

Deanshanger Offers Over £180,000

* Well Presented * Three Bedroom
* Detached Property * Double Glazing
* Cloakroom * En-Suite
* Study Converted From Garage
* Off Road Parking

Hanslope £190,000

* Individual * Four Bedroom
* Extended * End Of Terrace
* Gas Radiator Heating
* Garage and Garden
* Viewing Recommended

Wolverton £139,995

* Three bedrooms * Victorian style property
* Double bay fronted * Separate receptions
* Gardens * NO UPPER CHAIN
* 01908 312623

New Bradwell £139,995

* Three bedrooms * End of terrace
* Cloakroom * Front & rear gardens
* Conservatory * Allocated parking
* NO UPPER CHAIN * 01908 312623

Yardley GobionOffers Over £165,000

* Three Bedroom
* Extended
* Semi Detached
* Garage
* Carport
* No Upper Chain

SSTC another 3 PROPERTIES LAST WEEK!
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NEWPORT PAGNELL OFFICE
87 High Street, Newport Pagnell
Tel: 01908 611966
email: newportpagnell@taylorscountrywide.co.uk

TAYLORS
Estate Agents

OLNEY OFFICE
26a Market Place
Tel: 01234 713333
email: olney@taylorscountrywide.co.uk

Great Linford £164,995

* Immaculately presented
* Three bedrooms
* End of terrace
* Gas to radiator heating
* Double glazing
* Downstairs cloakroom
* Rear Garden

Olney £299,995

* 4 Bedroom Detached
* Entrance & Cloakroom
* Lounge
* Dining Room
* En-suite & Bathroom
* Front & Rear Gardens
* Garage
* Call Now On 01234 713333

Olney £299,950

* 4 Bedrooms
* Lounge & Dining Room
* Kitchen
* Front & Rear Gardens
* Garage & Driveway
* Call Now On 01234 713333

Newport Pagnell £244,995

* Four bedrooms
* Well presented
* Gas to radiator heating
* Double glazing
* Ensuite to bedroom one
* Conservatory
* Rear Garden
* Single Garage

Newport Pagnell £161,950

* Three bedrooms
* End of terrace
* Double glazing
* Gas to radiator heating
* Rear Garden

Olney £184,995

* 3 Bedrooms End Of Terrace
* Entrance
* Kitchen
* Lounge/Diner
* Bathroom
* Front Garden
* Rear Garden
* Double glazing

TWO MORE FOUR BEDROOM DETACHED PROPERTIES SOLD BY THE OLNEY TEAM. IF YOU HAVE A FOUR BEDROOM PROPERTY TO SELL CALL US NOW ON 01234 713333.

Newport Pagnell £159,995

Taylors Estate Agents are delighted to offer for sale this well presented three bed end of terrace property on the popular rivers development. The property benefits from double glazing, gas to radiator central heating, garage and garden to the front and rear. The accommodation briefly comprises of: Entrance hall, lounge/diner, kitchen, bathroom, three bedrooms and rear garden.

Poets £215,000

* Four Bedroom Semi Detached
* Lounge
* Dining Room
* Kitchen
* Ensuite
* Bathroom
* Rear Garden
* Call Now On 01908 611966

Turvey OIEO £299,950

* 4 Bedrooms
* Lounge & Dining Room
* Kitchen with Utility
* Conservatory
* En suite to master
* Front & Rear Gardens
* Garage and off road parking
* Call Now on 01234 713333

Newton Blossomville £419,950

* 4 Bedrooms * Lounge
* Kitchen/Diner
* Rear Lobby & Cloakroom
* En-suite & Bathroom
* Front & Rear Gardens
* Garage
* Call Now On 01234 713333

URGENTLY REQUIRED!! TWO AND THREE BEDROOM PROPERTIES IN THE POETS AREA OF NEWPORT PAGNELL. PLEASE CALL 01908 611966 FOR YOUR FREE MARKET APPRAISAL.

Olney £134,995

* Two bedrooms
* Victorian property
* Well presented
* Gas to rad heating
* Refitted bathroom
* Rear garden

Emberton £439,950

* Three bedroom character cottage
* Dining Room
* Sitting room
* Breakfast Room
* Fitted Kitchen
* Front & Rear Gardens
* Garage & Off road parking
* Call Now On 01234 713333

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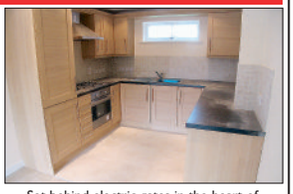
436 Midsummer Boulevard

TAYLORS New Homes

Tel: 01908 677227
email: newhomes@taylorscountrywide.co.uk

EXCLUSIVE GATED DEVELOPMENT £179,995



Set behind electric gates in the heart of Leighton Buzzard, just 5 homes offering above the average specification. This plot has above average room sizes with a separate dining area, downstairs WC and en-suite from master. There is also allocated parking and visitor spaces. All within walking to the town centre.

STRIKING HOME WITH BALCONY £378,000

This stunning 5 bedroom detached home offers a fantastic layout. With kitchen/family and dining room on the ground floor, then a double aspect first floor lounge with juliet and walk onto balcony. With the two en-suites there is a total of five toilets in this highly specified home. Enjoy high ceilings, big windows, and a contemporary edge throughout. Situated in south Milton Keynes with lakeside park nearby.

AMAZING VALUE, 3 BED WITH GARAGE £189,995

Your not seeing things, this brand new 3 bedroom, 2 bath home is in Milton Keynes, walking distance to a train station and a variety of shops. We challenge you to find a better value property. This is the last plot at this price and therefore suggest you view ASAP!!

MOVE NOW WITH PART EXCHANGE! £299,995

Rarely can we offer a traditional two storey family home like this. Spacious 21ft plus lounge with dining room and a family room from the kitchen. With the 4 bedrooms the master has a large dressing room. Outside there is a garage, or for a little more a double can be offered. Situated in a popular area on the edge of west Milton Keynes. The development is away from main roads and backs onto the north bucks bridal way with countryside beyond.

LIFT TO YOUR UNDERGROUND CARPARK £199,000

Set in an enviable lakeside development, a range of luxury 2 bedroom apartments with 2 juliet balconies. Hotel style internal corridors with contemporary lifts and stairwell set the scene for entering your modern, light home with an excellent specification. Situated on the edge of Milton Keynes. Ready now, key in office.

AMAZING 2 BED APARTMENT £170,000

This 2 bedroom,2 bath second floor luxury apartment has an enviable location. Facing a linear park with brook and a south westerly terrace. Situated in East Milton Keynes within walking distance to shops and a short drive to the M1.

SPACIOUS 4 BED HOME £249,995

Rarely available 4 double bedroom home with westerly facing garden and garage. Situated in this popular area with great school catchments and a host of local amenities. Offering quick access to M1 junction 14. Ready now!!! (Please note: the plot for sale is terraced, internal photos are of the Showhome)

SMALL PRIVATE DEVELOPMENT £199,950

Very versatile 2/3 bedroom home with parking on a development of 18 privately owned homes in the heart of Leighton Buzzard, within walking distance of the town centre. The design of the home is very versatile with a bonus room on the top floor which could be used as a bedroom or a very large lounge to retire to at the end of the day. Ready now, key in office. Now is the time to buy!!

AMAZING VALUE!! £99,995

Not shared ownership, not shared equity, full ownership of a brand new 2 bed apartment for this ridiculous price!! Situated in West Milton Keynes, with easy access to M1. Great for first time buyers. Call Taylors New Homes now for more information!

3 BED, 2 RECEPTIONS AND GARAGE £200,000

This fantastic home has most of the accommodation associated with bigger homes, including a utility, two WC's, and lounge and dining room and en-suite from the master. Within walking distance of london train service. Specifications includes built in oven, hob, hood, dishwasher and fridge/freezer.*Ask us about incentives or part exchange*

RIDICULOUS PRICE!! £214,950

Brand new spacious 3 bedroom semi detached with separate dining room, lounge and also a carport in a good area of Milton Keynes with popular school catchment areas at this amazing price! There are only 2 plots remaining-1st come 1st serve!! Call Hilary Harman to find out more on 01908 677227.

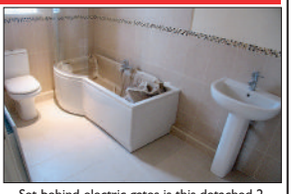
HUGE LIVING SPACE £309,950

ASK ABOUT INCENTIVES
Yes, incredible size for the money at 1561sqft. Boasting three receptions, three bath/shower rooms and four double bedrooms. Outside there is a garage and generous drive and an outlook over a brook. Situated in west Milton Keynes with popular school catchment. Ready now, with carpets and some great price deals!

MAKE AN OFFER!! £280,000

The final release on this edge of Leighton Buzzard developments means some bargains are there for the taking. Already great value with 3 reception rooms, 2 en-suites, utility and double garage. Ready now and set with a plot facing a hedged open area on the fringe of the development. Ideally located for the commuter, just off the Aylesbury to Milton Keynes bypass. Hurry as it is the final plot release!

DETACHED COTTAGE STYLE HOME £235,000



Set behind electric gates is this detached 2 bedroom home with garden. Offering a versatile layout with shower room on the ground floor aswell. This exclusive development is just 5 homes in a secure courtyard setting. This plot has 2 allocated parking spaces and a garden that wraps around 3 sides.

The New Homes Specialists

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TAYLORS
Residential Lettings

TAYLORS LETTINGS OFFICE
436 Midsummer Boulevard

Tel: 01908 393924
email: cmk.residentiallettings@taylorsestateagents.co.uk

BRADVILLE £895pcm

Taylors Lettings are delighted to offer this well presented four bedroom semi-detached property situated in Bradville. The property is available in the first week of November.

SHENLEY CHURCH END £1,100pcm

Taylors Lettings are delighted to offer this four bedroom detached property situated in the popular 'Shenley Church End' area of Milton Keynes. The property is unfurnished and available immediately. Must be viewed!

CENTRAL MILTON KEYNES £595pcm

Taylors Lettings are delighted to offer this one bedroom third floor apartment, situated in the central "North Row" area of Milton Keynes. The property is unfurnished and available from 23rd November 2008.

CROWNHILL £825pcm

Taylors Lettings are delighted to offer this three bedroom detached property situated in the popular 'Crownhill' area of Milton Keynes. The property is unfurnished and is available immediately. Must be viewed!

WOOLSTONE £2,400pcm

Taylors Lettings are delighted to offer this "Grade II" listed five bedroom character property, located in the much sought after area of 'Woolstone Village'. The property boasts, five double bedrooms, four receptions, four bathrooms, double garage, extensive grounds, situated within approximately half an acre of land. This property must be viewed.

IS YOUR PROPERTY STILL SITTING EMPTY?

IF SO, CALL TAYLORS AND ADVERTISE TO THE WIDEST POSSIBLE AUDIENCE!

01908 393924

cmk.residentiallettings@taylorsestateagents.co.uk

CAMPBELL PARK £1,150pcm

Taylors Lettings are delighted to offer this four bedroom property, situated in the popular central location of "Campbell Park". The property is unfurnished and available from 24th October 2008. Must be viewed.

SHENLEY BROOK END £695pcm

Taylors Lettings are delighted to offer this three bedroom, semi-detached property situated in the much sought after location of Shenley Brook End. The property is offered unfurnished.

A small selection of this weeks HOT PROPERTIES:

Bletchley	2 bed semi-detached	£695 per month
Fenny Stratford	2 bed 1st flr apartment	£725 per month
Haversham	3 bed semi-det	£775 per month
Bletchley	4 bed detached	£900 per month
Furzton	4 bed detached	£995 per month
Lathbury	5 bed property	£1275 per month
Wavendon Gate	6 bed detached	£1900 per month
Grange Farm	6 bed detached	£2500 per month

BROUGHTON £775pcm

Taylors Lettings are delighted to offer this 2 bedroom third floor apartment, situated in the popular location of Broughton. The property is available from 1st September 08.

RACECOURSES £800pcm

Taylors Lettings are delighted to offer this three bedroom semi-detached property, situated in the popular Race Course's area of Milton Keynes. The property is available immediately and is unfurnished.

OLDBROOK £1,150pcm

Taylors Lettings are delighted to offer this 4 bedroom detached property situated in the popular central location of Oldrook. The property is unfurnished, available immediately and the rental price includes council tax.

OAKHILL £750pcm

Taylors Lettings are delighted to offer this two bedroom apartment situated in the "Oakhill" area of Milton Keynes. The property is offered part-furnished and is available immediately.

CAMPBELL PARK £925pcm

Taylors Residential Lettings are pleased to offer this well presented ground floor two bedroom apartment, situated in the highly sought after Campbell Park location. Must be viewed!

Call for a FREE Rental Valuation

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Wilson Peacock estate agents

CALDECOTTE £182,500

THREE BEDROOM SEMI DETACHED PROPERTY
CLOAKROOM
KITCHEN/DINER
TWO DOUBLE BEDROOMS
ENCLOSED REAR GARDEN
GARAGE

KENTS HILL £202,500

THREE/FOUR BEDROOM DETACHED PROPERTY
CLOAKROOM
REFITTED KITCHEN
MASTER BEDROOM WITH EN-SUITE
DRIVEWAY PROVIDING OFF ROAD PARKING

MIDDLETON £369,950

FIVE BEDROOM DETACHED PROPERTY
SEPARATE RECEPTION ROOMS
MASTER BEDROOM WITH EN-SUITE

BEDROOM TWO WITH EN-SUITE
GARAGE & DRIVEWAY PROVIDING OFF ROAD PARKING
NO UPPER CHAIN

WALNUT TREE OFFERS IN EXCESS OF £150,000

THREE BEDROOM SEMI-DETACHED PROPERTY
LOUNGE/DINING AREA
ENCLOSED GARDEN
GARAGE & DRIVEWAY PROVIDING OFF ROAD PARKING
ENCLOSED REAR GARDEN

DOWNHEAD PARK £142,000

TWO BEDROOM END OF TERRACE PROPERTY
DOUBLE BEDROOMS
ENCLOSED REAR GARDEN
GARAGE & DRIVEWAY PROVIDING OFF ROAD PARKING
CUL-DE-SAC LOCATION

SHENLEY CHURCH END OFFERS IN EXCESS OF £325,000

FOUR BEDROOM DETACHED PROPERTY
KITCHEN/BREAKFAST ROOM
LOUNGE & DINING ROOM

MASTER BEDROOM WITH EN-SUITE
FRONT & REAR GARDENS
DOUBLE GARAGE

GREAT LINFORD £189,995

THREE BEDROOM LINK DETACHED PROPERTY
REFITTED KITCHEN AND BATHROOM
CONSERVATORY
GARAGE & DRIVEWAY PARKING
CUL-DE-SAC LOCATION

NEATH HILL GUIDE PRICE £124,995

TWO BEDROOM FIRST FLOOR MAISONETTE
DOUBLE GLAZING (WHERE SPECIFIED)
GAS CENTRAL HEATING (WHERE SPECIFIED)
LOUNGE/DINING ROOM
GARAGE PROVIDING OFF ROAD PARKING
GARDEN

WILLEN OFFERS OVER £250,000

FIVE/SIX BEDROOM DETACHED PROPERTY
CLOAKROOM
SEPARATE RECEPTION ROOMS
STUDY
FRONT & REAR GARDENS
DOUBLE GARAGE & DRIVEWAY PARKING

BEANHILL OFFERS IN EXCESS OF £100,000

THREE BEDROOM BUNGALOW
REFITTED KITCHEN
CLOAKROOM
REAR GARDEN
OFF ROAD PARKING & CARPORT

DOWNS BARN £99,995

ONE BEDROOM FIRST FLOOR FLAT
LOUNGE
KITCHEN
BATHROOM
PHOTO SHOWS BLOCK

BLETCHLEY £99,995

TWO BEDROOM FIRST FLOOR MAISONETTE
DOUBLE BEDROOMS
SEPARATE KITCHEN
LOUNGE/DINER
GARDEN

BLETCHLEY OFFERS OVER £99,995

TWO BEDROOM VICTORIAN STYLE COTTAGE
KITCHEN/DINER
LOUNGE
RE-FITTED BATHROOM
PEDESTRIAN ACCESS TO LOCAL AMENITIES

PUBLIC NOTICE

22a Ladbroke Grove, Monkston Park, Bucks, MK10 9PL.

We are acting for the mortgagees and have received an offer of £125,000 on the above property. Any interested parties must submit any higher offers in writing to the selling agent before an exchange of contracts takes place.

Call Today for a free Market Appraisal

Wilson Peacock Estate Agents
653 Midsummer Boulevard, Central Milton Keynes, Bucks MK9 3BQ
T 01908 606951 F 01908 230456 E miltonkeynes@wilsonpeacock.co.uk
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Wilson Peacock estate agents

www.wilsonpeacock.co.uk

LAVENDON £450,000

FOUR BEDROOM CHARACTER COTTAGE
TWO BEDROOM ANNEXE
BACKS ONTO FARMLAND
NO ONWARD CHAIN
AMPLE OFF ROAD PARKING
TEL: 01234 711481

PODINGTON £435,000

FOUR BEDROOM CHARACTER COTTAGE
MASTER BEDROOM WITH EN SUITE
INGLENOOK FIREPLACE
DOUBLE GARAGE AND PARKING
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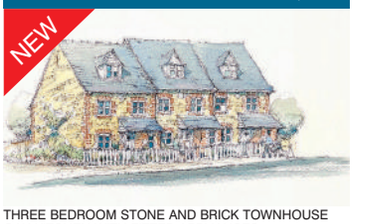

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NEW

POETS BLETCHLEY

3 bedroom semi detached house in need of some modernisation and located in the very popular Poets area in Bletchley. The property comprises entrance hall, lounge, dining room, kitchen, 3 bedrooms and bathroom. Outside are front and rear gardens along with driveway to the side leading to rear garden. Close to train station. No Upper Chain.

£149,995

UPVC CONSERVATORY

HEELANDS

A well presented 3 bedroom end terraced house that has the added benefit of a Upvc double glazed conservatory. The property comprises: e/porch, e/hall, lounge/diner, kitchen, conservatory and a bathroom. There is Upvc double glazing, gas to radiator heating, enclosed rear garden and a garage with a further 2 parking spaces at the front of the house.

£154,450

VILLAGE LOCATION

NEWTON LONGVILLE

A superb 4 double bedroom detached house with beautiful aspects over paddocks to the rear. Comprising: e/hall, cloakroom, study, dining room, lounge, kitchen/breakfast room and the addition of a 13' square conservatory, master bedroom with a range of wardrobes, en-suite and a family bathroom. D/garage, d/glazed and gas to rad heating. Lovely village location.

£399,995

CLOSE TO LOCAL PARK

OLD WOLVERTON

Excellent extended 3 bedroom semi detached house with a large garden and garage. Accommodation includes: ent hall, 19 ft lounge, kitchen/ diner, conservatory, re-fitted bathroom & bed 1 with en-suite. There is Upvc double glazing, gas to radiator heating and the property is in a cul de sac location.

£184,995

KENTS HILL

A 3-4 bedroom semi detached house in a cul-de-sac location. Cloakroom, lounge, dining room, bedroom 4 / study, kitchen, bed 1 with en-suite shower room, bathroom. Ample off road parking, Upvc double glazed and gas to radiator heating. Front & rear gardens.

£184,995

FULLY REFURBISHED

BLETCHLEY

Newly refurbished 3 bedroom detached bungalow with a new fully fitted kitchen and bathroom. There is Upvc double glazed windows, gas heating to radiators via a brand new boiler and a garage with extra off road parking and front & rear gardens. Close to the town centre.

£199,995

CLOSE TO LOCAL PARK

TWO MILE ASH

A superb 4 bedroom detached house that has been greatly improved by the present owners. The property comprises: entrance hall, lounge, dining room, kitchen, conservatory, master bed with en-suite and a family bathroom. Double glazed, gas to rad heating and a garage. Opposite local park.

£234,995

5 BEDROOMS

NEATH HILL

A large individual 5 bedroom detached house with at least 4 double bedrooms. On the ground floor there is a cloakroom, large lounge/diner, kitchen/brek & utility. The master bed has fitted wardrobes and an en-suite and the main bath has a shower cubicle. Double garage and lots of parking.

£339,995

VILLAGE LOCATION

STOKE HAMMOND

An excellent 5 bedroom detached house located in the corner of a cul-de-sac within this popular village between Leighton Buzzard & Bletchley. The property sits on an extremely good size plot backing onto open paddock land and has a long driveway for several vehicles leading up to the house and the double garage. The house is presented in superb condition in pleasant village surroundings.

£599,995

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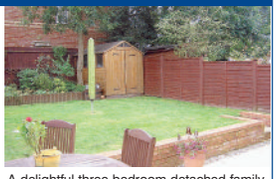
Barleyhurst £234,995

A Five bedroom semi detached home on the ever popular Barleyhurst Estate. The accommodation briefly comprises entrance hall, downstairs shower room, lounge, dining room, kitchen, study area, five bedrooms, bathroom, front and rear gardens, off road parking.

Bletchley £169,995

A three bedroom extended semi detached property situated in the ever popular location of the Saints estate. The accommodation comprises lounge, kitchen/diner, refitted bathroom, three bedrooms, double glazing, gas central heating, front and rear gardens. View now to avoid disappointment.

Emerson Valley £199,995



A delightful three bedroom detached family home set in a private cul-de-sac, this property offers downstairs cloakroom, lounge, open plan kitchen/diner, en-suite to master bedroom, study/family room, front and rear gardens. Must be viewed, call Ian now.

Bletchley £175,995

A three bedroom semi detached property situated on the Castles development. The accommodation briefly comprises entrance hall, downstairs shower room, lounge, dining room, kitchen, utility, three bedrooms, bathroom, rear garden.

Browns Wood £129,995

A modern Two bedroom cluster home, offering well presented living space in the ever popular location of Browns Wood. In the South East area of Milton Keynes. Boasting re-fitted kitchen, re-fitted bathroom, quiet location, ideal first time buy, allocated parking, double glazed.

Furzton £179,995

A Three bedroom link semi-detached property, in the popular residential location of Furzton. Offering entrance hall, lounge, kitchen/diner, garage & driveway, family bathroom, gas central heating, front & rear gardens, MUST BE VIEWED, NO UPWARD CHAIN.

Fenny Stratford £134,995

A two bedroom Victorian mid terrace in the desirable location of Fenny Stratford. The accommodation briefly comprises lounge, kitchen/diner, two bedrooms, bathroom, rear garden with summer house.

Poets Development £155,000

A three bedroom extended semi detached property situated on the Poets Estate. The accommodation comprises entrance hall, lounge, kitchen, three bedrooms, bathroom, garage and rear garden, gas central heating, no upper chain.

Tattenhoe £190,000

A three bedroom semi detached home in Tattenhoe. The accommodation briefly comprises entrance hall, cloakroom, lounge, kitchen/diner, three bedrooms, bathroom, front and rear gardens, garage (currently converted to utility room).

Fenny Stratford £199,995

A three bedroom mid terrace townhouse in the popular area of Fenny Stratford. The accommodation briefly comprises entrance hall, cloakroom, kitchen/diner, lounge, three bedrooms, en-suite to bedroom two, bathroom, garage.

Tattenhoe £189,995

A three bedroom mid-terraced property offered with no upper chain in Tattenhoe. The accommodation briefly comprises entrance hall, lounge, dining room, kitchen, master bedroom with en-suite, two further bedrooms, bathroom, garage part converted, rear garden.

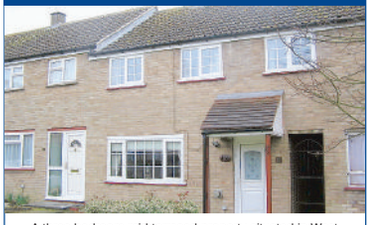
Redrow Development £199,995

A Three bedroom end of terrace property in a popular residential location. Boasting downstairs cloakroom, lounge, dining room, kitchen, en-suite to master bedroom, family bathroom, rear garden.

Central Bletchley £174,995

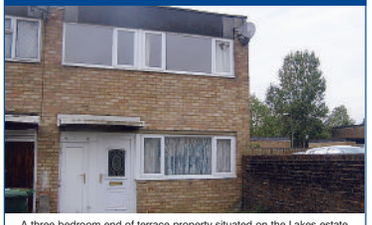
A detached two bedroom bungalow situated in a non estate location. The accommodation briefly comprises lounge, refitted kitchen, two bedrooms, bathroom, garage and rear garden.

West Bletchley £149,995



A three bedroom mid terraced property situated in West Bletchley. The accommodation briefly comprises entrance hall, lounge, kitchen, conservatory, three bedrooms, bathroom, separate wc, front and rear gardens, double glazing.

Lakes £97,950



A three bedroom end of terrace property situated on the Lakes estate ideal for investment or the first time buyer. The accommodation briefly comprises entrance hall, cloakroom, lounge, kitchen/diner, three bedrooms, bathroom, gas central heating, double glazing, no upper chain. VIEW NOW.

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Westcroft — £344,995

An impressive Five bedroom link detached property in an ever popular location. Within close proximity to local amenities, offering good school catchment area. VIEWINGS HIGHLY RECOMMENDED

Middleton — £307,995

A superb example of a Four bedroom detached family home, located in a sought after area. Boasting lounge, kitchen/breakfast area, family room, utility room, dining room, en-suite to master bedroom, double garage with dual parking, double glazed and gas central heating.

Wavendon Gate — £279,995

A Four bedroom detached family home situated in a popular residential location. Boasting entrance hall, downstairs cloakroom, lounge, kitchen/diner, utility room, en-suite to master, family bathroom, front & rear gardens, double glazed, gas central heating. A detached self contained annex, offering lounge, bedroom, kitchenette, shower room.

Great Holm — £82,500

A Two bedroom semi-detached property in an ever popular location, for a 50% share, plus £2000 for fixtures & fittings. A very well presented property under the shared ownership scheme. Offering lounge, kitchen/breakfast room, bathroom, off road parking and rear garden.

Downs Barn — £119,995

A One bedroom terraced bungalow situated in a popular residential area. The accommodation briefly comprises entrance hall, lounge/diner, refitted kitchen and bathroom, double glazing, gas central heating, front and rear gardens and allocated off road parking.

Eaglestone — £139,995

A fantastic opportunity to own in our opinion, an immaculate Three bedroom mid terraced property in a popular location. The property comprises downstairs cloakroom, lounge, open plan kitchen/diner, utility, bathroom, gas central heating, double glazing. garage.

Walnut Tree — £169,995

A fantastic opportunity to own in our opinion, an immaculate Three bedroom mid terraced property in a popular location. The property comprises downstairs cloakroom, lounge, open plan kitchen/diner, utility, bathroom, gas central heating, double glazing. garage.

Bradwell — £174,995

A Three bedroom property in an ever popular location of Bradwell, being offered with NO UPPER CHAIN. VIEWINGS HIGHLY RECOMMENDED, IDEALLY LOCATED FOR RAILWAY STATION ACCESS.

Kents Hill — £179,995

Michael Anthony are pleased to offer, in our opinion a well presented Three bedroom semi-detached property in a popular residential location. Offering lounge, dining room, kitchen, re-fitted bathroom, garage, off road parking, front & rear gardens.

Monkston — £189,995

In our opinion a stunning Three bedroom semi-detached home, situated in this ever popular residential area. The property benefits from entrance hall, downstairs cloakroom, lounge/diner, fitted kitchen, re-fitted bathroom, front & rear gardens, garage and driveway.

Great Holm — £189,995

A Three bedroom semi detached property situated in an ever popular residential area. The accommodation briefly comprises two reception rooms, conservatory, refitted kitchen, double glazing, gas central heating, garage and driveway, extra length garden. Must be viewed. PLUS STAMP DUTY PAID.

Grange Farm — £214,995

A Four bedroom townhouse situated in this popular residential location. The property benefits from downstairs cloakroom, re-fitted kitchen, lounge, four bedrooms, en-suite to master bedroom, further family bathroom, front & rear gardens, garage, gas central heating and double glazing.

Westcroft — £209,995

A Three bedroom detached family home, which offers good living accommodation. The property benefits from entrance hall, downstairs cloakroom, lounge, dining room, kitchen, en-suite to master bedroom, family bathroom, garage & driveway, front & rear gardens.

Monkston — £234,995

A Three bedroom detached family home, which offers good living accommodation. The property benefits from entrance hall, downstairs cloakroom, lounge, dining room, kitchen, en-suite to master bedroom, family bathroom, garage & driveway, front & rear gardens.

Wavendon Gate — £249,995

A Four bedroom detached family home in a popular residential location. Offering downstairs cloakroom, lounge, kitchen/diner, utility room, en-suite to master bedroom, family bathroom, garage and driveway, front & rear gardens.

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A four bedroom detached property situated on a plot of approx 1/5 acre with separate detached annexe. Flexible furnishings. Available 21/10/08.

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ASPLEY GUISE £1,000pcm

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Oldbrook
The Shenley's
Loughton
Kents Hill
Wavendon Gate
Old Farm Park
Central Milton Keynes

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Tattenhoe
The Shenley's
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A 2 bedroom semi-detached property in Kents Hill. The accommodation comprises; Lounge * Kitchen / diner with white goods * 2 bedrooms * Master with built-in wardrobe * Front garden & drive * Enclosed rear garden. Available now.

STANTONBURY £675 pcm

2 BEDROOM SEMI WITH GARAGE.

Squares are pleased to offer this 2 bedroom semi detached. It has a Hall * Lounge * Kitchen / diner * White goods * 2 Bedrooms * Bathroom *
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* Kitchen with white goods
* Enclosed rear garden
* Off road parking
* Unfurnished

STANTONBURY — £750 pcm

* Three bedroom semi detached house
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* Kitchen white goods
* Enclosed rear garden
* Single garage
* Unfurnished/Furnished

SPRINGFIELD — £750 pcm

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* Kitchen white goods
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MONKSTON — £725 pcm

* Two bedroom spacious first floor flat
* Two double bedrooms
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BRADWELL VILLAGE — £750 pcm

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* Kitchen with white goods
* Enclosed rear garden
* Off road parking
* Part furnished

BRADWELL COMMON — £750 pcm

* Three bedroom terraced house
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* Kitchen white goods
* Single garage
* Enclosed rear garden
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* Three double bedrooms and two single
* Kitchen white goods and utility
* Downstairs cloakroom
* Enclosed rear garden
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* Kitchen with white goods
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* Furnished

NEATH HILL — £750 pcm

* Three bedroom semi detached house
* Three double bedrooms
* Kitchen with white goods
* Enclosed rear garden
* Off road parking
* Unfurnished

BOLBECK PARK — £625 pcm

* Two bedroom semi detached house
* Two double bedrooms
* Kitchen white goods
* Enclosed rear garden
* Off road parking
* Unfurnished with wardrobes

BLETCHLEY — £750 pcm

* Two bedroom detached bungalow
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* Kitchen with cooker and washing machine
* Enclosed rear garden
* Off road parking
* Unfurnished

OLDBROOK — £595 pcm

* One bedroom terraced house
* One double bedroom
* Kitchen with white goods
* Enclosed rear garden
* Off road parking
* Unfurnished

OLDBROOK — £675 pcm

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* Two double bedrooms
* Kitchen with white goods
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* Single garage
* Off road parking

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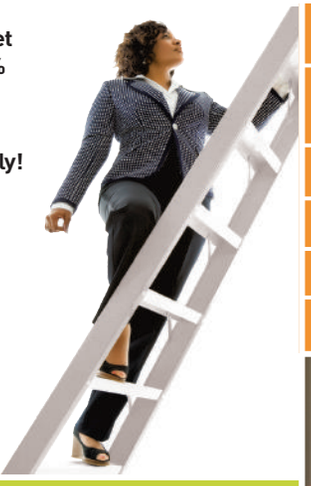

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Loadsa dough sees start of Domino effect

New West Ashland commisary will service over 500 pizza stores

MILTON Keynes Partnership and world-leading pizza delivery company, Domino's Pizza Group Ltd, have signed a building lease to create a new, purpose built headquarters and production warehouse for the chain in West Ashlands,

The new facility will be approximately 141,000 sq ft and built to the highest environmental standards and will be home to a state-of-the-art commissary.

The commissary will service over 500 Domino's stores once completed, providing them with the fresh dough and quality ingredients to ensure each pizza has a consistently great taste.

Due for completion in early 2010, the new commissary will be pivotal in helping Domino's to achieve its goal of opening 1,000 stores by 2017.

Tim Roxburgh, projects director for Milton Keynes Partnership said: "This is great news, showing the confidence that major companies have in the city. Despite difficult market conditions, Milton Keynes remains one of the most attractive places for business in the South East"

Gareth Franks, director of food service at Domino's Pizza said: "Once completed, the new facility will be unlike anything in the global Domino's system. The purchase of the land in West Ashlands marks a key development in our expansion plans and will be essential to our target of reaching 1,000 stores by 2017. We are on track for completion of the facility in 2010."

Domino's will be keeping its current facility open and functional during the building process.

MK salaries top country average

THE average advertised salary in Milton Keynes is now £34,238 – making it £3,110 more than the national average.

Jobs search engine AllTheTopBananas.com has analysed 4,332 jobs in the area, part of 633,766 jobs published nationally between March and August 2008.

Excluding London figures, the average advertised salary around the UK is £31,128.

Dave Martin is MD of AllTheTopBananas.com, which carries one in three UK vacancies.

He said: "We are seeing advertised salaries continue to rise overall, putting added pressure on inflation. There's a chance this could add to the UK's economic woes in the next 12 months."

AllTheTopBananas.com gathers, collects and displays jobs from hundreds of websites across the UK, giving it access to enormous amounts of data about the UK jobs market.

Right now the site has 205,631 vacancies online.

The full salary index is online at www.AllTheTopBananas.com/salary.

In October the firm publishes its 12th monthly salary survey, and will be looking at how salaries in the area have changed over the last year.

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Business Systems Analyst, salary negotiable
Nampak is a leader in packaging solutions, headquartered in Johannesburg, South Africa, with 23 manufacturing locations in Europe including sites in the UK, Germany, France, Italy, Netherlands and Ireland with its European Headquarters based in the UK.
Recent growth in activity has led to the creation of a number of permanent roles within our Milton Keynes based IT team. Working as part of the Nampak Europe IT there will be a need to travel to our European manufacturing operations.
Our IT infrastructure is based on Windows, Citrix, AIX, Websphere, SQL, DB2/400 and Progress databases. Applications include Oracle JDEdwards Enterprise One, Notes/Domino, Vision II, Microsoft Office and CAD, warehousing and shop floor control systems.
BUSINESS SYSTEMS ANALYST – SUPPLY CHAIN
The primary purpose of the role is to support the implementation and ongoing usage of Supply Chain applications across Nampak Europe operations. The role is specifically responsible for the support of the functional areas of estimating, sales order processing, procurement, logistics, planning, and manufacturing execution. In conjunction with other IT team members the role will also support integration with financial applications. Reporting directly to the Business Systems Manager, the successful candidate will be required to travel to Nampak sites throughout Europe to assist with implementation and application support. Previous experience of these systems is not necessary, as full training will be provided.
The ideal applicant will be of graduate calibre, preferably educated to degree level in a numerate subject, will be able to demonstrate a strong enthusiasm and aptitude for working with IT systems, possibly with some previous experience of working in an IT support environment.
Applications should be made in writing to Ian Powis, Head of IT, South House 1, Bond Avenue, Mount Farm, Milton Keynes, MK1 1SW or emailed to ian.powis@eu.nampak.com please include an up-to-date CV with your application.
You must be eligible to live and work in the UK and travel around Europe.
Closing date for applications is Friday 10th October
Nampak is an equal opportunities employer and as such welcomes applications from every section of the community.

TEACHING ASSISTANTS REQUIRED
The Walnuts is a residential school for pupils with autistic spectrum disorders. Due to increasing pupil numbers we require experienced Teaching Assistants for 32.5 hours a week, Monday-Friday, 8.45am – 3.45pm (term time only plus 5 training days). As The Walnuts is an all age school there will be opportunities to work across various Key Stages.
We welcome applications from Teaching Assistants with a range of qualifications and from those with HLTA status. Salary will be dependent upon relevant qualifications and experience. (MK4 £15,153 – MK6 £24,545 FTE)
The school has a successful record of staff development and training and for a suitably qualified applicant there may be the opportunity to gain recognised teacher status.
For an application form and details please phone the school on 01908 563885. Please note that a brief informal interview may be conducted on the phone to identify experience and/or qualifications.
Closing date for applications – Friday 17th October 2008
Interviews to be held - Friday 24th October 2008
The Walnuts School
INVESTOR IN PEOPLE
Healthy Schools
The Walnuts School, Admiral Drive, Hazeley, Milton Keynes MK8 0PU
Headteacher: Nick Jackman
Telephone: 01908 563885
Fax: 01908 555617
E-mail: admin@walnuts.milton-keynes.sch.uk

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You must have the ability to receive, assist and direct patients in accessing the appropriate service or healthcare professional in a courteous, efficient and effective way.

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Please apply with current CV to: Mrs S Hedges, Practice Manager, The Surgery, Highlands, Flitwick MK45 1DZ. Or e-mail: sandy.hedges@nhs.net

Closing date 10th October 2008

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Email: pete.riches@key-industrial.co.uk (Emp Bus)

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Adult Social Care Administrator

£17,750 - £19,000 pro rata **Ref: HL0416/MKN**

22 hours per week

A team player, you will be the first point of contact for the Older People's Team and take notes at strategy meetings for vulnerable adults. Able to work to deadlines, you will have experience of arranging and minuting meetings. Good telephone skills and attention to detail will also be essential.

For informal enquiries please contact Fiona Kisch on 01908 252905.

For an application form, email: jobs@milton-keynes.gov.uk Call us on 01908 253344 or 253462 (24 hour answerphone). Please quote appropriate reference.

Closing date: 17 October 2008.

We are unable to accept CVs, unless accompanied by a completed application form.

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theplacetobe

WHITE SPIRE SCHOOL
Rickley Lane, Bletchley,
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Tel: 01908 373266

White Spire School is an all age special school for children with learning and associated difficulties. We are currently looking for:

ICT Technician & Systems Manager

£20,099 - 37 hours per week

Grade 6 SCP24

Required for November 2008

To assist the ICT leader in the development, implementation, monitoring and evaluation of ICT throughout the school in a technical administrative and curricular capacity.

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Full time MPS + 1 SEN Point, required for January

The class operate on a primary basis staying with the tutor for most lessons so this post would suit a teacher with a primary background.

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Full time MPS + 1 SEN Point + TLR, required for April 2009

A subject leader is required to lead the subject across the school and to teach either food technology or resistant materials in the secondary department. The ability to also offer a combination Maths, ICT or work related learning would be an advantage.

Teaching Assistants

£15,153 **(pro-rata, full time 37 hours 44.3 weeks per year)**

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For further details and an application forms, forward a stamped addressed envelope to the school office. Visits to the school are encouraged.

Closing date for all posts: 16th October 2008.

Interview dates for all posts: 21st and 22nd October.

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The ideal candidate will have completed satisfactorily HLTA training or be willing to undertake this; they will demonstrate a range of high quality skills including the ability to:
- undertake a range of teaching activities,
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- work collaboratively with teachers and others,
- take responsibility for groups of young people.

They will also be able to demonstrate excellent interpersonal, organisational and time management skills.
The School operates a rigorous recruitment process to ensure candidates' suitability to work with children. All posts in schools are subject to disclosure of criminal records
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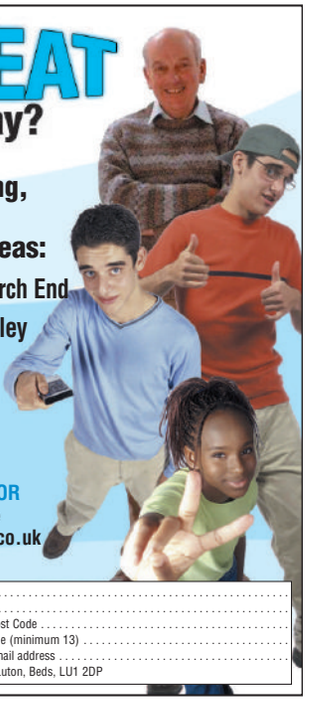

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For detailed information go to www3.open.ac.uk/employment, call Sandra Guerreiro on 020 7447 2509 or email s.c.guerreiro@open.ac.uk quoting the reference number. Closing date: 13 October 2008.

Further particulars are available in large print, disk or audiotape (minicom 01908 654901).

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The successful candidates must have proven experience of working unaided on setting and operating surface mount equipment.

You will need to demonstrate the ability to follow written procedures and understand technical data (technical publications and drawings).

Your experience in SMT manufacturing will enable you to identify different component types, values and correct orientation and carry out daily maintenance of machinery.

We would also like an individual who understands production targets and has experience of monitoring quality levels and production throughput.

You will also need a good approach to flexibility and be able to work a shift pattern.

In return for this opportunity we require from you:
- Commitment to make a career and learn new skills
- Attention to detail and able to follow procedures
- Enthusiasm and a positive attitude to work
- Good communication and team skills

In return we offer a competitive salary, shift premium, profit share, 24 days holiday, pension scheme, life assurance and travel allowance (if applicable).

Closing date for applications is Monday 13th October.

For an application form please ring 01234 321632 or send in your CV to Human Resources, Axis Electronics Ltd, Bedford Heights, Manton Lane, Bedford, MK41 7NY. Alternatively e-mail your CV to hr@axis-electronics.com

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Slope Facilities Manager

Full-time (40 hrs p/w)

SNO!Zone contained within the popular Xscape complex in Central Milton Keynes are looking to recruit a Slope Facilities Manager. Key responsibilities will include:-

• Responsible for the management of the SNO!zone Rental Department, which includes over seeing the slope and SNO!school teams along side the heads of slope and SNO!school.

Applicants should have a strong managerial background, a degree in management or related subject, excellent organisational skills and financial acumen. It is a requirement of this position to spend some time in cold conditions on the slope itself. Benefits include 20 days holiday per annum; stakeholder pension scheme; discounts around the Xscape complex (after qualifying period) and free use of the slopes at certain periods.

Apply today by sending your CV and covering letter to Amy Gillingham, HR Administrator, Snozone Ltd, 602 Marlborough Gate, Central Milton Keynes, MK9 3XS. Alternatively you can email your application to amy.gillingham@snozoneuk.com.

Closing date for applications: 8th October 2008.

OFFICE ADMINISTRATOR

MILTON KEYNES
£18,000.00 p.a.
COMMERCIAL LANDSCAPING

We are a busy commercial landscaping company looking for an office administrator. Duties to include project management, assisting with tenders and to provide support to the site based team. Must be self-motivated with good numerical skills.

Please apply in writing making sure to enclose a C.V. to: Kings Landscapes, 6 Twyford Lane, Walnut Tree, Milton Keynes, MK7 7BN
admin@kingsls.com

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Apply to AQS Auto Centres, Unit 2 Fenlake Road Industrial Estate, Bedford, MK42 0ET
07958 640930

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Required to work within our Little Pilgrims' Birth to 3 unit.
Hours: 8am to 10am, Monday to Friday
46 weeks per year.
Salary: £6.39 per hour
Please call us on 01234 369555 for an application form or visit our website at www.pilgrims-school.info to download the forms.

Pilgrims Pre-Preparatory School, Brickhill Drive, Bedford MK41 7QZ

Pilgrims School is committed to safeguarding and promoting the welfare of children and applicants must be willing to undergo child protection screening appropriate to the post, including checks with past employers and the Criminal Records Bureau.

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Call Nicola on 01582 642034
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required at Tilbrook.
Mon-Fri 6.30pm-9.00pm
Must be experienced in high speed buffing and scrubber dryer machines.
Please telephone: 01908 506757 and leave your details.

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theplacetobe

SHEPHERDSWELL AND ORCHARD PRIMARY FEDERATION
Orchard School, Springfield Boulevard
Springfield, Milton Keynes
MK6 3HW
01908 670681
Head: Mrs Gi Sierant
NOR: 159

Teacher - KS2

For January 2009. We have an exciting opportunity for a teacher to cover a two term maternity leave in Year 4, someone who would like to further and vary their experience.

We can offer:

- Small classes
- Work experience with children in our two departments
- Work experience with children from a range of cultural and language backgrounds
- A hands-on, creative approach to teaching and learning
- A welcoming team
- Full support and training opportunities
- A chance to be in at the start of our primary federation

If you are the sort of person who likes a challenge and you would enjoy a different and unique experience, why not consider this opportunity?

For further details and an application form, please contact Natalie McKean on 01908 670681. Visits to the schools are encouraged.

Interview date Wednesday 22 October 2008.

Teaching Assistant / Learning Support Assistants

£13,062 - £17,781 pro rata depending on qualifications and experience

Teaching Assistant - Orchard School - To start as soon as possible

We are looking for a Teaching Assistant to work in Orchard School, Monday - Friday, 8.30am to 3.10pm, (approx 28 1/4 hours per week + 2hrs planning time to be negotiated with the year team) 38 weeks per year.

Learning Support Assistants - Orchard School - To start as soon as possible

This post is to support a child in year 6 with physical difficulties. You will be required to work Monday - Friday, 8.40am - 3.10pm (27.5 hours per week) 39 weeks per year.

This post is to support a child in Year 4. You will be required to work Monday-Friday, 9am to 12 noon (15 hours per week) 38 weeks per year.

For further details and an application form for the positions at Orchard School, please contact Natalie McKean on 01908 670681.

Learning Support Assistant - Shepherdswell - To start as soon as possible

This post is to support a child in the Foundation year at Shepherdswell School with speech and language difficulties. You will be required to work Monday - Friday, mornings (15 hours per week) 39 weeks per year.

For further details and an application form for the position at Shepherdswell School, please contact Jan Kelly on 01908 665418.

Closing date for all posts: Wednesday 15 October 2008.

This federation is committed to safeguarding children. An enhanced CRB check is required

We are an equal opportunities employer

It's ability, not disability that counts

MILTON KEYNES COUNCIL

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At Milton Keynes, we're supporting the growth of our vibrant city while continuing to deliver excellent services. It's an exciting place to be and we're keen to get the balance right - including the work-life balance. So if you're looking for family friendly benefits and the chance to make a difference, make a move to MKC.

Senior Practitioner

£31,606 - £36,657 **Ref: 50017019/MKN**

This is an exciting opportunity to use your sound practice and professional skills to enhance front-line children's services. You will provide mentoring and support to newly qualified social workers, so a professional qualification in social work and extensive experience of working with children and families will be vital. This post is subject to Safer Recruitment practices.

For informal enquiries please contact David Glover-Wright on 01908 253479.

Interview date: 6 November 2008.

Senior Practitioner - Family Advice & Support Team

£31,606 - £36,657 **Ref: 50016142/MKN**

You will work in a team of Family Support Workers, social workers and a Specialist Therapeutic Worker helping families resolve complex difficulties. A qualified social worker, you will have extensive experience of working with vulnerable families together with knowledge of statutory child care issues and child protection processes. This post is subject to Safer Recruitment practices.

For informal enquiries please contact David Glover-Wright on 01908 253479 or Angela Turland on 01908 253311.

Anti-Social Behaviour Caseworker

£23,749 - £28,172 **Ref: 50016980/MKN**

3 year fixed term contract

Join our Safer Communities Unit, a vibrant and ambitious multi-agency team, and you will manage caseloads from start to finish, taking statements, gathering and preparing evidence and appearing in court. Comprehensive knowledge of anti-social behaviour legislation, a full driving licence and strong partnership working skills will be essential.This post is subject to Safer Recruitment practices.

For informal enquiries please contact Martin Tootell on 01908 253395 or Pete Roberts on 01908 254569.

To apply online visit: www.theplacetobe.info

For an application form, email: jobs@milton-keynes.gov.uk Call us on 01908 253344 or 253462 (24 hour answerphone). If you have a hearing impairment and have access to Minicom please phone 01908 252727 (office hours only). Please quote appropriate reference. Salaries will normally start at the first point of the grade.

Closing date for all posts: 17 October 2008.

We are unable to accept CVs, unless accompanied by a completed application form

We are an equal opportunities employer

It's ability, not disability that counts

MILTON KEYNES COUNCIL

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"An outstanding school" (Ofsted)
Walton High & Walton Learning Centre

Fyfield Barrow Milton Keynes MK7 7WH Tel. 01908 677954
www.waltonhigh.org.uk Principal: Michelle Currie

Walton High and Walton Learning Centre opened in September 1999 on an attractive, purpose-built campus. The main building was completed in 2003 with outstanding facilities for 1450+ full-time students in the 11-19 age range. We have the following opportunities available:

Assistant Principals L12 – L16 (3 new posts)

Due to the growth in student numbers and the further development of our training and consultancy work, Walton High is seeking to appoint **three** Assistant Principals.

We would very much welcome applications from teachers who:

- are outstanding classroom practitioners with a passion for teaching across the age and ability range
- have a track record of achieving excellent standards and value added results
- have experience of successfully leading a high performing team
- have experience of successfully developing teachers' classroom practice
- are creative, energetic, enthusiastic and have excellent communication skills

All three Assistant Principal posts will focus on aspects of teaching and learning, with final job descriptions reflecting the strengths and interests of the successful candidates and Walton High's needs.

Maths Advanced Skills Teacher (salary negotiable)

An exceptional teacher of Mathematics is required for January 2009.

We would like to hear from teachers with:

- a passion for teaching mathematics to students across the age and ability range
- a track record of achieving excellent value added results
- experience of successfully developing teachers' classroom practice
- creativity, energy and enthusiasm
- excellent communication skills

For the AST post, applications are welcome from exceptional teachers who aspire to the role of AST or from those who already have AST status.

We are looking to appoint an English Teacher For January 2009.

All posts require an enhanced Criminal Records Bureau disclosure. This school is committed to safeguarding and promoting the welfare of children and expects all staff to share this commitment.

If you would like to join our team, please apply on-line at **www.waltonhigh.org.uk**
On-line applications are encouraged. Or contact us on **01908 558765** 24-hr answerphone, for an application pack.

These posts will provide excellent opportunities for career progression.

Closing date for completed applications: Friday 17th October 2008.

We are an equal opportunities employer.

www.waltonhigh.org.uk

Cleaning operatives required for 30-40 hours per week in Bletchley area. Some weekend working on a shift pattern. Excellent rate of pay. References and I.D required. **Please call 01908 566600.**

Carpenters *required* 1st & 2nd Fix, Timber Frame. Contact Sharon **01908 866600** NO AGENCYS

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Home Care Staff for Mornings Evenings and Weekends. All enquiries to Melanie on **01234 213321** Melanie@castlehomecare.co.uk Castle Home Care

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Milton Keynes COLLEGE

"Watching the students grow and develop over the time they are with me is amazing. You meet the students in September and by July they leave as professionals." - Mike, Lecturer

Are you excited by our continued expansion and development across Milton Keynes? Due to our growth, and following a number of retirements, we're offering you the chance to have an exciting career with Milton Keynes College.

We're looking for people to join our dedicated estates team, a team who takes pride in making sure that our buildings and facilities are always working and always tidy. We're looking for heroes that work quietly behind the scenes, but will make such a difference to our staff and students.

Want to be a hero?

Senior Caretaker x 2
Hours: 37 hours per week, 52 weeks per year
Competitive Salary

Caretaker
Hours: 37 hours per week, 52 weeks per year
Competitive Salary

Driver/Storekeeper
Hours: 37 hours per week, 52 weeks per year
Salary: £12,355 - £15,582

Not your thing? What about these careers:

Executive Assistant (PA) to Vice Principal
Hours: 37 hours per week, 52 weeks per year
Salary: Circa £23,000

Learning Support Assistant (Learning Difficulties/Disabilities)
Hours: 16 hours per week, 32 weeks per year
Salary: £12,684 - £18,014 pro rata, per annum

Receptionist / Technician (Hair & Beauty)
Hours: Part Time – 29 hours per week, 40 weeks per year
Monday – Thursday 3.30pm – 9.00pm &
Saturday 9.00am – 4.00pm
Salary: £12,684 - £19,112, pro rata, per annum

Closing date for the above positions:
Wednesday 15th October 2008

We're not standing still, are you?

Visit: www.mkcollege.ac.uk
Call: 01908 684327 (answer phone)
Email: recruitment@mkcollege.ac.uk

Jobs at Milton Keynes College, Whatever your Direction

Just some of our benefits

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- Restaurant
- Hair & beauty treatments
- Excellent pension
- Outstanding training
- Free car parking

Plus the chance to earn up to a £5,000 bonus after your first year's teaching.

All benefits subject to change and non contractual

Milton Keynes College is committed to promoting the safety and welfare of children, young people and vulnerable adults, therefore all positions require a Criminal Records Bureau check (CRB).

Working Towards Investors in Diversity www.iiduk.org

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100's of the latest local jobs start on **page ??**

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Roade School Sports College

Stratford Road, Roade, Northampton NN7 2LP
Tel: 01604 862125 Fax: 01604 863912 E-mail: roadeschool@btconnect.com

At Roade School, we are proud of our specialist sports status, which is the framework for our work to raise achievement and to promote the personal development of all our students. Staff and students work purposefully together in an environment rich in tradition but which also embraces modern working practices and technology. A very favourable student to teacher ratio allows every student to flourish and prepare for the life ahead of them.

Part Time Teacher of Technology and/or Vocational Education

TMS (Fixed Term to 31 July 2009)

We are looking for a part time Teacher to join a successful and creative team with immediate effect, who has experience of Technology in KS3 and/or NVQ Engineering and or/NVQ Construction and GCSE Engineering. These courses are popular and successful, and there will be some flexibility in the timetable for the successful candidate.

This appointment is fixed term for 2 days a week. There may be a permanent contract available for a suitable candidate.

Assessment and Reporting Officer

NJC Scale 4 Points 18-21, (pay award pending) Actual salary: £7,787pa
20 hours per week, term time (38 weeks) plus 3 weeks
Monday – Friday, 4 hours per day to be worked between 10am and 2.30pm

We are seeking to appoint a flexible person to work within our Data Office. Responsibilities will include the school's pupil database, internal progress and target reports, and assessment data. The successful candidate will have a good understanding of spreadsheet applications and have good keyboard skills. Training on the schools computer system will be provided. Knowledge of SIMS would be an advantage but not essential as training can be provided.

Full Time Teacher of Geography TMS

Required from 1 January 2009 or sooner, an enthusiastic Geography Teacher to join a highly successful key department. If appointed, you will be able to teach across the whole age range. Ability to offer a second subject is desirable but not essential.

Cleaners

NJC Scale 1 £6.00 per hour, (pay award pending)

We are seeking to appoint Cleaners to join a friendly team. The hours of work are between 4am - 8am and/or 3pm - 6pm Monday to Friday, during the school term time, with one additional week during school closures.

Casual Catering Assistant

NJC Scale 1, Point 4 £6.00 per hour, (pay award pending)

We are seeking a Catering Assistant who could provide casual cover in the school canteen on occasions when staff are absent, to work in a busy, friendly in-house school catering department. Duties will include food preparation, cooking, serving, till work, and cleaning jobs associated with a kitchen. Meals and a uniform are provided.

Our canteen has the heartbeat award, which we have held for many years and we hold Northamptonshire Healthy Schools Gold Award status. We are committed to meeting the Government guidelines on food provision for students.

The hours of work would be between 7.15am - 3pm Monday – Friday, during school term time.

We are a medium sized comprehensive school of over 1,200 pupils aged 11-18 and we are committed to their safeguarding. Therefore all applicants will be subject to identity and enhanced CRB checks.

We are an equal opportunities employer and welcome applications from all sectors of the community.

For an application form please contact
Mrs Angie Duckett, Personnel & Payroll Officer

on 01604 862125

Please note that we do not accept CV's.

Closing date for all positions:
Thursday 16 October 2008
Anticipated interview dates:
w/c 20th or 27th October 2008

www.roadeschool.northants.sch.uk

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Join one of the fastest growing companies in Milton Keynes.

Junior Typesetter upto £15k

K International require a typesetter with excellent IT skills to work in our busy design studio. Using the latest software, you will be expected to deliver a wide range of projects including leaflets, brochures, manuals, audio, video and websites for both the public and private sector.

Training will be given to the right applicant. Please quote JT10 and apply in writing with a covering letter, your CV, examples of previous work and salary expectations to **hr@k-international.com**

www.k-international.com/vacancies.htm
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k international

Assistant Accountant

The Landscape Partnership was established in 1986 and has offices in Bedford, London, Norwich and Woodbridge. Projects are undertaken in all aspects of environmental design and planning by a team of over 50 experienced Landscape Architects; Urban Designers; Environmental Planners, Co-ordinators and Scientists; Landscape Managers, Ecologists, Arboriculturists and Graphic Designers.

We now require an Assistant Accountant to join the Business Support team based in our Bedford office. This is a new role where the duties will range from ledger supervision and cover to analysis and report production, include assisting with the production of the monthly management reports.

The ideal candidate will have several years broad accounts experience and preferably be qualified to AAT level. Excellent Excel skills are essential and experience of Opera II would be an advantage.

To apply please send your CV with covering letter stating your salary expectations to: S C Guesford, Financial Controller, The Landscape Partnership Ltd, Greenwood House, 15a St. Cuthberts Street, Bedford. MK40 3JG Email: steve.guesford@bedford.tlp.uk.com

thelandscapepartnership

NHS Bedfordshire

Assistant Designer and Publisher

Band 4 £17,316 - £20,818 pro rata 30 hours per week

We have a fantastic opportunity for a 'creative' person looking to get into the world of design.

- Are you practical yet creative?
- Do you have a great eye for detail?
- Can you turn ideas into reality?
- Are you hungry to develop your design and desktop publishing skills?

As the right candidate you will assist the design and publishing co-ordinator to meet the design needs of our clients. You will be computer literate, and be able to develop, prioritise and communicate ideas to our growing customer base. Outside of the hands on and technical bits, we are looking for candidates who are creative, enthusiastic, confident, resilient and highly efficient.

Working within the local NHS environment, you will need to be able to keep abreast of changing patient needs in regards to health information, ensuring that messages and material produced engage and encourage collaboration in addressing key health priorities.

The service manager is dedicated to helping the team achieve the most they can, so be prepared to reach new levels and really expand your skill set in this rewarding role. Not only will you be getting involved in more and more creative work as your skills improve, but you will also be given the opportunities to attend training courses to continually build on what you're learning.

Vacancy Number: 642-PS272

Closing Date: 3 October 2008

Interview Date: 24 October 2008

To apply on-line please visit our website at www.bedfordshirepct.nhs.uk or for an application pack contact our Employment Services Team on 01525 636889 quoting the relevant vacancy number.

Further benefits include: NHS Pension and Life Assurance, training and development, childcare concessions and flexible working practices.

We actively promote equal opportunities and positively encourage applications from suitably qualified and eligible people regardless of sex, race, religion, sexual orientation or disability. All full-time posts are open to job-share.

Visit our website at www.bedfordshirepct.nhs.uk

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PR Manager

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We have an exciting opportunity for a dynamic PR Manager to play a key role in further developing our profile locally & nationally.

- Do you have a good understanding of the leisure and hospitality industry and possess extensive marketing experience?
- Can you can bring bright innovative ideas and communicate effectively?
- You will require good copy-writing skills and be able to work in a fast moving environment, which is results driven.

Further details can be found on our website www.elliottpeople.com Email us your CV, with a covering letter explaining the reason for your application and details of your current remuneration package to ann@elliottpeople.com

or write to: Ann Elliott, Spring Cottage Offices, 28 Spring Lane, Great Horwood, Bucks, MK17 0QW

Shaping the future together

Aragon Housing Association

Aragon Housing Association is one of the leading housing associations in Bedfordshire and surrounding counties, managing over 6,200 homes.

Home Support Officer

Location: Mid Beds Area, 36.5 hours per week
Salary: c.£17,000 pa – dependent on skills and experience plus Essential Car User Allowance of £1595 pa

Key Tasks: The post holder will:

- Deliver a supported housing service to individuals in their own home
- Visit tenants in sheltered schemes
- Assess and carry out support plans for individuals
- Assist with the implementation of new services and initiatives

Requirements:

- Educated to GCSE standard or equivalent
- Good basic IT skills – use of email and Mircrosoft packages
- Knowledge of Supporting People Legislation
- National Wardens Certificate or National Certificate in Supported Housing level 3 is desirable

Closing date: 15th October 2008 Interview date: 27th October 2008

Benefits include: Final salary pension scheme, free life assurance, free parking, family friendly policies including flexi-time and excellent training and development opportunities.

For an informal discussion please contact Jane Thompson 01525 862238.

We do not accept CV's so for an application pack please contact: Grand Union Housing Group, 2 Shannon Court, High Street, Sandy, Bedfordshire, SG19 1AG.

Tel: 01767 685800 'Out of Hours' line: 01767 685804
email: recruitment@aragon-housing.co.uk
Go to our website: www.aragon-housing.co.uk
No Agencies

Aragon Housing Association is part of the Grand Union Housing Group.

LANSDOWNE MEDICAL PRACTICE

A vacancy has become available at our busy surgery in central Bedford for a receptionist/administrator.

We are looking for an enthusiastic, motivated person who is able to communicate at all levels and work as part of our friendly team. Computer literacy is essential, as well as the ability to retain a sense of humour. The post is for 18 hours a week over 5 days and will be a mixture of morning and afternoon shifts to cover the opening hours of the surgery i.e. from 8am - 8pm. Applicants will need to be flexible to cover holidays and sickness for colleagues. There will also be some Saturday mornings attached to the post.

Please apply in own handwriting, enclosing a current CV to:
Lin Robson, Practice Manager,
Dr R Norris & Partners, 6 Lansdowne Road, Bedford MK40 2BU

www.bedfordcharity.org.uk

Grants Officer

(18.5 hours per week)

The Bedford Charity (The Harpur Trust)

Salary – £21,658 pro rata (£10,829 actual pay)

The Bedford Charity (The Harpur Trust) is a local grant making charity with charitable objects of education, recreation and relief. The Charity has four schools with over 4000 pupils, owns 38 Almshouse units and employs over 1400 people.

Due to the expansion of our grant making programme, we are looking to recruit a part time Grants Officer to be based at the Charity's head office in Bedford. You will be responsible for assessing and managing a caseload of grant applications from voluntary and public sector organisations. You will also assist with a variety of community activities organised by the Grants Department.

The successful candidate will have excellent communication and analytical skills and a flexible attitude. Previous experience of the voluntary sector is preferred.

Please contact Sandra McMullan on 01234 369500 for an application pack or email her at smcmullan@harpur-trust.org.uk

Closing date: 14 October 2008 at 1pm

First interview date: 4 November 2008

Second interview date: 11 November 2008

The Charity is committed to safeguarding and promoting the welfare of children and is an Equal Opportunities employer.

Charity Registration Number 204817

NHS Bedfordshire

Forward thinking, innovative, highly motivated, professional... Just a few ways of describing the Adult Services workforce at NHS Bedfordshire Community Health Services.

Following a review of existing services and analysis of the future community health needs of Bedfordshire's population, we are looking to recruit Nursing and Therapy professionals who are inspired by our vision. Positions are available at Bands 3 - 7 for:

- **Registered Nurses**
- **Health Care Assistants**
- **Occupational Therapists**
- **Physiotherapists**
- **Rehabilitation Support Workers**

Based at locations throughout the county in a variety of settings.

If you would like to talk to us about what we can offer and how your skills fit with our needs, you are welcome to attend a **RECRUITMENT OPEN DAY which will take place on 2 October 2008 between 2pm and 9pm at Doolittle Mill-Unit 1, Froghall Road, Ampthill, Beds MK45 2NX.** You will have an opportunity to talk to clinical managers and team leaders about the services provided by NHS Bedfordshire and what we are looking for. And if you like what you hear, you can complete an application form on the spot and have an initial interview.

For more information about the Recruitment Open Day, please phone Jenny Bates, Senior HR Business Partner on 01525 636809.

To apply on-line please visit our website at www.bedfordshirepct.nhs.uk or for an application pack contact our Employment Services Team on 01525 636889.

Further benefits include: NHS Pension and Life Assurance, training and development, childcare concessions and flexible working practices.

NHS Bedfordshire will apply for a Criminal Records Disclosure from the CRB before the post may be taken up.

We activity promote equal opportunities and positively encourage applications from suitably qualified and eligible people regardless of sex, race, religion, sexual orientation or disability. All full-time posts are open to job-share.

NHS Bedfordshire is committed to safeguarding and promoting the welfare of children, young people and vulnerable adults, and expects all staff to undertake this commitment. Applicants will be subject to robust safer recruitment processes.

Visit our website at www.bedfordshirepct.nhs.uk

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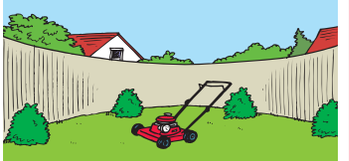

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September 2008 Perrys and Motability Sign for the Milton Keynes Dons

In the football deal of the season, leading Milton Keynes motor retailer, Perrys Peugeot, along with Motability, the leading car scheme for disabled people, has signed an exclusive joint sponsorship contract with first division league football club, the MK Dons.

The significant deal will see the Bilton Road dealership and Motability sponsor the 692 wheel chair and disabled seats at the Dons Stadium until 2009. Simon Dodson, Commercial Manager at the MK Dons, commented: "We are absolutely thrilled to be working with Perrys and Motability. Thanks to their support, we can continue to ensure that all our fans enjoy the thrill and excitement of a live football match."

With a minimum of 120 disabled viewers attending every MK Dons home game, securing sponsorship for such an important facility was a big priority at the club. Now, thanks to Perrys and Motability, disabled fans can continue to enjoy the game from an easily accessible area of the stadium, which links conveniently to all the club's refreshment facilities and amenities.

Upon signing the sponsorship agreement, Mike Beevis, General Manager of Perrys, said: "Along with Motability, we are delighted to be sponsoring the MK Dons disabled facilities which has enabled us to strengthen our ties with Milton Keynes, our Motability customers and MK Dons fans alike."

Steven Murr at Motability added: "Working to ensure our customers have freedom and independence is what we are all about. Motability equals mobility and this sponsorship in conjunction with Perrys is another step in enabling everyone to enjoy life, no matter what their circumstances."

For more information about the Motability Scheme, please contact Paul Vincent or David Purvis, Perrys' Motability Specialists, on 01908 360460.

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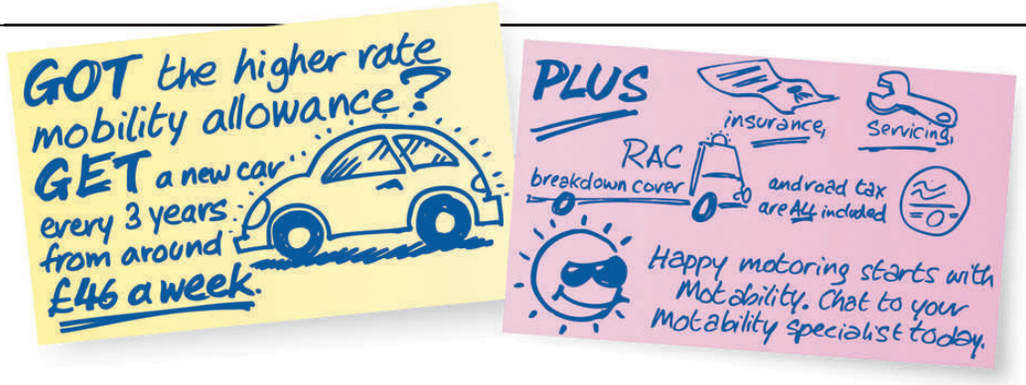

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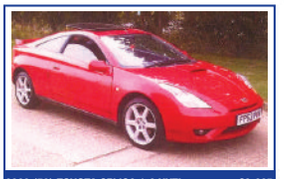

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Peugeot 307 CC 2.0 S Convertible Auto 2007 (07) Reg.

1 Owner with 46,000 miles, F/S/History. Black with black interior, air conditioning, Alloy wheels, electric windows, electric mirrors, airbags, remote central locking, Power Hood, parking sensors, CD Player. Excellent condition 10 months warranty to run 2/3 years option.

£9,995

Audi A4 1.9 TDI (130 BHP) Auto Estate 2004 (54) Reg.

2 Owners 45,000 miles and F/S/History. Platinum metallic with grey interior, air conditioning, electric windows, electric mirrors, Alloy wheels, remote central locking, CD player, airbags. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional.

2004 £10,995

BMW 728i Saloon Automatic 2000 (X) Reg.

2 Owners 72,000 miles F/S/History. Blue metallic with grey leather interior, air conditioning, electric windows, electric mirrors, alloy wheels, remote central locking, electric seats. Excellent condition 12 months MOT and 12 months warranty 2/3 years option.

2000 £5,995

MGTF 1.8 Convertible 2004 (04) Reg

2 Owners with 29,000 miles and F/S/History. Metallic Blue with black interior, CD Player, power steering, airbag, remote central locking, electric windows, adjustable steering wheel, alloy wheels. Excellent conditon with 12 months MOT and 12 months warranty 2/3 years optional.

2004 £4,995

Audi Q7 3.0 TDiQuattro S-Line Tip Auto 2007 (07) Reg.

1 Owner 7,000 miles, F/S/H. Black with black leather interior, air conditioning, electric windows, electric mirrors, electric heated seats, Sat Nav DVD CD, remote central locking. 20" alloy wheels, airbag back/front. Immaculate condition, manufacturers warranty.

2007 £37,995

PHONE
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1254
569

PRESTIGE

Bentley Arnage 6.8 Red Label Saloon Automatic 2001 (51) Reg.
2 Owners, 36,000 miles and F/S/H. Silver with cream leather interior. Sat Nav, air conditioning, electric windows, electric mirrors, electric heated seats, electric sunroof. Remote central locking, CD Player and alloy wheels. Immaculate condition 12 months MOT, 12 months warranty 2/3 years optional. **£54,995**

Audi Q7 3.0 TDI Quattro S Line, 5dr h/back 7 seater, tip Automatic 2007 (07) Reg.
1 Owner 7,000 miles, F/S/H. Black with black leather interior, air conditioning, electric windows, electric mirrors, , electric heated seats, Sat Nav DVD CD, remote central locking. 20" alloy wheels, airbag back/front. Immaculate condition, manufacturers warranty. **£37,995**

Mercedes Benz E55 AMG 5.4 Tip Auto 2003 (03) Reg.
1 Owner with 48,000 miles. F/S/History metallic Black with black leather interior, sat/nav, DVD, air conditioning, electric windows, electric mirrors, 18" alloy wheels, panoramic sunroof, electric heated seats, cruise control, CD player ABS, airbags (front & back), parking sensors. Immaculate condition, 12 months MOT and 12 months warranty 2/3 years optional. **SOLD**

Mercedes Benz 280 CDI Avantgarde Auto 2006 (56) Reg.
1 Owner 56,000 miles F/S/History, Silver with black leather interior, air conditioning, electric window, electric mirrors, alloys wheels, Sat/Nav, remote central locking, CD player, Electric heated seats. Immaculate condition, 12 months warranty 2/3 years optional. **£19,995**

Mercedes Benz C220 CDI Sport Coupe SE Automatic T/Tronic 2004 (04) Reg.
64,000 miles with F/S/H, Silver black with leather interior. Air conditioning, alloys, CD player, electric windows, electric mirrors, cruise control and remote central locking. Excellent condition. 12 months MOT, 12 Months warranty with 2/3 years optional. **£11,995**

Audi A4 1.9 TDI (130 BHP) Auto Estate 2004 (54) Reg.
2 Owners 45,000 miles and F/S/History. Platinum metallic with grey interior, air conditioning, electric windows, electric mirrors, Alloy wheels, remote central locking, CD player, airbags. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional. **£10,995**

Volvo S60 2.0 T SE Auto 2002 (52) Reg
Metallic Silver with dark grey leather and wood effect interior. 40,000 Miles with F/S/History, air conditioning, electric windows. electric mirrors, electric heated front seats with memory, heated front screen, CD player, cruise control, multi function steering wheel, headlamp wash wipe, remote central locking, alloy wheels, 12 months MOT and 12 months warranty. 2/3 years optional. **£7,995**

BMW 728i Saloon Automatic 2000 (x) Reg.
2 Owners 72,000 miles F/S/History. Blue metallic with grey leather interior, air conditioning, electric windows, electric mirrors, alloy wheels, remote central locking, electric seats. Excellent condition 12 months MOT and 12 months warranty 2/3 years option. **£5,995**

SPORTS

Peugeot 307cc 2.0 S Convertible Auto 2007 (07) Reg.
1 Owner with 46,000 miles, F/S/History. Black with black interior, air conditioning, Alloy wheels, electric windows, electric mirrors, airbags, remote central locking, Power Hood, parking sensors, CD Player. Excellent condition 10 months warranty to run 2/3 years option. **£9,995**

MGTF 1.8 Convertible 2004 (04) Reg.
2 Owners with 29,000 miles and F/S/History. Metallic Blue with black interior, CD Player, power steering, airbag, remote central locking, electric windows, adjustable steering wheel, alloy wheels. Excellent condition with 12 months MOT and 12 months warranty 2/3 years optional. **£4,995.00**

Peugeot 307 cc 2.0 Convertible 2/D/C 2005 (05) Reg
1 Owner with 60,000 miles F/S/History. Cherry Red metallic with Black interior, air conditioning, power hood, electric windows, electric mirrors, alloy wheels, remote central locking, CD Player, airbags. Excellent condition with 12 months MOT, 12 months warranty 2/3 years option. **£7,995**

Toyota Celica 1.8 VVTI Coupe 2003 (53) Reg
2 Owners 28,000 Miles with Full Service History, Silver with grey interior, air conditioning, electric windows, electric mirrors, alloy wheels, CD player, remote central locking. Excellent condition and 12 months MOT and 12 months Warranty 2/3 years optional. **£7,995**

Toyota MR2 1.8 VVTi Roadster Convertible 2001 (Y) Reg.
2 Owners with 54,000 miles F/S/History. Blue metallic with black leather interior, Air conditioning, electric windows, electric mirrors, alloy wheels, Airbags, CD Player, remote central locking, excellent condition. 12 Months MOT and 12 months warranty 2/3 years optional. **£6,995**

DIESELS/4x4's/ESTATES

Jaguar X Type (Euro 4) 2.2 Diesel Sport 5dr Estate 2006 (56) Reg.
43,000 miles, F/S/H, Silver with black leather interior, air conditioning, electric windows, electric mirrors, alloys, CD, remote central locking. Immaculate Condition, Warranty till Sept '09. **£14,995**

Land Rover Discovery 2.5 TD5 Metropolis S/Edition, Automatic 7 Seater 2003 (03) Reg.
2 owners 68,000 miles. F/S/History. Black with black leather interior, Sat/nav, S/step, remote central locking, air conditioning, electric heated seats twin, electric sunroof, Alloy wheels, electric windows, electric mirrors, CD player, Excellent condition, 12 months MOT, 12 months warranty 2/3 years optional. **£12,995**

Saab 9.3 1.9 TID Vector (150) BHP 4dr Saloon 2006 (56) Reg.
48,000 miles. F/S/H. Silver with Grey leather beige interior. Air conditioning, cruise control, electric windows, electric mirrors, remote central locking, Sport seats, CD, alloy wheels. Immaculate condition. Warranty till October 2009. **£10,995**

Audi A4 1.9 TDI (130 BHP) Auto Estate 2004 (54) Reg.
2 Owners 45,000 miles and F/S/History. Platinum metallic with grey interior, air conditioning, electric windows, electric mirrors, Alloy wheels, remote central locking, CD player, airbags. Excellent condition 12 months MOT and 12 months warranty 2/3 years optional **£10,995**

Land Rover Discovery 2.5 TD5 ES Auto 2003 (03) Reg.
2 Owners 49,000 miles F/S/History. Black with black leather interior, air conditioning, electric windows, electric mirrors, alloy wheels, CD Player, remote central locking, s/steps, twin A/B, electric sun roof, ABS. Excellent condition 12 months MOT and 12 months warranty. **£10,995**

Audi A4 1.9 TDI 130 BHP SE 6speed Saloon 2004 (54) Reg.
1 Owner. 70,000 miles. F/S/H. Atlas Grey with Grey interior. Air conditioning, electric windows, electric mirrors, remote central locking, CD and alloy wheels. Excellent condition. 12 Months MOT, 12 months warranty 2/3 years optional. **£9,995**

Jaguar X Type 2.0 Diesel SE Saloon 2005 (54) Reg
1 owner 58,000 Miles F/S/History Ebony black with black Leather Interior, air conditioning, cruise control, electric windows, electric mirrors, electric seats, Rear parking sensors, CD 6, excellent condition. 12 months MOT, 12 months warranty 2/3 years optional. **£8,995**

Jaguar X Type 2.0 Diesel SE (Euro 4) 2005 (05) Reg.
1 Owner 84,000 miles F/S/History Radiance Red metallic with champagne leather, air conditioning, electric windows, electric mirrors, alloy wheels, CD player Headlamp wash, rear parking assist, remote central locking. Excellent condition, 12 months MOT 12 months warranty 2/3 years optional. **£7,995**

Jaguar X Type 2.0 Diesel SE (Euro 4) 2005 (05) Reg.
1 owner 98,000 miles F/S/History ultraviolet Blue with Ivory leather, Cruise control, air conditioning, rear parking sensors, electric windows, electric mirrors, remote central locking, multi function steering wheel, Headlamp wash. Excellent condition 12 month MOT, 12 months warranty **£7,995**

Jaguar X Type 2.0 Diesel classic (Euro 4) 2005 (05) Reg.
1 Owner 79,000 miles F/S/History, Zircon silver with grey interior, air conditioning, alloy wheels, electric windows, electric mirrors CD player, remote central locking and electric seats. Excellent condition, 12 months MOT, 12 months warranty with 2/3 years optional. **£6,995**

Citroen Berlingo Enterprise 1.9 Diesel 2004 (54) Reg.
2 Owners 33,000 Miles with F/S/History, white with grey interior, electric windows, CD player, electric mirrors. Ply lined, remote central locking. Excellent Condition. Light use only. 12 months MOT, 12 months warranty. **£3995+VAT**

Hyundai Santa Fe 2.7 V6 SE CDX Automatic 2003 (03) Reg.
F/S/History, Metallic Blue with black leather interior, Air conditioning, electric windows, electric mirrors, rear parking sensors, Alloy wheels. CD Player, remote central locking. F/H/Seats, P/C. Very good condition, 12 months MOT, 12 Months warranty available. **SOLD**

SALOONS & HATCHBACKS

Mazda 6 1.8 TS Saloon 2004 (04) Reg.
1 Owner with 60,000 miles F/S/H. Silver with grey interior. Air conditioning, electric windows, electric mirrors, remote central locking, CD player and alloys wheels. Excellent condition, 12 months mot, 12 months Warranty 2/3 years optional. **£6,995**

Peugeot 206 1.1S 3dr hatch 2005 (05) Reg.
1 Owner with 22,000 miles and F/S/History, Metallic blue with grey interior, electric windows, power steering, remote central locking, CD Player. Excellent condition 12 Months MOT and 12 Months warranty 2/3 years option. **£4,995**

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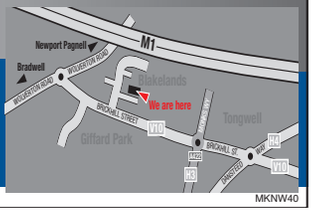

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03 (03) **AUDI TT QUATRO 1.8 225 BHP,** met blue, black leather, FSH, 61k, e/w, c/l, a/c, 18" alloys, Bose Sound System £9,995
88 (F) **MERCEDES 300CE Coupe,** blue black met, grey leather, auto, FSH, last owner 12 yrs, e/seat, e/w, alloy, immac £2,695
99 (T) **MINI COOPER SPORT 1.3,** met BRG, full leather, wood dash, extra dials, spot lamps, vgc £3,595
01 (51) **MONDEO GHIA 2.0 5dr,** silver, 64k, PAS, e/w, c/l, alloys, a/c, CD, MoT, vgc £2,795
00 (X) **MONDEO ZETEC 5dr, met blue,** 2 owners, PAS, e/w, c/l, a/c, alloys, stereo, MoT £1,395
00 (X) **FOCUS ZETEC 5dr 1.6,** met green, 2 owners, 47k, PAS, e/w, c/l, a/c, alloys, MoT, vgc £2,395
99 (V) **FOCUS GHIA 5dr 1.8,** silver, 76k, PAS, e/w, c/l, a/c, alloys, CD, MoT, vgc £2,195
98 (R) **PUMA 1.7,** met green, 2 owners, PAS, e/w, c/l, a/c, alloys, CD, MoT, vgc £1,995
98 (R) **PUMA 1.7,** silver, 3dr, 3 owners, PAS, e/w, c/l, a/c, alloys, stereo, MoT vgc £1,695
02 (52) **FUSION2 5dr 1.4,** silver, 2 owners, 51k, history, PAS, e/w, a/c, remote, c/l, CD £3,295
00 (X) **FIESTA ZETEC 5dr,** met red, 1 owner, 55k, PAS, s/r, alloys, stereo, MoT £1,995
00 (X) **FIESTA FINESSE 1.3 5dr,** met blue, 64k, PAS, s/r, stereo, MoT, vgc £1,895
00 (X) **KA 1.3 3dr,** black, 2 owners, 57k, PAS immobiliser, airbag, stereo, MoT, vgc £1,995
99 (S) **KA 1.3 3dr,** met green, PAS, stereo, airbag, immobiliser, new MoT, vgc £1,395
99 (S) **KA 1.3 3dr,** met red, 3 owners, PAS, stereo, alarm, new MoT, vgc £1,195
97 (P) **KA 1.3 3dr,** met blue, 74k, airbag, stereo, MoT, vgc £1,295
00 (W) **ASTRA 1.6 5dr,** met silver, 2 owners, PAS, e/w, c/l, a/c, alloys, stereo, MoT, vgc £1,795
98 (S) **ASTRA 1.6 LS 5dr,** met blue, PAS, e/w, c/l, stereo, MoT, vgc £1,295
98 (R) **ASTRA 1.6 LS NEW SHAPE,** met red, PAS, c/l, e/w, stereo, MoT, vgc £1,195
99 (V) **TIGRA 1.4 3dr,** red, PAS, e/w, c/l, alloys, CD, MoT, vgc £1,995
03 (53) **CORSA ELEGANCE 1.0 3dr,** met blue, 44k, 2 owners, PAS, e/w, c/l, a/c stereo, MoT £3,195
99 (S) **CORSA 1.0 GLS 5dr,** red, PAS, e/w, c/l, stereo, new MoT, vgc £1,095
04 (52) **PEUGEOT 206 1.1 3dr,** met dark blue, 2 owners, 54k, PAS, e/w, remote c/l, CD, MoT, vgc £3,295
02 (52) **PEUGEOT 206 LX 3dr,** met grey, 2 owners, 61k, PAS, e/w, c/l, a/c, CD, MoT, vgc £2,995
01 (51) **PEUGEOT 206 1.4 LX 3dr,** black, 2 owners, PAS, e/w, c/l, e/sr, CD, MoT, vgc £2,795
01 (51) **PEUGEOT 206 1.1 LOOK, 3dr,** met blue, 2 owners, 61k, PAS, a/c, c/l, stereo, MoT £2,795
01 (51) **PEUGEOT 206 1.1 3dr,** blue, 2 owners, PAS, e/w, e/w, remote c/l, 16" alloys, MoT, vgc £2,395
01 (Y) **PEUGEOT 206 LX 3dr,** met electric blue, 52k, PAS, e/w, c/l, a/c, CD, MoT, vgc £2,695
00 (W) **PEUGEOT 206 1.4 GLX 3 dr,** met blue, 61k, 2 owners, PAS, e/w, c/l, a/c, stereo £2,495
00 (W) **PEUGEOT 206 1.1 3dr,** met green, 2 owners, 57k, PAS, c/l, e/w, stereo, MoT, vgc £2,295
01 (51) **LAGUNA 1.6 16V EXPRESSION,** met green, 51k, FSH, 2 owners, PAS, e/w, c/l, a/c. CD, MoT, vgc £2,195
01 (51) **MEGANE AUTHENTIQUE 1.4 5dr,** 1 owner, PAS, e/w, remote c/l, stereo, MoT, vgc £1,695
03 (03) **CLIO 1.2 16V 3dr,** met silver, 51k, 3 owners, PAS, e/w, c/l, CD, MoT, vgc £2,995
01 (51) **CLIO 1.2 3dr,** met silver, 62k, PAS, e/w, c/l, alloys, CD, MoT, vgc £2,695
00 (W) **CLIO 1.6 RSI 3dr,** met green, PAS, e/w, c/l, a/c, alloys, MoT, vgc £1,995
00 (W) **CLIO 1.4 S 3dr,** met silver, PAS, e/w, c/l, s/r, alloys, stereo, MoT, vgc £1,895
99 (T) **CLIO 1.6 RXE,** met blue, 53k, PAS, e/w, c/l, a/c, stereo, MoT, vgc £1,895
998 (S) **CLIO GRANDE RN 1.2 3dr,** red, 68k, PAS, c/l, s/r, stereo, MoT, vgc £1,595
01 (51) **SAXO 1.1 DESIRE 3dr,** silver, 58k, 2 owenrs, PAS, e/w,c/l, s/r, stereo, MoT, vgc £1,995
01 (51) **SAXO 1.1 DESIRE 3dr,** met green, 2 owners, 60k, PAS, e/w,c/l, s/r, stereo, MoT, vgc £1,895
00 (W) **FIAT BRAVO 80 SX 3dr,** met blue, 69k, PAS, e/w, c/l, e/sr, OZ alloys, MoT, vgc £1,495
03 (53) **PUNTO 1.2 3dr,** black, 2 owners, 51k, PAS, c/l, stereo, MoT, vgc £2,495
01 (Y) **PUNTO 1.2 3dr,** black, 58k, 2 owners, PAS, stereo, MoT, vgc £1,895
99 (V) **FIAT PUNTO 1.2 3dr New Shape,** met burgundy, 54k, 2 owners, PAS, grey leather, stereo, vgc £1,495
02 (02) **PROTON SATRIA 3dr 1.3 LI,** met burgundy, 54k, 2 owners, PAS, grey leather, stereo, vgc £1,195
00 (W) **DAEWOO MATIZ SE PLUS 5dr,** 2 owners, 61k, PAS, stereo, MoT, vgc £1,395
00 (W) **DAEWOO MATIZ 5dr,** blue, 2 owners, 61k, PAS, stereo, MoT, vgc £1,195
99 (T) **POLO 1.6 GL 5dr,** red, 2 owners, 62k, PAS, e/w, c/l, stereo, MoT, vgc £1,495
99 (V) **SEAT AROSA 1.0 3dr,** blue, 2 owners, PAS, CD, MoT, vgc £1,395
01 (51) **SUZUKI ALTO 1.0 3dr,** blue, 25k, 2 owners, FSH, PAS, e/w, c/l, stereo, MoT, vgc £1,295
01 (Y) **SUZUKI IGNIS 1.3,** black, 2 owners, 65k, FSH, e/w, c/l, a/c, CD, MoT, vgc £1,895
00 (X) **NISSAN MICRA 1.0 3dr,** met silver, 1 owners, 51k, PAS, alloys, stereo, MoT, vgc £1,695
02 (52) **HYUNDAI AMICA 5dr,** silver, 2 owners, 60k, PAS, e/w, c/l, stereo, MoT, vgc £1,695

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99 (S) **OMEGA ELITE 2.5 AUTO,** met green, FSH, e/seats, a/c, alloys, MoT, vgc £995
98 (S) **SKODA FELICIA 1.3 5dr,** red, 77k, stereo, s/r, new MoT, vgc £695
98 (S) **MONDEO 2.0 GLX 5dr,** black, PAS, e/w, c/l, s/r, a/c, stereo, MoT, tax £795
01 (Y) **KIA SHUMA 1.6 4dr,** met grey, 2 owners, PAS, stereo, MoT, vgc £795
98 (S) **VECTRA SRI 2.0,** red, PAS, e/w, c/l, a/c, 17" alloys, MoT £695

MPV/ESTATES/4x4

00 (W) **MERCEDES ESTATE E320 ELEGANCE AUTO/TIPTRONIC,** 70k, 2 owners, leather, a/c, alloys, e/seats, full spec £4,295
03 (53) **ZAFIRA 1.6 16V 7 SEATER,** met blue, 2 owners, PAS, e/w, c/l, a/c, stereo, MoT, vgc £3,295
01 (51) **ZAFIRA 1.6 16V 7 SEATER,** met graphite, 2 owners, PAS, e/w, remote c/l, a/c, stereo, MoT, vgc £2,995
99 (S) **LANDROVER FREELANDER 3dr SWB,** met BRG, PAS, e/w, c/l, a/c, removeable soft top. MoT, vgc £1,995
00 (W) **MEGANE SCENIC 1.6 5dr,** silver, 62k, 2 owners, PAS, e/w, c/l, a/c, stereo, MoT, vgc £1,595
99 (S) **MEGANE SCENIC DIESEL TURBO,** red, PAS, e/w, c/l, e/sr, stereo, MoT, vgc £1,295

AUTOMATICS

99 (V) **CLIO RXE 1.6 AUTO,** met blue, 61k, PAS, e/w, c/l, a/c, alloys, stereo, MoT, vgc £1,895
99 (V) **HONDA CIVIC 5dr 1.6 Auto,** silver, PAS, e/w, c/l, a/c, stereo, MoT, vgc £1,695
99 (S) **OMEGA 2.5 Elite,** met green, PAS, e/w, c/l, a/c, e/seats, MoT, vgc £995

DIESELS

99 (V) **ASTRA ENVOY 1.7 TD 5dr,** met red, PAS, s/r, stereo, MoT, vgc £1,295
99 (S) **MEGANE SCENIC TD,** red, PAS, e/w, c/l, e/rs, stereo, MoT, vgc £1,295

VANS

00 (X) **NISSAN VANETTE DIESEL,** red, sling door, 64k, PAS, stereo, MoT, vgc throughout £1,595
01 (51) **RENAULT KANGOO DIESEL,** white, PAS, stereo, MoT, tax, vgc £1,495

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BMW

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£12,000 ovno
07791 368708
07710 609799

318i
1993, White, 1 owner, 93k miles, BMW service history, garaged, VGC, MoT, tax, Quick Sale
£1,000 ono
01234 855087

BMW 316 COUPE
P Reg, black, immac leather interia, a/c, s/r, sh, CD, alarm, MoT, VGC
£1,500
01234 822340

MKNEWS

Fiat

PUNTO
het abarth 2001. 59K,f/h, a/c, alloys, p/s, traction control, rare car.Original condition. Long MOT
£1995
01234 358145
07860 388898(T)

Ford

MONDEO
2006 2.0 Litre. TDCi. 130LX diesel. Panther black.ABS, a/c, alarm, r/c/l, parking sensor.
£5,495
01234 852311
07803 210309

ESCORT ESTATE
1.6 Finesse. Y reg, 11 months MOT, 6 months tax. p/s, c/l, e/w, a/c, CD, alloys. Good condition.
£995
01234 305875
07986 040828 (T)

FORD KA 2003
1.3 BLUE 47K FSH TAX&MOT 2 lady owners VGC ideal first car
£2195
07921 719571
01908 694908

FIESTA
zetec ghia x.1998.5 door 'R8' reg number 77K, p/s, top spec. a/c, alloys, electrics,1 year MOT, 6 months tax.Good runner.Very clean
£795
01234 358145
07860 388898(T)

Ford

FORD MONDEO 1.8 LX
X Reg 2000, diesel, 12 mnths MoT, 6 mnths Tax, 103k miles, pas, e/w, e/m, e/boot, e/d/seat, VGC
£895 ono
07846126294

FORD FIESTA 1800 DIESEL
N Reg 1995, 3dr, blue, very economical, Tax & MoT, clean, VGC
£625
01234 348309
07788 402441

FORD ESCORT 1.6
1999, 5dr hatch, 80k, pas, s/r, colour coded bumpers/mirrors, MoT Aug '09, very clean
£775 ovno
07955 968890(T)

Honda

HONDA CIVIC 1.4I AUTO
1995 private number plate, 6 mnths MoT, 6 mnths Tax, cd player, pas, e/w, e/m, e/s/r, alloys, s/h, VGC
£695 ono
07960089142

Isuzu

ISUZU 4x4 1990
2.8 turbo diesel blue very good condition 1year MOT
£995
01908 567123

Mazda

MAZDA 3 1.6 TS2
Diesel, 55 reg, 76k, Met blue, Climate control, 6 cd multi changer, 11 mths MOT, 5 mths tax
£5,700 ono
07961 779543

MAZDA MX5 1.8i SPORT
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£ 7,500
07816 682400

Mazda

MAZDA 323 1.3CC
2001, s/r, e/w, f/s/h, cd player, new exhaust, new brakes, 2 lady owners, excellent condition mot til june
£1375 ono
07907680691

Mercedes

Mercedes C320 CDI
Avant Garde, 2007, 18K, f/s/h, Sports Pack, Diesel, 7speed, Auto, tiptronic, 1 lady owner from new, command, Bi-xenons, parktronic, drivers memory seat, blk leather, all electrics, alloys, pre telephone wiring, rain sensing wipers
£24,500
01582 670688
07825 627775

MERCEDES 190E
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£ 1,000
07783 539719

Peugeot

PEUGEOT 206LX 1.4
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07979 472584 (T)

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01234 354074
07843 432316 (T)

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53, Silver, 52k, lots of extras, tax, MoT
£ 4,950 ono
07768 290814

RENAULT ESPACE
2001, 2.2 DIESEL, tax Nov, MoT, met paint, PAS, c/l, CD, player tow bar, good cond
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SAAB 95 SE AUTO

2L LPT 99 V reg 12 months mot 86k 4 doors saloon blue, black leather AC PS RCL EW alloys immac condition

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07843 432316

SAAB 900

R Reg, Met Blue, 11 months Mot, 5 months tax, Excellent runner, Good condition, Lady owner. Company car forces sale

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Estate 02 tax & tested

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01234 743743

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01582 458235
07860 530222

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ASTRA 1.4

NJoy, Hatch, 2004, Silver, Good Condition, No offers, sold as seen. Low mileage Tax & Mot

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07813 180127

ASTRA

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£1695

01234 358145
07860 388898(T)

CORSA

1.2 sxi new shape 68K.p/s, factory alloys, CD, 4 new tyres,1 year MOT, 6 months tax.Clean.

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07860 388898(T)

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52 REG 2000 DTI, 5DR, blue, MoT may 09, a/c, c/d, good condition

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07825 271895

CORSA 1.2

Y Reg, 3 door, Silver, Easytronic gearbox, 9 months MoT, 5 months tax, 72k

£ 1750 ono

07515 648843
01234 752166

VAUXHALL ASTRA 2.0 CDDTI

W Reg 2000, 5dr, 117k, FSH, E/W, A/C, Green, MoT 06/09, tax 12/08

£ 1,200

01234 294342

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VAUXHALL CAVALIER

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£320 ono

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01234 783037

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Commercials

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07850 468547

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FIXTURES 2008-09

DONS' SCORE FIRST

August

9	Leicester	A	0-2
12	Norwich (CC)	H	1-0
16	Northampton	H	1-0
23	Huddersfield	A	3-1
26	Cardiff (CC)	A	1-2
30	Swindon	H	1-2

September

6	Yeovil	H	3-0
13	Oldham	A	0-2
20	Colchester	A	3-0
27	Peterborough	H	1-2

October

4	Millwall	A
7	Bournemouth JPT	H
11	Carlisle	H
18	Crewe	A
21	Stockport	H
25	Cheltenham	H
28	Leyton Orient	A

November

1	Tranmere	H
15	Hartlepool	A
22	Walsall	A
25	Hereford	H

December

6	Scunthorpe	H
12	Brighton	A
20	Leeds	H
26	Bristol Rovers	A
28	Southend	H

January

3	Peterborough	A
10	Colchester	H
17	Carlisle	A
24	Millwall	H
27	Leyton Orient	H
31	Cheltenham	A

February

3	Stockport	A
7	Crewe	H
14	Hartlepool	H
21	Tranmere	A
28	Leicester	H

March

3	Northampton	A
7	Swindon	A
10	Huddersfield	H
14	Oldham	H
21	Yeovil	A
28	Leeds	A

April

4	Brighton	H
10	Southend	A
13	Bristol Rovers	H
18	Scunthorpe	A
25	Walsall	H

May

2	Hereford	A

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LEAGUE ONE TABLE

Excluding last night's game

		HOME					AWAY						
		P	W	D	L	F	A	W	D	L	F	A	GD	PTS
1	Oldham	8	3	1	0	11	4	2	2	0	8	5	10	18
2	Scunthorpe	8	3	0	1	6	3	3	0	1	10	4	9	18
3	Leeds	8	2	1	1	8	6	3	1	0	8	3	7	17
4	Millwall	8	3	1	0	7	2	2	1	1	6	5	6	17
5	Leicester	7	3	0	1	6	2	2	1	0	7	1	10	16
6	Walsall	8	3	0	1	9	6	2	1	1	6	4	5	16
7	Carlisle	8	3	0	1	10	6	1	1	2	5	6	3	13
8	Southend	8	3	0	1	5	2	1	1	2	8	11	0	13
9	**MK Dons**	**8**	**2**	**0**	**2**	**6**	**4**	**2**	**0**	**2**	**6**	**5**	**3**	**12**
10	Peterborough	8	2	1	1	11	8	1	1	2	3	4	2	11
11	Stockport	8	0	3	1	2	5	2	2	0	7	3	1	11
12	Hartlepool	8	2	1	1	11	7	1	0	3	2	5	1	10
13	Tranmere	8	2	0	2	8	6	1	1	2	6	9	-1	10
14	Brighton	8	0	2	2	2	6	2	2	0	7	4	-1	10
15	Huddersfield	8	1	1	2	6	8	1	2	1	4	4	-2	9
16	Colchester	7	0	2	1	2	5	2	0	2	9	10	-4	8
17	Swindon	8	1	0	3	6	9	1	2	1	4	5	-4	8
18	Leyton Orient	8	1	1	2	3	7	1	1	2	2	6	-8	8
19	Bristol Rovers	9	1	1	2	9	7	0	3	2	10	12	0	7
20	Northampton	8	1	3	0	7	5	0	1	3	4	9	-3	7
21	Crewe	8	2	0	2	8	7	0	1	3	4	11	-6	7
22	Yeovil	8	0	4	0	5	5	1	0	3	3	10	-7	7
23	Cheltenham	9	2	1	2	7	9	0	0	4	3	14	-13	7
24	Hereford	8	1	1	2	5	5	0	0	4	2	10	-8	4

Above: Willy Gueret dives the wrong way as Craig Mackail-Smith nets the spot kick

Right: Ali Gerba scores his first goal for the Dons

Left: Shaun Cummins gets away from Tom Williams

Gerba sweet and sour after Posh takeaway

MK DONS 1
Gerba 63
PETERBOROUGH UNITED 2
Mackail-Smith 72 (pen), Green 75

BY SIMONE CORGAN
simone.corgan@mk-news.co.uk

ALI Gerba admitted scoring his first goal for MK Dons was a bitter-sweet feeling as they lost to rivals Peterborough United.

The Canadian striker scored in front of the Cowshed only to watch two goals hit the net at the other end to deny him a dream home debut.

"The type of feeling is sweet and sour so it's a good feeling to score but I would have like to score and the team to have won. There are no excuses we just have to go and perform."

A penalty proved to be the turning point although Roberto Di Matteo felt it should not have been awarded.

When Alan Navarro handled keeper Willy Gueret was on the floor injured following a superb stop from a Craig Mackail-Smith break.

Di Matteo said he thought play should not have continued until Gueret was back on his feet: "You expect the game to be stopped when your goalkeeper's down so I don't know why he kept playing."

It was Mackail-Smith who stepped up to dispatch the spot-kick pulling the score level nine minutes after Gerba's opener.

Dons were fortunate to be a goal ahead because they were a shadow of the side that pipped Posh to the xtitle last year.

Mackail-Smith had forced Gueret into numerous saves, George Boyd had been a live wire on the flanks and Shaun Batt had hit the inside of the post before the break.

Even Gerba's goal was a little on the lucky side. Sam Baldock, off the bench for the injured Aaron Wilbraham, worked his magic down the right for Gerba to get the slightest of touches and Joe Lewis could do little but grasp at air as it deflected off Craig Morgan into the net.

After the penalty the Dons were again caught cold at the back when Dominic Green, on the field for eight minutes, snatched the winner.

A ball in from the right had Sean O'Hanlon running back on himself in a desperate attempt to get in between Green's shot and the net. But Green showed maturity well beyond his 19-years with a composed finish.

Last week it was the Dons with the young super sub and their local opponents put the shoe on the other foot.

Even Di Matteo admitted his side were not up to scratch on the day.

He said: "We didn't manage to play as well as usual, that's thanks to Peterborough. They had a very good display today, passed the ball today.

"We were lucky to go one nil ahead, we changed a couple of things and managed to go one nil ahead, and conceded."

MK DONS: Gueret, Lewington (c), Llera, O'Hanlon, Wright, Wilbraham (Baldock 38), Regan, Cummings, Gerba, Navarro, Leven.
Booked: Llera, Gueret, Lewington
PETERBOROUGH UNITED: Lewis, Martin (c), Williams, Morgan, Zakuani (Westwood 22), Whelpdale (Green 67), Hyde, Coutts, Boyd, Batt, Mackail-Smith. Booked: Hyde
Referee: Phil Dowd (Staffordshire)
Attendance: 10, 876

VIEW FROM THE MOOCAMP

DONS skipper Dean Lewington was on hand last week to present local youth footballers with Fair Play awards.

Youngsters from the Milton Keynes and Border Counties League, as well as the MK and District Junior Sevens, picked up the gongs for their 2007/08 season following a pilot run of the Football Association's RESPECT programme.

The new initiative is aimed at improving standards of behaviour across the professional and grassroots game, reducing the drop-out referees and the number of abandoned matches and reintroducing the fun into kids' football.

MK Dons have announced a 'kids for a quid' ticket special for their October 11 match against Carlisle United.

Under-16s can go for £1, adult tickets are £10 and concessions £5 in advance.

Season ticket holders can take a friend for free.

Tickets available at: www.mkdons.com

PREVIEWS

MILLWALL
League One
Saturday, October 4
The New Den KO 3pm

HOW times have changed. When Milwall last came to Milton Keynes they won 1-0 through Tim Cahill's 43rd minute goal and Dennis Wise also featured in the game.

But the two sides have never met since the name change to MK Dons and Millwall no longer possess the big names they had that day.

The Lions will be without on-loan striker Jermaine Easter after he was shown a straight red on his debut during their 2-1 win over Swindon.

Millwall are unbeaten at the New Den this season, but the Dons' performances on the road have seen them win two and lose two.

AFC BOURNEMOUTH
Johnstone's Paint Trophy
Southern Area 2nd Round
Tuesday, October 7
stadiummk KO 7.45pm

THE title defence to the Johnstone's Paint Trophy begins.

The competition provided Dons with plenty of drama, excitement and a victorious trip to Wembley last year.

En route they beat Bournemouth in the area quarter-finals.

Bournemouth are struggling with a 15 point deduction which means they are likely to focus heavily on League Two rather than this competition.

To ensure teams continue to take the JPT seriously the rules

If the score is level after 90 minutes, the game will be decided on penalties. There in no extra time.

MKSPORT

Penalties costly for Olney

LOCAL RUGBY

SOUTH WEST 2 EAST

OLNEY paid the price for their first half ill discipline as they lost for the second time in as many games.

Needless penalties were given away allowing Wallingford to take a 15-0 advantage in at half-time with the only chance Olney had to post a score coming from a penalty which fell wide of the mark.

But they were the side to score the first try of the game after the break when winger James Padfield finishing in the corner, although the conversion was missed.

Wallingford responded with two tries of their own, the second courtesy of a light footed prop to give them a 27-5 lead.

Kev Smith and Chris Parnham crossed the line for Olney but with no conversions they were left to nurse a 15-30 defeat.

A BLETCHLEY side lacking match practise lost 15-37 to the recently relegated Maidenhead.

Their first defeat of the season has seen Bletchley fall to fifth place in the league.

The strong Maidenhead side racked up 27 points at half-time with Bletchley only responding through a Phil Harman penalty.

Maidenhead added three points early in the second half but Bletchley finally found their feet when Ian Stewart went over before their guests hit back with their own try.

Dagan Probert secured the ball from a ruck with Harman converting as Bletchley narrowed the deficit yet could not prevent defeat.

SOUTHERN COUNTIES NORTH

MILTON Keynes came within ten minutes of a brilliant win over Marlow but lost 12-6.

MK were awarded a penalty in the first minute, which Andy White successfully kicked, and they held onto the 3-0 lead up until the 70th minute.

Marlow finally broke MK's defence to cross the line and the conversion gave them a five point lead.

Then Marlow tightened their grip with a second try, unconverted, and by the time Phil Powell hit a penalty for MK it was too late.

David Coulthard and Sebastien Bourdais in the glare of the lights in Singapore

Coulthard shines under lights

MOTOR RACING

STREET racing under the glare of the Singapore night lights was a first for Formula One and handed David Coulthard his first points for eight meetings.

The spectacular looking scenery was brought to life with the razzmatazz of motor sport as the glamour and money met to form Bernie Ecclestone's ultimate experiment.

Coulthard, who retires from the sport in Brazil in three races time, finished for the second time among the points.

Since his podium in Canada the Scotsman has ended no higher than ninth and it was a welcome relief for the 37-year-old.

"I've got to be happy with the result," he said, "thankfully we got some points today. It was incredibly bumpy out there, you can't see the braking down into Turn Seven and it was as hot as hell."

Red Bull were able to take the positive of Coulthard ending his points drought but could not help feel robbed of a podium and possible fourth place.

The Milton Keynes based racing outfit believe Mark Webber was on track for second spot, just behind winner Fernando Alonso, before his car failed and he was forced to withdraw.

Despite starting in 14th place Webber made inroads and was given a helping hand when Nelson Piquet crashed out on lap 15.

Red Bull quickly pulled in both drivers to refuel before the pit lane closed propelling Webber and Coulthard into sixth and seventh respectively.

Webber was poised to move into fourth with Nico Rosberg and Robert Kubica due to face 10 second penalties and Alonso, Jarno Trulli and Giancarlo Fisichella all needing to make their first stop.

But on lap 27 Webber appeared to run off the track and slid down to 14th position, it then became apparent his car was suffering gearbox issues and retired in the pits.

Webber said: "I lost seventh and then fifth gear, which cost us a fantastic result as I was stopping for my second pit stop later than Fernando.

"We had some good pace in the second stint and it was looking good. Overall, the event here has been very impressive, I think we should do more night racing."

ICE HOCKEY

Lightning – must do better, can do better

MK Lightning 2
Sheffield Scimitars 3

Bracknell Bees5
MK Lightning 3

DOUBLE defeats was not the ideal way for MK Lightning to begin their new season.

Yet coach Nick Poole has taken plenty of positives and has told his side they can win trophies.

The ice hockey side were beaten by Sheffield Scimitars and Bracknell Bees on the first weekend of the new English Premier League.

The first loss of the weekend came in front of home fans in a narrow 2-3 margin.

"I'm pleased with the team we have and I know we can improve," Poole said, "it's not exactly the way we wanted to start and the performance wasn't quite up to scratch. On Saturday we didn't play the way we wanted to, we have a lot more to give. I suppose if luck had been on our side we may have been capable of winning."

A bout of flu in the Lightning camp ruled out James Archer, although Poole hopes everyone will be fighting fit for their upcoming games.

It could have been very different for Lighting if they had held onto an early lead against Bracknell.

Within three minutes Andre Smulter put them ahead when he finished Greg Randall's pass then Lightning took advantage of a power play as Poole's shot deflected into the net.

Bracknell pulled one back before the break and then made Lightning pay with missed opportunities.

Soon the Bees were leading 5-2 with Smulter hitting late in the final period for consolation goal.

Poole said: "We're only two games into a very long season. There are 54 league games this year so there is still so much more hockey to play. I expect better, I know we can do better it's just a case of taking time to settle in as a team."

Lightning are the only side in the league not to have won and are at the bottom of the pile with no points.

Although, they and Peterborough Phantoms have only played two while the remainder of the league have four games behind them.

So with only two team ahead of them on two points Lightning do have the chance to catch up and recover from the sluggish start.

SPORTSSHORTS

Cup dream over

NEWPORT Pagnell Town's fairytale FA Cup run ended at the weekend when they were knocked out.

Fleet Town handed Newport Pagnell a 5-0 defeat in Second Round Qualification of the competition.

They were 3-0 down at half-time in front of 191-strong crowd.

It is the furthest stage the club had reached in the famous cup contest.

On the way they beat Cirencester Town 1-0 in extra time of the First Round Qualifying, and Marlow FC 2-1.

But dreams of progressing through to the first round proper have ended.

Winslow go third

WINSLOW United moved up to third place in the Molten Spartan South Midlands division one following their 3-2 win over Ampthill Town.

New Bradwell St Peter won their fourth game of the season at home to Bedford Town Reserves, while Stony Stratford Town slipped up at Harpenden Town with a 1-0 defeat.

In division two Old Bradwell United fired five past Caddington and conceded one to move into eighth place.

Diesel do nicely

MILTON Keynes based racer Dan Wheeler led a four-man team to victory in 24-hour race.

The Team Sporting Hornet VW Golf won the fourth annual running of the Britcar 24-hour race staged at Silverstone.

Wheeler and his team stormed to victory in the diesel category of the event driving a Volkswagen Golf Mk4 TDI - which had been race-prepared by Leighton Buzzard based Volkswagen and Audi specialist 'Total VAG'.

Wheeler was joined in the team by Andrew Hack, Tim Stanbridge and Nick Swift.

The four combined over the 24 hours with each driver taking it in turns to complete three-hour stints at the wheel.

Team Sporting Hornet qualified in 43rd position for the race from a field of 50 and early on had moved into 12th overall.

Following a stint by Swift, Wheeler resumed the race with only a two-lap lead over his nearest rival, but he maintained the advantage till the end and crossed the line to give Team Sporting Hornet the victory in only its first time out.

The final classification saw the team placed in 18th overall, with the event won outright by a Porsche 997.

MKSPORT

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Lights shine on Coulthard

PAGE **91**

Robert Youngblood rises for a basket

Lions top league after openers

VICTORIOUS MK Lions lead the way in the British Basketball League following two wins in the opening weekend.

Perhaps they were destined to do well when Paralympic bronze medallist Andy Blake started the tip-off to signify the beginning of a new season.

And the winning touch spread to new boy Tommie Eddie who weighed in with a superb 28 points, almost upstaging Terrell Brown's 29.

Cheshire Jets opened the scoring with Chez Marks' three pointer and though the Lions exchanged baskets they trailed at the end of the first quarter, 23-34.

MK LIONS 106
(Brown 29, Eddie 28, Williams 22)

CHESHIRE JETS 92
(Myers 25, Virgil 19, Marks 15)

LONDON CAPITAL 83
(McCallums 18, Popoola 17, James 15)

MK LIONS 100
(New 24, Williams 19, Brown 15)

During the second period the Lions clawed their way back and Brown was unleashed taking his personal tally to 25 points to level the score at 46-46.

Further baskets from Yorick Williams, Mike New and Brown gave the home side an eight point lead at the midway point.

Myers inspired a 16-2 run from the Jets before a three pointer from Eddie halted their progress, then Carl McNally and Williams added to the score and the Lions would not trail again.

Eddie came into action in the final quarter with 18 points and the Jets had no answer as the Lions won by 14.

On Sunday the Lions once again came from behind to win against London Capital.

After trailing early the Lions went on a 14-4 break in the second quarter to open up a 13 point lead which stretched to 33-55 at half-time.

London worked hard to get back into the match in the third quarter but struggled to make any real impression into the Lions advantage. Two free throws from Marcus Knight get them within 17 but the lead was soon back to 20.

The final stanza saw Lions control the tempo of the match, keeping Capital at arm's length to secure the victory.

Dons skipper has no fear of New Den

BY SIMONE CORGAN
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DEAN Lewington has targeted victory at Millwall as the best way to bounce back from defeat to Peterborough.

The Dons' skipper has even dared to suggest that the New Den is not as intimidating as it is built up to be - despite never playing against them at first team level.

"I think it gets hyped up a lot. They have very passionate fans and they're there to support the team.

"When you're actually playing you don't listen to the chants. Obviously when you have to take a throw-in you have to get the ball, especially on my side of the pitch you do hear a little bit."

The left-back may get a little more ear bashing when the Millwall faithful hear his thoughts.

Skipper Lewington admitted the Dons are nursing their wounds after a below-par performance which saw Peterborough earn the spoils in the local derby.

Of their last six league matches the Dons have won three, but followed every victory with a defeat. So if the pattern is to continue it should be an away win for the Dons.

"It's very frustrating. We play good teams and beat them in difficult games, then we slip up and it's just consistency really.

"We've had a foot in every game we have lost, it's not as if we're getting beaten heavily it's our mistakes.

"Millwall have done really well in the last few games so it's going to be a tough game but we're decent away from home. If we can play to the level we know we can then a result is not out of the question."

But the Dons have been dealt a major blow with striker Aaron Wilbraham ruled out.

He limped off against Peterborough and an MRS scan has revealed ankle ligament damage. He will see a specialist later this week when the Dons will discover the true extent on the injury.

Willy Gueret (dead leg) is another worry ahead of the match.

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